

## BCRPA approved Fitness Theory Courses

### **Important Notice:**

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are organized alphabetically by Location then by **Start Date**.

Location	Start Date	Contact	Telephone #	Website Address
Burnaby	20-Jan-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Burnaby	10-Mar-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Burnaby	28-Apr-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Burnaby	16-Jul-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Burnaby	11-Aug-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Burnaby	29-Sep-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Cloverdale/ Langley	26-Jan-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	20-Apr-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	8-Jun-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	17-Aug-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale /Langley	12-Oct-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	23-Nov-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Delta	23-Feb-18	Monica Thomson	604-952-3000	<a href="http://www.delta.ca/deltareg">www.delta.ca/deltareg</a>
Delta	8-Jun-18	Monica Thomson	604-952-3000	<a href="http://www.delta.ca/deltareg">www.delta.ca/deltareg</a>
Langley	13-Feb-18	Leah Esplen	778.552.4232	<a href="http://mommymoves.com/">http://mommymoves.com/</a>

## BCRPA approved Fitness Theory Courses

Location	Start Date	Contact	Telephone #	Website Address
Langley	25-Apr-18	Leah Esplen	778.552.4232	<a href="http://mommymoves.com/">http://mommymoves.com/</a>
New Westminister	Ongoing	<a href="mailto:sportsinstitute@douglascollege.ca">sportsinstitute@douglascollege.ca</a>	604-527-5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
New Westminister	Ongoing	Hilltop Academy	604.553.0505	<a href="http://www.hilltopacademy.ca">www.hilltopacademy.ca</a>
North Vancouver	Private Instruction	On The Edge Fitness Educators	604-998-3379	<a href="http://www.edgefit.ca">www.edgefit.ca</a>
Richmond **note - course #2310892	19-Jan-18	Monica Thomson	604-276-4300	<a href="http://www.richmond.ca/register">www.richmond.ca/register</a>
Richmond **note - course #2311092	13-Apr-18	Monica Thomson	604-276-4300	<a href="http://www.richmond.ca/register">www.richmond.ca/register</a>
Vancouver	6-Jan-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	15-Jan-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	6-Feb-18	Inshape Training	604-879-5500	<a href="http://www.inshapetraining.net">www.inshapetraining.net</a>
Vancouver	24-Feb-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	6-Mar-18	Inshape Training	604-879-5500	<a href="http://www.inshapetraining.net">www.inshapetraining.net</a>
Vancouver	10-Apr-18	Inshape Training	604-879-5500	<a href="http://www.inshapetraining.net">www.inshapetraining.net</a>
Vancouver	14-Apr-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	16-Apr-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	2-Jun-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	16-Jun-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	21-Jul-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	10-Sep-18	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	15-Sep-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	22-Oct-18	INFOFIT Educators	604 683 0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	Private Instruction	INFOFIT Educators	604-683-0785	<a href="http://www.infofit.ca">www.infofit.ca</a>

## BCRPA approved Fitness Theory Courses

Location	Start Date	Contact	Telephone #	Website Address
Vancouver Island	Private Instruction	Melissa Wilson	250-588-2668	<a href="http://www.fullbalancefitness.com">www.fullbalancefitness.com</a>
Victoria	12-Jan-18	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Victoria	6-Apr-18	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Victoria	8-Jun-18	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Victoria	14-Sep-18	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Distance Education		Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Distance Education		Body Blueprint Fitness	778-433-8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Distance Education		David Gillis	604-822-1682	<a href="mailto:dgillis@rec.ubc.ca">dgillis@rec.ubc.ca</a>
Distance Education		INFOFIT Educators	604-683-0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Distance Education		Sandra Starrett	604-988-4223	<a href="http://www.physicalexpressions.com">www.physicalexpressions.com</a>
Distance Education		Canadian Fitness Education Services	1-877-494-5355	<a href="http://www.canadianfitness.net">www.canadianfitness.net</a>
Distance Education		Function Health Club	604.608.2522	<a href="http://functionhealthclub.com/personal-training-courses/">http://functionhealthclub.com/personal-training-courses/</a>