

LIVE WORKSHOPS BY A BCRPA LEADER



DATE/LOCATION	TITLE	CONTACT	PHONE	CECs	LINK
Online - May 10, 2026	Core Competence: Pre &post Natal Instructor Workshop	Lorraine Stitilis	(604)916.6717	16	https://strongcorepilates.ca
Langley -August 2, 2026	Gently Adding Sanskrit	Stacey Buss	(604)836.0424	3	yogaonly.ca
Victoria - August 15, 2026	Indoor Cycling Certification	Sonja Bidese		5	www.successfitness.ca