

EDUCATION DAY FOR ALL WHO WORK IN AQUATIC FACILITIES



October 16, 2017

The Westin Bayshore
1601 Bayshore Drive, Vancouver

BCRPA Provincial
**Ripple
EFFECTS**
Aquatics Workshop



Platinum Sponsor &
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Scholarship Sponsor

For more details go to **www.bcrpa.bc.ca/ripple-effects**
604-629-0965 ext. 229 | education@bcrpa.bc.ca

Ripple Effects is presented by the BCRPA,
in cooperation with the Lifesaving Society
and the Canadian Red Cross



 #ripeffects17

INVITATION TO RIPPLE EFFECTS 2017

Take the plunge and join us at Ripple Effects 2017 on Monday, October 16th

This bi-annual event will be hosted in the heart of downtown Vancouver at the Westin Bayshore Hotel. With Stanley Park as your backyard and a view of Coal Harbour and the North Shore mountains you will feel like you are learning in paradise.

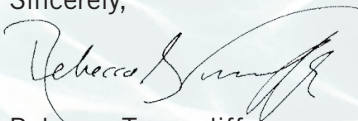
For this year only, we have changed our two day event to a one day event. This was done to enable delegates to take advantage of a once in a lifetime opportunity to also attend the World Conference on Drowning Prevention. This World Conference, organized by the Lifesaving Society, has never been hosted in Canada and will be at the Westin Bayshore on October 17-19th. As a result of this partnership, you will also enjoy the benefits of having international speakers at Ripple Effects. We are thrilled to have as our keynotes, Dr. Francesco Pia, inventor of the Pia Carry, and Dr. Robert Keig Stallman, renowned professor at the Norwegian School of Sport Science. Delegates who register for both events will be eligible for a \$60 discount (see page 3).

The Ripple Effects program offers 4 education session blocks, each offering 3 concurrent sessions to choose from, and 3 plenaries. Three pre-conference sessions are also available to round out your learning experience. You will walk away feeling motivated, inspired and energized.

Read through our program guide for all that Ripple Effects 2017 offers, and keep in mind our two early bird deadlines to take advantage of early savings.

We look forward to seeing you in October.

Sincerely,



Rebecca Tunnacliffe
CEO, BCRPA



Janet Rerecich
Professional Development &
Initiatives Manager, BCRPA

A SPECIAL THANKS TO THE PLANNING COMMITTEE

Brooke Cherfils
Lifesaving Society of BC
& Yukon

Cheryl Sibany
Lifesaving Society of BC
& Yukon

Dale Miller
Lifesaving Society of
BC & Yukon

Debbie van't Kruis
City of Terrace

Janet Rerecich
BCRPA

Jeannene Crosby
Canadian Red Cross

Lauralee March
City of Surrey

Leeann Virtue
Township of Langley

Michelle Wilcox
District of Squamish

Perry Fulop
City of Surrey

Sean Healy
Vancouver Board of
Parks & Recreation

Stephanie Androsoff
BCRPA

Vanessa Sabitova
BCRPA

SPECIAL THANKS

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3 Star Sponsor:



2 Star Sponsors:



WHAT'S NEW THIS YEAR

◆ HIGHLIGHTS

Boost your knowledge and skills, engage in hot topic conversations, and participate in the culture of water safety. This practical, information-packed and skill-oriented full-day workshop is designed for aquatic facility practitioners and managers who aspire to stay on top of the aquatic trends and industry standards. Join pool operators, lifeguards and instructors, pool maintenance staff, aquatic and recreation facility managers and supervisors, safety instructors, and advanced aquatic instructors for a full day of learning with local and international peers and experts!

Start your Ripple Effects experience early with **pre-workshop sessions on Sunday, October 15** – earn a new certificate, take a tour of UBC's new Aquatic Centre, or learn how to start a Lifesaving Sport Club. Then join us **Monday, October 16**, for a full day of education and networking in the heart of downtown Vancouver!

On October 16, **Dr. Francesco Pia** kicks off the day with a keynote presentation on strategies to train lifeguards to detect drowning people's struggles, and to avoid inattentional blindness. An additional plenary will provide agency updates from the **Lifesaving Society**, the **Canadian Red Cross**, and **BCRPA**. The day will then close with **Dr. Robert Keig Stallman**, who will reflect on the philosophy of aquatic professionalism, and ways of contributing to a culture of water safety.

