



BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation,
parks, physical activity and culture

Oct. 26, 2017

ICE Workshops Coming to Vancouver & Kelowna!

Thinking of furthering your credentials and work opportunities by becoming a **Supervisor of Fitness Leaders (SFL)**? Did you know that the Group ICE workshop counts for Aquatics, Yoga, Pilates and Group Fitness SFL applications? A requirement for this credential is completion of an ICE workshop in your desired specialty. Register for an upcoming session offered next month in both the Lower Mainland and Kelowna.

Lower Mainland:

Group Fitness | **Nov. 26, 2017** | 12-3pm | Steve Nash Kingsway | Ingrid Knight-Cohee

WT/PT | **Nov. 29, 2017** | 6-9pm | Kinesologists.ca studio | Cloverdale | Aaron Tews (Note: this date has recently changed)

Kelowna (location TBA):

Group Fitness | **Sat. Nov. 18, 2017** | 1-4pm | Danielle Klassen (Note: this date has recently changed)

WT/PT | Fri. **Nov. 17, 2017** | 6-9pm | Danielle Klassen (Note: this date has recently changed)

Did you know that the Group ICE workshop counts for Aquatics, Yoga, Pilates and Group Fitness SFL applications?

[Email Ginny](#) for **more information or to register** for any of these workshops!

Didn't attend BCFit this year? We want to hear from you!

A reminder to those who did not attend BCFit@17 to please complete the non-delegate [survey here](#). Complete this by **October 30th** and you will also be entered to win a \$100 Gift Certificate for LadySport / FitFirst Footwear.

We want to hear from you!

BCRPA's Physical Activity Programs team wants to ensure you, our Fitness Leaders, have the tools and expertise to be the best you can be. You can reach us at any time by emailing us at: registration@bcrpa.bc.ca

Cathy, Ginny and Christina

BCRPA: Enriching people and communities through the power of recreation and parks.

Bulletin Contents

[ICE Workshops](#)

[Didn't attend BCFit?](#)

Quick Links

[Job postings](#)

Stay connected:

BCRPA  Online Collaboration Site



Membership Benefits



LadySport and FitFirst host an instructor [discount program](#) for all eligible BCRPA instructors.

Check out [our list](#) of over 25 more companies across BC offering discounts from 10 - 50% for registered BCRPA fitness leaders.

BC Recreation & Parks Association, 301-470 Granville Street, Vancouver, British

[SafeUnsubscribe™ {recipient's email}](#)

[Forward email](#) | [Update Profile](#) | [About our service provider](#)

Sent by communications@bcrpa.bc.ca