



## Invitation to Celebrate June is Recreation and Parks Month

Across Canada, the month of June is recognized as *Recreation and Parks Month*—a time to reflect on and celebrate the significant contributions that recreation and parks make to our individual wellbeing, our communities, and our country as a whole.

Recreation and parks play a meaningful role in the lives of Canadians. They offer inclusive spaces where people of all ages, backgrounds, and abilities can gather, connect, move, play, and feel a sense of belonging. From community centres to local trails and neighbourhood parks, these places support the mental and physical health of millions and help build strong, vibrant communities.

Recreation and parks also serve as vital community resources in times of crisis. As climate-related emergencies such as wildfires and floods become more common, recreation facilities often provide shelter, safety, and support. Recreation and parks professionals are increasingly stepping up as key contributors in community preparedness and emergency response efforts.

Recreation and Parks Month is an opportunity to honour this work—and to celebrate all the ways recreation and parks enhance our daily lives. Whether it's through participating in a sport, enjoying a community program, taking a walk in your local greenspace, or simply spending time outdoors with others, this month is about recognizing the value of recreation and parks and encouraging everyone to get involved.

We invite you to celebrate June is Recreation and Parks Month with us. Take time to explore your community, enjoy the outdoors, and reflect on the importance of recreation and parks in your life and the lives of those around you.

Together, let's continue to champion recreation and parks as a cornerstone of healthy, vibrant, and resilient communities across Canada.