If you need **additional incentives to attend**, we have **early bird savings**, and more. If you are attending the **World Conference on Drowning Prevention, Oct 17-19**, you will be eligible for a \$60 discount. Simply enter a coupon code to receive your discount. **Continuing Education Credits** are also available to BCRPA Registered Fitness Leaders. **All the details are listed below.**

REGISTRATION FEES

◆ RIPPLE EFFECTS REGISTRATION

Monday, October 16 at The Westin Bayshore –
1601 Bayshore Drive, Vancouver, BC

**Registration includes nutrition breaks and lunch.*

1st Early Bird rates – ending July 28

BCRPA Member.....	\$198
Non-Member.....	\$239
BCRPA Student Member	\$159

2nd Early Bird rates – from July 29 – September 15

BCRPA Member.....	\$229
Non-Member.....	\$269
BCRPA Student Member	\$169

Regular Rates – starting September 16

BCRPA Member.....	\$259
Non-Member.....	\$299
BCRPA Student Member	\$179

Register for Ripple Effects 2017 at:
www.bcrpa.bc.ca/ripple-effects

◆ PRE-WORKSHOP SESSIONS

Sunday, October 15 at various locations.

View page 11 for descriptions & locations of sessions.

Lifesaving Sport Coach Level 1	\$95*
New pool tour — UBC Aquatic Centre	\$35
Lifesaving Sport Club Development	\$20

***Registration rates do not include course materials. See page 11 for additional information.**

◆ TWO CONFERENCES, ONE DISCOUNT

If you are attending the World Conference on Drowning Prevention, Oct 17-19, you are eligible for a \$60 discount. Use coupon code **WORLD2017** when registering online. You must have paid for your World Conference registration to use this code.

All purchases will be verified. If you have used the code in error, you will be invoiced for the difference. Non-payment of this invoice will make your Ripple Effects registration null and void.

(World Conference info: www.wcdp2017.org)

◆ CONTINUING EDUCATION CREDITS

BCRPA Registered Fitness Leaders are eligible to receive 7.5 BCRPA Fitness Continuing Education Credits (CECs) for full day attendance. To claim CECs, Fitness Leaders are required to sign in, and sign out at the end of the day. Complete details online.

SUNDAY October 15 | PRE-WORKSHOP SESSIONS

Online
Registration is
required for
Pre-
Workshops.

Time	Session
9 am — 5 pm	<p>PC1: Lifesaving Sport Coach Level 1 <i>Lifesaving Society</i></p> <p>Vancouver Aquatic Centre 1050 Beach Ave, Vancouver, BC, V6E 1T7</p> <p>Wet and dry participation is required.</p>
<p>1 — 3 pm</p> <p><i>Note: A shuttle bus will leave The Westin Bayshore at 12:15 pm (1601 Bayshore Drive, Vancouver)</i></p> <p><i>Return shuttle arrives at The Westin Bayshore at 3:30 pm</i></p>	<p>PC2: New Pool Tour — University of British Columbia Aquatic Centre <i>Stéphane Delisle and Kavie Toor</i></p> <p>Meet at The Westin Bayshore (1601 Bayshore Drive) by 12:10 pm for shuttle service to the UBC Aquatic Centre.</p> <p>The tour will take place at:</p> <p>The UBC Aquatic Centre 6080 Student Union Blvd., Vancouver, BC</p> 
6:30 — 8 pm	<p>PC3: Lifesaving Sport Club Development — What is a Lifesaving Sport Club and How Can I start One? <i>Lifesaving Society</i></p> <p>The Westin Bayshore (<i>Room location to be confirmed</i>) 1601 Bayshore Drive, Vancouver, BC</p>

MONDAY October 16 | WORKSHOP SESSIONS

The Westin Bayshore

1601 Bayshore Drive, Vancouver, BC

Session Streams:

- Maintenance
- Innovations and Innovative Solutions
- Leadership

Time	Session		
7:30 — 8:30 am	Registration & Check-in		
7:30 — 8:30 am	Refreshments & Networking		
8:30 — 8:45 am	Opening Remarks		
8:45 — 9:45 am	Opening Keynote: Human Information Processing – A New Approach <i>Dr. Francesco A. Pia</i>		
9:45 — 10 am	Refreshments & Tradeshow		
10 — 10:45 am Concurrent Sessions A	A1: Hot Topics – 2017 Technology. What's HOT, What's NOT <i>Lauralee March and Perry Fulop</i> ■	A2: Beyond the Sluicelock – The Yukon, including Water Safety and More <i>Sean Healy</i> ■	A3: Developing Dynamic Teams <i>Brooke Cherfils, Jeannene Crosby and Michelle Wilcox</i> ■
10:45 — 11 am	Transition Break & Tradeshow		
11 — 11:45 am Concurrent Sessions B	B1: The UBC Pool – A New Industry-Leading Pool Built for Everyone! <i>Kavie Toor and Stéphane Delisle</i> ■	B2: The 3 Rs of Staffing – Recruitment, Readying, and Retention <i>Debbie van't Kruis</i> ■	B3: Asking the Right Questions – Taking Control of Your Future <i>Linda Tarrant</i> ■
11:45 am — 12 pm	Transition Break & Tradeshow		
12 — 12:45 pm Concurrent Sessions C	C1: KIS – Pool Maintenance Solutions <i>John Bientjes</i> ■	C2: E-Scheduling – REAL Examples from Recreation & Aquatics <i>Amanda Whiddington, Keith Holloway, and Nikole Longhi</i> ■	C3: Resilience – The Key to Health, Happiness, and Success in a Turbulent World <i>Linda Tarrant</i> ■
12:45 — 2 pm	Lunch & Tradeshow		
2 — 2:45 pm Concurrent Sessions D	D1: Hey MAHC, What's New! <i>Scott Bowron</i> ■	D2: Community Consultation – A Process of Listening, Learning and Leading <i>Paul Fast and Melissa Higgs</i> ■	D3: Train + Maintain = Retain – How to Build your Aquafit Instructor Pool <i>Leah Esplen</i> ■
2:45 — 3 pm	Transition Break & Tradeshow		
3 — 4 pm	Agency Updates – What's New, What's Revised, What's Revived <i>BCRPA, Lifesaving Society, Red Cross</i>		
4 — 5 pm	Closing Keynote: Aquatics – Career or Passing Fancy? <i>Dr. Robert Keig Stallman</i>		
5 — 5:15 pm	Closing Comments & Prizes		

