

# ON-DEMAND WORKSHOPS BY A BCRPA LEADER



TITLE	CONTACT	PHONE	CECs	LINK
e-learn	BCRPA	(604)629.0965	Varies	<a href="#">BCRPA E-Learn</a>
50+ Approved Workshops	Body Blueprint	(778)433.8884	Varies	<a href="#">Body Blueprint</a>
10+ Approved Workshops	Cari Plotnikoff	(604)809.6039	Varies	<a href="#">InnerStrength</a>
10+ Approved Workshops	HarmonyFit	(604)836.4686	Varies	<a href="#">HarmonyFit</a>
30+ Aprproved Workshops	Infofit	(604)683.0785	Varies	<a href="#">Infofit Promo Code BCRPA10</a>
10+ Approved Workshops	InShape Training	(604)879.5500	Varies	<a href="#">InShape Training_</a>
10+ Approved Workshops	Kinesiologists.ca	(778)574.1190	Varies	<a href="#">kinesiologists.ca</a>
16 CEC Bundle	Jaimee Stokes	(604)377.2660	16	<a href="#">16 CEC Bundle Package</a>

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TITLE	CONTACT	PHONE	CECs	LINK
5+ Approved Workshops	Lela Dawson	(604)318.3326	Varies	<a href="#">Pilates Tutorial</a>
50+ Approved Workshops	Body Blueprint	(778)433.8884	Varies	<a href="#">Body Blueprint</a>
10+ Approved Workshops	Melanie Galloway	(604)732.9295	Varies	<a href="#">Growing Strong</a>
4+ Approved Workshops	Sandra Starrett	(604)785.8776	Varies	<a href="mailto:2-star@shaw.ca">2-star@shaw.ca</a>
5+ Approved Workshops	Success Fitness	(250)886.2490	Varies	<a href="#">Success Fitness</a>
10+ Approved Workshops	Personal Training Collective	(778)822.6224	Varies	<a href="https://brendas-academy.thinkific.com/">https://brendas-academy.thinkific.com/</a>
10+ Approved Workshops	True North West Academy	(604)786.3089	Varies	<a href="https://truenorthwestacademy.ca/education">https://truenorthwestacademy.ca/education</a>
4+ Approved Workshops	Active Initiatives	(250)550.8024	Varies	<a href="https://activeinitiatives.thinkific.com/">https://activeinitiatives.thinkific.com/</a>

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TITLE	CONTACT	PHONE	CECs	LINK
5+Approved Workshops	Tina Grant	(778)882.9642	Varies	<a href="http://fitflowyogafitness.com">fitflowyogafitness.com</a>
Interruptive Linear Undulations	Ryan Booth	(604)803.1288	8	<a href="https://ryanbooth.ca/courses/i-l-u-onlinecourse/">https://ryanbooth.ca/courses/i-l-u-onlinecourse/</a>
Pilates Ascend: A Journey to Mastery.	Lorraine Stitilis	(604)916.6717	18	<a href="https://strongcorepilates.ca">https://strongcorepilates.ca</a>
Flow to Strength: Intermediate Pilates Evolution	Lorraine Stitliis	(604)916.6717	12	<a href="https://strongcorepilates.ca">https://strongcorepilates.ca</a>
Exploring Dual Chair Yoga	Stacey Buss	(604)836.0424	2	<a href="http://yogaonly.ca">yogaonly.ca</a>
Guiding Supported Chair Yoga	Stacey Buss	(604)836.0424	2	<a href="http://yogaonly.ca">yogaonly.ca</a>
Core Competence: Pre &post Natal Instructor Workshop	Lorraine Stitilis	(604)916.6717	16	<a href="https://strongcorepilates.ca">https://strongcorepilates.ca</a>
How to Cue Mat Pilates Exercises Like A Pro- Master	Lorraine Stitilis	(604)916.6717	4	<a href="https://strongcorepilates.ca">https://strongcorepilates.ca</a>

# ON-DEMAND WORKSHOPS BY AN EXTERNAL PROVIDER



TITLE	CONTACT	PHONE	CECs	LINK
Advanced Nutrition Diploma	Alive Academy	(604)295.9124	60	<a href="#">Alive Academy</a>
10+ Approved Workshops	C.H.E.K Institute	(760)477.2620	Varies	<a href="#">C.H.E.K. Institute</a>
15+ Approved Workshops	Charlene Kopansky	(416)751.9823	Varies	<a href="mailto:cala_aqua@mac.com">cala_aqua@mac.com</a>
3+ Approved Workshops	Core Exercise Solutions	(843)729.8842	Varies	<a href="#">Core Exercise Solutions</a>
3+ Approved Workshops	Pacific Nutrition Collective	(778)928.1811	Varies	<a href="#">PNC-Pacific Nutrition Collective</a>
15+ Approved Workshops	Fitness Marketing Group	(780)496.7410	Varies	<a href="#">GMP Fitness coupon code GMPBCRPA25</a>
50+ Approved Workshops	Human Kinetics	1 (800)456.7301	Varies	<a href="#">Human Kinetics</a>
2+ Approved Workshops	RockTape	(408)912.7625	6	<a href="http://www.fmtplus.com">www.fmtplus.com</a>