

The Nation's Fittest Province Demands the Best in Fitness Leadership!

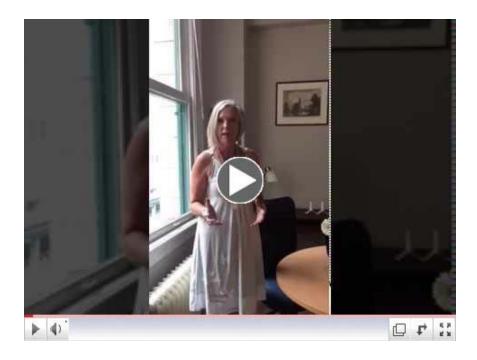
Comments from last year's BCFit delegates:

"I cannot say enough good things about the quality of presentations that were offered."

"Andre Potvin gives such a lively and practical, science-based learning".

"There were topics that helped me bring new practical tips I can use to assist my clients! Thank you!"

A personal message from BCRPA's CEO on why YOU need to be at BCFit'17!



What are you waiting for?

Register NOW for BCFit'17 and earn ALL your renewal CECs!

Did you know you can earn ALL of your renewal CECs over the BCFit weekend? Earn 16+ CECs through innovative conference sessions and intensive pre- and post-conference workshops - enough CECs for your next two year renewal!

Learn from the Pros on Saturday September 16th!



Inclusion Works presented by Karen Harmon

Karen has developed a unique fitness program for special needs adults and will deliver a session that will teach you how to design and implement a one hour class for special needs teenagers and adults. Drawing on 30+ years of teaching experience as a BCRPA Fitness Leader and a special needs assistant, Karen brings a wealth of knowledge for teaching fitness for marginalized populations. Sign up for her session and bring these new and widely applicable skills to your classes!



Taking the Fashion Out of Fitness AND Building Relationships in the Digital Age presented by Gillian Goerzen

BCRPA's 2016 Fitness Leader of the Year, Gillian Goerzen, is all about 'body positivity' and will share a new body-positive approach

Can't make a day of it? Sign up for a Pre- or Post-Conference WORKSHOP:



YogaFit Kids presented by Master Trainer and Yoga Alliance Registered Yoga Teacher Christa Norgren Earn 9 CEC's

Sunday September 17th 8:30am - 6:30pm Steve Nash Downtown Sports Club - 610 Granville Street - \$359

Enjoy a full day of creating child-appropriate yoga classes that are playful, creative, fun and functional. Learn how to teach YogaFit Kids using a variety of techniques including games, share circles, breath work and visualization to calm the mind and relieve stress.



Suspension Training - Setting your Standard presented by Master Trainer Tag Dundas
Earn 4 CEC's

Sunday September 17 from 12:00pm - 4:00pm Steve Nash Fitness World North Shore, 1989 Marine Drive, North Vancouver- \$125

Explore one of the hottest trends currently taking the fitness industry by storm! Learn from a TRX Master Trainer how to create effective lesson plans and program designs using suspension training. Leave with a 'done for you' lesson plan to put your learning into action immediately and walk away able to make suspension training accessible to every client, regardless of their ability level.



Cycling for Performance presented by International Master Trainer

We're going to Turbo Charge your day!



Say farewell to the traditional sit-down opening keynote! Hello active and energetic openings! Vancouver TheatreSports will lead your opening - Turbo-Charged! Learn how the vital skills of collaboration and embracing risk can improve your personal and professional interactions, both at the conference and in your daily life. Strengthen your communication skills and enhance your relationships with your clients, participants, peers, partners and yourself! Want to keep the conversation going? Join **Kristy Ware's** conference session 'Customer Service, Client Retention".

Time to Go Shopping!

Be sure to browse the BCFit'17 Marketplace where we are welcoming 7 new vendors this year! Take advantage of one-time only deals on your favourite fitness equipment, apparel and new products while talking to fitness service providers. There are lots of chances to WIN prizes including:

- New Balance shoes from LadySport
- 3 month Platinum membership to Steve Nash Fitness
- Tickets to see the Whitecaps LIVE courtesy of HUB International
- \$200 **Infofit** gift certificate
- 1 year subscription to the PowerMusic1 app

Take a preview at the Online Tradeshow.

Sponsor Spotlight: Power Music

Your favourite fitness music provider is back, this time as a sponsor! As the world's #1 source of music for fitness professionals, Power Music is no stranger to the BCFit scene.



While Power Music regrets they cannot attend the Market Place event this year, they are still dedicated to ensuring YOU are supported with all of your fitness music needs. The BCFit'17 delegate goodie bag includes info about the PowerMusic1 app, the music app designed just for fitness professionals, plus one free month of service! Delegates will also have an opportunity to win a free one-year subscription to the PowerMusic1 app. You must be present to win!

What are you waiting for? Join us September 16 in North Vancouver!

View the **Program Guide** for all your program options.









Special Thanks to our Sponsors

BCFit®'17 couldn't happen without our sponsors! A special thanks for their ongoing support of our conference and BC's fitness industry!

Platinum Sponsors:

LadySport and FitFirst host an instructor discount program for all eligible BCRPA instructors.





Bronze Sponsors:





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