◆ OPENING KEYNOTE | 8:45 — 9:45 am

Human Information Processing — A New Approach | Dr. Francesco A. Pia

Dr. Pia will clarify how he trains lifeguards to use human information processing to quickly detect drowning people's struggle. He will identify the scientific basis for saccade sweep scanning that rests on perception, attention, working and long term memory storage. This technique helps lifeguards avoid in-attentional blindness. Finally he will discuss how stress inoculation and stress exposure training helps lifeguards to manage their physiological and psychological stress responses during emergency scenarios.



Francesco "Frank" Pia, a school psychologist, has a PhD in Interdisciplinary Studies focusing on psychology, human factors and public health. He has 21 years of experience as a lifeguard, lieutenant lifeguard, and chief lifeguard at Orchard Beach, Bronx, NY. He conducted the original research on the Instinctive Drowning Response, developed the drowning person vs. distressed swimmer categorical classification, and formulated the RID Factor for analyzing the causes of swimming related drowning fatalities. A former member of the American Red Cross' Advisory Council for First-Aid, Aquatics, Safety and Preparedness and the Scientific Advisory Council (SAC), he authored and published peer reviewed articles, served as a technical advisor, instructor, and instructor trainer for the American Red Cross' lifeguard and lifeguard manager programs, and was a member of the US Lifeguard Standards Coalition, and the CDC's Model Aquatic Health Code bather's supervision subcommittee. He is also a recipient of the American Red Cross' SAC emeritus lifetime achievement award.

◆ CONCURRENT SESSIONS A | 10 — 10:45 am

A1 Hot Topics — 2017 Technology. What's HOT, What's NOT

Lauralee March and
Perry Fulop

Stream: Maintenance

This round table discussion session will bring together maintenance and aquatic professionals to discuss new technology in the sector. This practical approach to working with newer technologies will include topics such as LED pool lighting, movable floors, water features (including new technologies and design trends) bulkhead designs, chemistry controllers, and regenerative media.

A2 Beyond the Sluiceway — The Yukon, Including Water Safety & More

Sean Healy

Stream: Innovations
and Innovative
Solutions

Come travel to the Yukon, where locals and tourists still navigate the waterways all-year-round, as it remains an easier way to travel. Hear about pioneer and modern day waterproofing strategies aimed at reducing accidents on the waters. Learn about incredible peoples, the land, and then take a dive into swimming history, bathing in the Yukon – where swimming and water safety intersect with life in the Klondike and beyond.

A3 Developing Dynamic Teams

Brooke Cherfils,
Jeannene Crosby, and
Michelle Wilcox

Stream: Leadership

Learn how to shape and create aquatic team culture in a way that sustains growth. Participants will hear shared experiences and learn practical solutions for team building, and for introducing and creating an aquatic behavioural code. Leave the session with tools that will help build strong leaders, and a dynamic team.

