

September 16, 2017 www.bcrpa.bc.ca/bcfit-17 Delbrook Community Recreation Centre | North Vancouver, BC

Last Early Bird Savings Ends August 13th!

REGISTER NOW

Early Bird Incentive!

Everyone who registers before the last early bird deadline of August 13th at midnight will be **entered into a draw for \$100 LadySport FitFirst Footwear gift certificate**!





Bring a friend at a discount!

Do you know a non-BCRPA registered fitness enthusiast who might love to attend BCFit®'17? We are happy to extend a discount off the regular registration price. Just email us requesting the discount code at:<u>registration@bcrpa.bc.ca</u>

New to the fitness world? First BCFit?

Come to the BCRPA table before 7:30am and we will connect you with a BCFitseasoned Fitness Leader to help you feel right at home as you enjoy a day of inspiration, information and connection.

We can't wait to see you!

<u>Click here</u> for a special message from *Gillian Goerzen, 2017 Fitness Leader of the Year.*

Gillian is back this year presenting a conference session and a workshop focused on **changing the conversation around body image**. What if we could shift people's mindset from physical results to living a healthy lifestyle as a core value? In her conference session, Gillian will discuss tools and strategies to building a body positive coaching approach to affect change in your clients. Want to go deeper? Sign up for her **post-conference workshop** Sunday, September 17 to further the conversation!

Aquatics - We need you!



There is an unmet demand from employers for leaders like you to teach Aquatic Fitness. The benefits of water resistance are proven, and especially beneficial for the aging or injured. Enjoy the brand new pool at Delbrook and learn from industry experts on ways you can grow your career as an Aquatic Fitness leader!

Let your voice be heard at the Fitness Café

The all new Fitness Café is proving to be hugely popular! Designed by you, for you, this session brings Fitness Leaders together to engage in dialogue around topics that matter most to you. HUB International Insurance Brokers will help demystify your insurance questions. Whether you are attending BC Fit or not, we want to know what issues matter most to you - let your voice be heard!

Complete our survey by clicking on the image at right to let us know what you want to discuss at the Fitness Café and **earn 1 CEC**!



BCFit®17 - session waitlists!

Registering for BCFit®17 and can't find the session that you want? It's likely full already. If you don't see a session that you're wanting to register for, please <u>email</u> <u>Ginny</u> with your full name and the session you're wanting and she will add you to the waitlist.

Check out the <u>full program guide</u> to learn more:





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Special Thanks to our Sponsors

BCFit®'17 couldn't happen without our sponsors! A special thanks for their ongoing support of our conference and BC's fitness industry!

Platinum Sponsor:

LadySport and FitFirst host an instructor discount program for all eligible BCRPA instructors.





Bronze Sponsor:





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TRAUMATECH





REGISTER FOR BCFIT



BC Recreation and Parks Association, 301-470 Granville Street, Vancouver, British Columbia V6C 1V5 Canada

> <u>SafeUnsubscribe™ {recipient's email}</u> <u>Update Profile</u> | <u>About our service provider</u> Sent by <u>bcrpa@bcrpa.bc.ca</u>