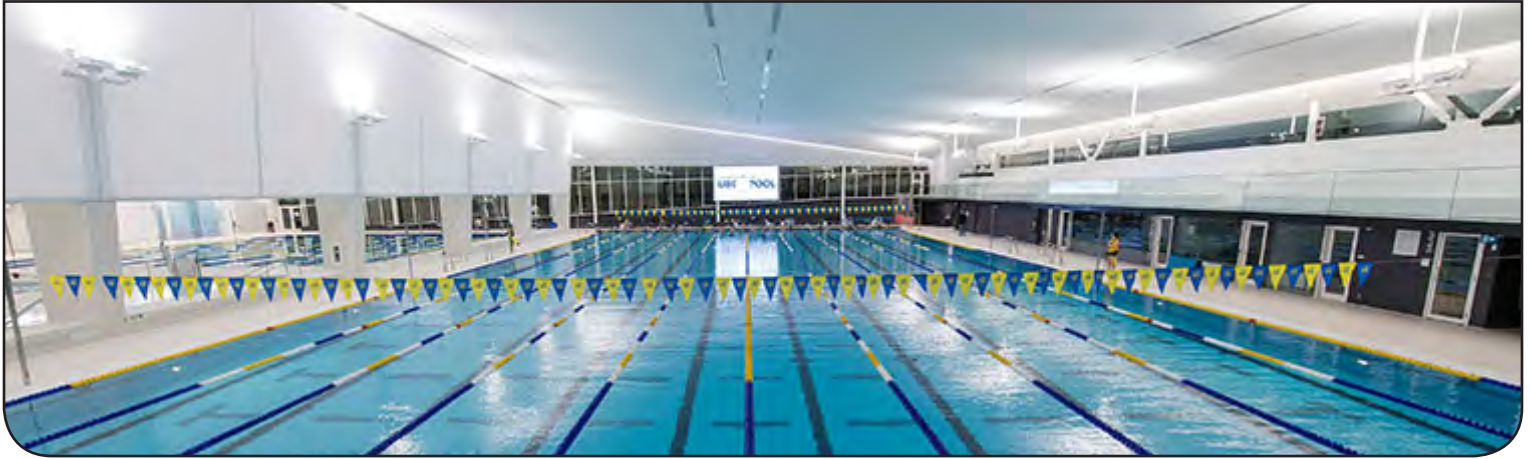


Photo Above: UBC's new Aquatic Centre

◆ CONCURRENT SESSIONS B | 11 — 11:45 am

B1 The UBC Pool — A New Industry-Leading Pool Built for Everyone!

Kavie Toor and Stéphane Delisle

Stream: Maintenance

Nestled in green-conscious Vancouver, the University of British Columbia (UBC) is home to a large campus population, a fast-growing, active resident community, and a training centre for Canada's elite swimmers. When UBC embarked on the task of replacing the outdoor and indoor pools, the challenge was to find a design, fit for everyone. Bright, open community space, high performance training, community aquatics, and campus life all needed to be considered in the design of the new aquatic centre. Come and hear the story of this Certified LEED Gold building – the story of how UBC constructed a pool to meet the needs of a diverse community while maintaining a commitment to best environmental sustainability.

B2 The 3 Rs of Staffing — Recruitment, Readyng, and Retention

Debbie van't Kruis

Stream: Innovations and Innovative Solutions

Challenged by recruiting and retaining top notch employees? Join us, as we explore tried, true and sometimes not so true ways of recruiting employees and, more importantly, how we retain them. This session is mostly designed for the sub-urban aquatic centre, but can be adapted to larger facilities.

B3 Asking the Right Questions — Taking Control of Your Future

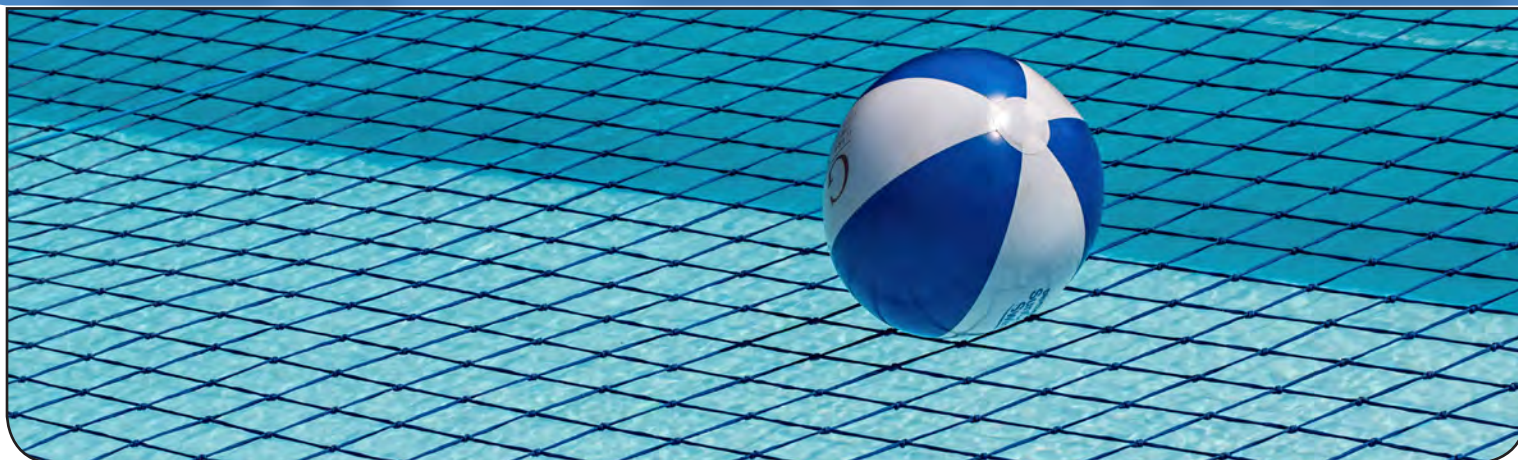
Linda Tarrant

Stream: Leadership

If you want to be successful in life it helps to ask the right questions. The same is true for being a successful leader. In this session, we will focus on some of the critical questions and skills that will help you and your staff become the best that you can be. We will examine the following questions and more:

- What leadership skills do we need to develop in order to do the best job that we can do?
- How do we develop and inspire others when they may see their jobs as transitional or short-term?
- How do my goals connect to the goals of the Aquatics Program in my area or in the Province?

Join us for a challenging, thought-provoking, inspiring and fun-filled session.



◆ CONCURRENT SESSIONS C | 12 — 12:45 pm

C1 KIS — Pool Maintenance Solutions

John Bientjes

[Stream: Maintenance](#)

Hear from an expert in the field on how to Keep It Simple (KIS). Participate in a highly engaging conversation about efficient and accurate pool maintenance. Discuss relevant topics related to filtration via chemical treatment, dilution, physical chemistry, automation, and annual cleaning and shutdowns that affect your pool! Bring your questions and get in the know about proper pool maintenance.

C2 E-Scheduling — REAL Examples from Recreation and Aquatics

Amanda Whiddington, Keith Holloway, and Nikole Longhi

[Stream: Innovations and Innovative Solutions](#)

Electronic schedulers are here. Join us for this valuable session on what's working in our industry. The pros and cons of several different electronic scheduling providers will be presented, and currently includes Schedule Force, and Humanity. Examples will be drawn from both aquatics and recreation.

C3 Resilience — The Key to Health, Happiness, and Success in a Turbulent World

Linda Tarrant

[Stream: Leadership](#)

Explore the internal components of resilience, and the tools and techniques that will help you to “go with the flow”, even if it feels like it's a raging river. What's the role of managers and leaders in building an environment that supports resilience and enables people to be more successful in an ever-changing landscape? Leadership is everything. We need to model it, reward it, and nurture it. During this session we will discuss the six areas that we can focus on to keep people engaged, build their self-awareness and be ready for the “next big thing”.

◆ **CONCURRENT SESSIONS D****2 — 2:45 pm****D1** **Hey MAHC, What's New!***Scott Bowron**Stream: Maintenance*

This discussion will focus on the Model Aquatic Health Code (MAHC) – Its benefits to our aquatic environment, its relationship with the BC health code, and how it will become the standard for our industry. Sponsored by the CDC, the MAHC is providing a basis for decision making now and certainly will in the future.

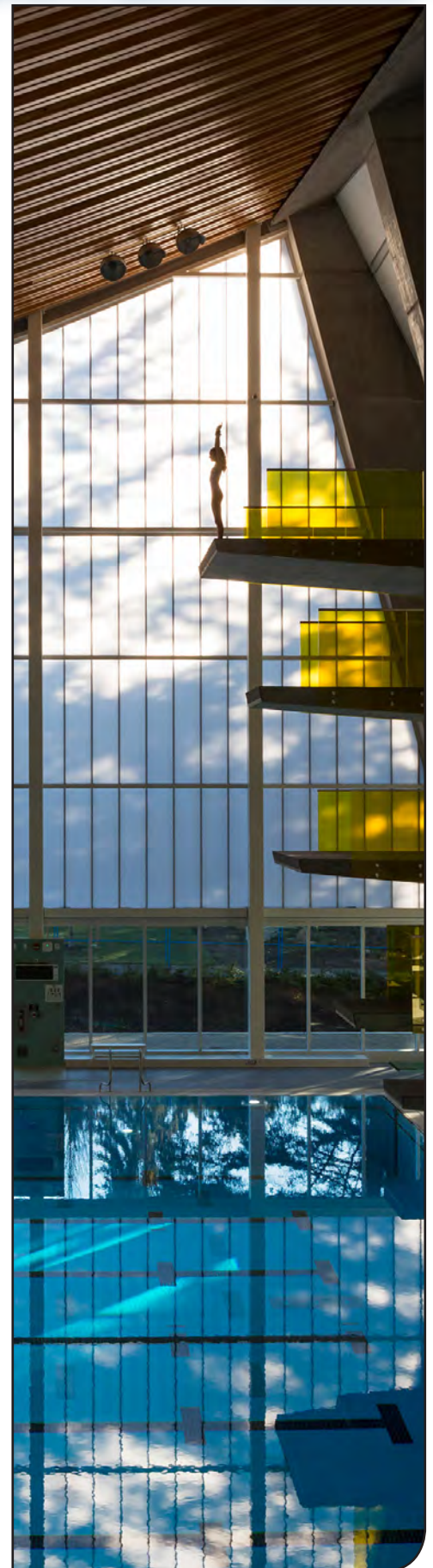
D2 **Community Consultation — a Process of Listening, Learning and Leading***Paul Fast and Melissa Higgs**Stream: Innovations and Innovative Solutions*

Is your community thinking about taking a fresh approach to services delivery or new facility spaces? As recreation professionals we often have a clear vision for renewal, just give us the resources - But before any change, it's vital to check-in, to craft, and then validate leading ideas with residents before taking action. A smart and well-designed community consultation process starts with, and keeps an open mind. It's a crucial step to successful renewal or any new initiative. Afterall, everyone has oppinions, especially taxpayers! Come and learn about both the art and science of strong community consultation and strategic project planning. Learn the cornerstones of what makes good community consultation and leave with tips, smart take-aways, and real-life examples.

D3 **Train + Maintain = Retain — How to Build your Aquafit Instructor Pool***Leah Esplen**Stream: Leadership*

The best way to build an aquafit instructor pool is from the ground up. Just like any other type of relationship, it takes time, nurturing and mutual respect to create a loyal employee or contractor. By the end of this session, participants will be able to apply innovative methods to developing and retaining the loyalty of their Aquatic Fitness instructors.

Photo: Grandview Heights Aquatic Centre, Surrey, BC –
Recipient of BCRPA's 2017 Facility Excellence Award
(for projects over \$1 million)



◆ PLENARY SESSION | 3 — 4 pm

Agency Updates — What's New, What's Revised, What's Revived |

Canadian Red Cross, Lifesaving Society and the BCRPA

Join the Canadian Red Cross, Lifesaving Society and the BCRPA to discuss new and emerging trends across the sector. Bring your questions and put forward any ideas that relate to your community.



◆ CLOSING KEYNOTE | 4 — 5 pm

Aquatics — Career or Passing Fancy? | *Dr. Robert Keig Stallman*

Aquatics is a broad and varied area. It includes many activities but all have several common elements, among which is the need for safety. Thus, each activity has the potential and the responsibility to contribute to the common pool of knowledge. We can make water safety a way of life and we can help others do the same. Aquatic professionals are key persons in any community and a professional approach can help to reduce the risk of drowning – a global leading killer.



Dr. Robert Keig Stallman has participated in, taught, and coached in six to eight different aquatic activities. He has been active in officiating, program design and planning, writing and research. He has been active in a dozen or more national organizations in six different countries on three continents. He has also been the aquatic coordinator in two different cities and at four different universities. He is currently involved primarily in writing and research, though officially retired.

PRE WORKSHOP SESSIONS

A variety of extra sessions are available on Sunday, October 15. Add on to your Ripple Effects experience by selecting one, or more pre workshop sessions.

Please note: Due to limited space, pre-registration is required for all pre workshop sessions.

◆ PC1 **Lifesaving Sports Coach Level 1**

Presented by: Lifesaving Society

9 am — 5 pm | \$95* (Course materials are extra. See below for information.)

Vancouver Aquatic Centre, 1050 Beach Ave, Vancouver, BC

Combine your passion for sports, your lifeguard skills, and your experience as a Lifesaving Instructor in this unique sport – the only sport devoted to saving lives!

The Lifesaving Society provides training for Lifesaving Instructors who wish to coach Lifesaving Sport at the community level. The course focuses on the fundamentals of coaching and lifesaving sport skills in the pool or in open water. This certification provides the coach with the necessary tools and training to ensure participants a unique experience.

Lifesaving Sport Fundamentals offers participants a recreational introduction to lifesaving sport skills. The program also teaches team building, fair play, ethics in sport and responsibility.

Wet and dry participation is required for certification.

Prerequisites: Lifesaving Instructor certification and Emergency First Aid certification (or higher). Neither need be current.

Evaluation & certification: The Lifesaving Sport Coach Trainer evaluates and certifies candidates. This certification is valid for 2 years.

Candidate recognition: Certification card.

***Candidate reference material:** Lifesaving Sport Coach Level 1 candidates must have the following for on-course reference:

- Coaching Lifesaving **\$26**
- Lifesaving Sport Fundamentals Award Guide **\$18**
- Canadian Competitions Manual **\$18**
- Candidates should also bring their Canadian Lifesaving Manual and Instructor Notes to the course.

PRE WORKSHOP SESSIONS continued . . .

◆ PC2 New Pool Tour – University of British Columbia Aquatic Centre

1 — 3 pm | \$35*

6080 Student Union Blvd, Vancouver, BC

Take a tour of The University of British Columbia's new Aquatic Centre. Learn about the new features at this Certified LEED Gold facility, which includes an indoor and outdoor pool, four separate tanks, and space for every level of swimmer. With a design concept of "campus, community and competition", the new aquatic centre is an achievement that shows the university as a living laboratory and agent of change.

**Fee includes transportation and a light snack*

Meet at 12:10 pm at The Westin Bayshore (1601 Bayshore Drive, Vancouver) for shuttle service to the UBC Aquatic Centre. Shuttle leaves promptly at 12:15 pm.

Return shuttle arrives at The Westin Bayshore at 3:30 pm.

◆ PC3 Lifesaving Sport Club Development – What is a Lifesaving Sport Club and how can I start one?

Presented by: Lifesaving Society

6:30 — 8 pm | \$20

The Westin Bayshore, 1601 Bayshore Drive, Vancouver

Come and share in the enthusiasm and learn why you should care from those already offering Lifesaving Sport. The purpose of the workshop is to explore the benefits of Lifesaving Sport, including the flexible program options for affiliates. This workshop will bring together those who currently provide Lifesaving Sport programs and those who are looking to become involved.

In this collaborative setting we will show you how to grow Lifesaving Sport in your communities, advance the Mission of the Society and assist in ensuring we have future Lifeguards and Instructors committed to sharing their passion for drowning prevention.

SESSION PRESENTERS



Amanda Whiddington is Recreation Leader for the Township of Langley. She has worked in recreation, aquatics and fitness in various municipalities since 2003. She enjoys broadening her scope and has held everything from her CASI ski instructor to her BCRPA personal training designation, and every aquatic award in between. Her most recent position is working with Neighborhood Learning Centres in the Willoughby area for the Township of Langley. She has also been focused on implementing two different online scheduling tools with both the Aquatics and Recreation departments.



Brooke Cherfils started her aquatic career as a Lifeguard in Surrey, moved to a leadership role in Creston and is has now the Education Director with the Lifesaving Society BC & Yukon branch.



Debbie van't Kruis is currently working for the Leisure Services Department for the City of Terrace, while the city's aquatic centre is undergoing renovations. Debbie has worked in aquatics for the last 15 years and currently holds WSMIT, FAIT, and LSIT. She also sits on the Red Cross' Canadian Council on First Aid Education.



Jeannene Crosby began her career in aquatics as a passionate lifeguard and instructor, sharing the knowledge of water safety through swimming lessons and teachable moments while lifeguarding. As a programmer and WSIT, she enjoyed engaging and developing staff, while implementing plans to meet the aquatic needs of growing communities. She is currently the Swimming and Water Safety Representative for the Canadian Red Cross.



John Bientjes has been with Commercial Aquatic Supplies since 1984. You can call him an "Old Guy" but he remembers and knows his stuff and has a great sense of humour. He has taken and passed all the courses and has probably read every manual in existence to stay on top of the industry!



Kavie Toor is the Senior Director, Facilities, Recreation and Sport Partnerships, at The University of British Columbia (UBC). He is responsible for providing strategic leadership to the recreation and facilities portfolios including capital planning, student and community programming, business operations, facility operations and large event management. He has over 15 years of leadership roles in progressive leadership positions in sport and business. He was responsible for over \$200m in capital projects including the award winning \$40m aquatic centre. He is a UBC grad with a Masters in Human Kinetics, Bachelor of Education and a Bachelor of Arts degrees. In his spare time, Kavie enjoys playing hockey, running, tennis, reading and chasing around his three children.

SESSION PRESENTERS continued . . .



Keith Holloway has been working in municipal recreation since 2001, starting with the City of Coquitlam as a Summer Camp Leader during his university years. He worked for the City of Port Coquitlam for six years with their youth services department. He then jumped out to Abbotsford where he was a Programmer for three and a half years in Community Recreation. Since November 2015, he has been with the Township of Langley, where he is currently the Community Recreation Programmer for the George Preston Recreation Centre, Aldergrove Community Arena, and Aldergrove Kinsmen Community Centre. He has been working with Shiftplanning (Humanity) scheduling software for three years.



Lauralee March is the Recreation Operations Manager at Grandview Heights Aquatic Centre and South Surrey Indoor Pool in the Community Recreation Services Division – City of Surrey. She has experience in both the private and public sector, and is a certified National Lifeguard Instructor Trainer and Lifesaving Instructor Trainer (Lifesaving Society) and Master Instructor Trainer (Red Cross). She is currently pursuing a Masters of Business Administration and Certified Management Consultant designation.



Leah Esplen is a Trainer of Fitness Leaders (BCRPA) and a Certified Exercise Physiologist (CSEP). She has been educating fitness instructors and personal trainers for 17 years. Her Master's degree in Biomedical Physiology and Kinesiology and experience in rehab training allow her to design programs for everyone from elite athletes to people with differing needs. She loves shaping the future of fitness by continuing to teach fitness instructor courses and presenting workshops. As the owner of MommyMoves Fitness & Education, Ltd, she is also shaping the future fitness enthusiast! Always up for a challenge and new experiences, Leah enjoys working with diverse populations and in a variety of situations.



Linda Tarrant holds advanced degrees in Psychology, Sociology, Education and Counseling. She is an author, change leader, strategist and master facilitator. She holds the prestigious designation of Certified Speaking Professional and she is the first woman to be inducted into the Canadian Speaking Hall of Fame. She's mostly known for her wit, wisdom, practical approach and down-to-earth style. Linda has extensive experience in both the public and private sector and has worked both in, and for many not-for-profit organizations. Some of her clients include federal, provincial and local governments, research institutes, health care organizations, financial services, educational systems, high tech and high touch organizations and even the Canadian Olympic Association. Linda was born in Kentucky and has lived and worked across Canada and the US. She is a proud Canadian citizen and lives in beautiful Victoria, BC, and she is a whole lot of fun.



Melissa Higgs is a Principal at HCMA Architecture + Design. She enjoys working closely with clients to find creative solutions to their unique design challenges. Her focus has been designing recreation facilities and arts and culture projects, including the award-winning Grandview Heights Aquatic Centre in Surrey, BC. She is also experienced with long-range vision plans, including Granville Island 2040 and the Vancouver Aquatic Strategy. In 2014, Melissa co-taught the *Social Sustainability in Practice* course at the University of British Columbia (UBC) School of Architecture and Landscape Architecture (SALA), and for the past two years, has taught at an architectural design studio at SALA. She is a past member of the Architectural Institute of British Columbia's (AIBC) Diverse Membership Group and the City of Surrey's Advisory Design Panel, and is a current member of the Policy Advisory Council for the Downtown Vancouver Business Improvement Association (DVBIA).

SESSION PRESENTERS continued . . .



Michelle Wilcox started as a Lifeguard in Squamish, and has worked in multiple indoor and outdoor pools over a 13 year span. She has happily found her way back to Squamish where she currently works as a Program Specialist.



Nikole Longhi has over 15 years of recreation and aquatic experience. Her past nine years have been spent in the role of Aquatic Programmer at the Walnut Grove Community Centre with the Township of Langley. Nikole attended post secondary school in the United States, where she competed and played NCAA sports. She has a degree in Kinesiology, is a Canadian Red Cross Water Safety Instructor, and has taught over 150 courses. She has recently completed a Masters in Organizational Leadership and is working towards a second Masters in Education.



Paul Fast is committed to creating architecture that helps to extract and define a strong regional identity through a considered use of material, form, space and light. Upon completion of his Masters of Architecture at the University of British Columbia, Paul gained experience abroad in Basel, Switzerland, and in Russia, where he worked for a non-profit group and designed an orphanage. Since joining HCMA, he has become an experienced project manager whose dependable and receptive nature encourages close collaboration with clients. Paul works toward architecture that reconnects people to their environments and particularly enjoys the initial stages of concept design in which the key values of site, user and program are identified which will shape the outcome of the design and building process.



Perry Fulop is the Aquatic Liaison Manager with the City of Surrey's Parks, Recreation and Culture Department. In this role he provides leadership and support to the expanding Surrey aquatics team. He began his career as a lifeguard and has taken on various roles throughout the years devoted to the field of aquatics. Perry has a Bachelor of Commerce and 37 years of hands-on experience leading in an aquatic environment. The best part of his role is helping young leaders develop to their full potential.



Scott Bowron was part of the MAHC (Model Aquatic Health Code) technical committee, and is a current member of the Council for the MAHC. A retired operations facility manager with the City of London Ontario, he is an active NSPF – Certified Pool Operator Instructor, and does technical sales and training for NCAquatics Inc. Scott has spoken at conferences nationally, and internationally on facility management and current aquatic issues.

SESSION PRESENTERS continued . . .



Sean Healy came to the recreation field through his background as a competitive swimmer and his early work as a lifeguard. After more than ten years of service with the Capital Regional District (CRD) in a variety of aquatic recreation roles, Sean moved to the City of Burnaby. During a fifteen year tenure with Burnaby, Sean enjoyed many challenges and opportunities of a growing municipality. Today, Sean gives to the community in a variety of volunteer roles and works as the Director of Aquatic Services for the Vancouver Board of Parks and Recreation. He continues to be a faithful supporter of the aquatics industry and allied local non-profit organizations like the Lifesaving Society, and BC Recreation and Parks Association.



Stéphane Delisle is Senior Manager of Programs and Operations at the University of British Columbia's (UBC) Aquatic Centre leading a team of nine full-time staff and a student-staff of over 130. Stéphane has over 20 years of experience with facility, project management, events and communications at all levels of sport and recreation. He is a graduate from the University of Ottawa with a Bachelor of Science in Human Kinetics.

◆ REFUND POLICY

The following refund policy applies to workshop fees:

Ending September 15, 2017: 70% of the registration fee

Starting September 16, 2017: no refunds will be issued

This refund policy does not apply to pre-workshop sessions. Refunds for pre-workshop sessions will be considered on a case-by-case basis.

All requests for refund must be submitted in writing to registration@bcrpa.bc.ca.

All registrations are transferable. No fee is charged to transfer a registration.

See you there!

BCRPA Provincial
**Ripple
EFFECTS**
Aquatics Workshop

October 16, 2017

The Westin Bayshore

1601 Bayshore Drive, Vancouver, BC