

BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation, parks, physical activity and culture

January 19, 2016

Public Profile Contest - Deadline Extended!

If your public profile on The Registry® of Fitness Professionals is not on, potential employers and clients can't find you.

As an added incentive to turn it on, we are having a prize draw of a \$250 Flight Centre gift certificate for those who have "gone public" **by February 5**, **2016**

Your public profile in The Registry® is a great marketing tool. It validates your registration status and highlights your credentials, qualifications and experience to employers, participants clients and the public.

Contact information and social media links can also be included, making it simple for anyone to learn about and contact you.

The BCRPA regularly receives verification requests from the public regarding a fitness leader's registration status. As such, we encourage all fitness leaders in good standing with the BCRPA to take these simple steps to "list" their public profile.

- 1. Login to your account at www.thefitnessregistry.com
- 2. Click "Public Profile." The default is "unlisted"
- 3. Scroll down to the bottom of the page and click "listed"
- 4. Click "Save" at the bottom of the page once all changes are made

Edit my public profile

Main	Public Profile	Account Info	Exam history	Course history	Orders
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Please enter in the information below that you would like to have appear on your public profile page. Mandatory fields are marked with a red star. *

Your profile is unlisted by default. To show your profile in The Registry, set your profile to listed.

Your profile will only be visible in The Registry search if your profile is set to listed and all of your required accreditations are up to date.

Note: All information entered below will be visible to the public when you set your profile to listed.

Profile
Your profile is not visible to members of the public while it is unlisted. If you select listed, your profile will be searchable in The Registry as long as all of your membership prerequisites are met.
• unlisted
listed

You control what people can see on your public profile. Input the city or cities where you work, biographical details, website or social media urls, plus up to five images and a headshot. The information in Account Info (i.e. your BCRPA file) is not the information that will be displayed in your public profile - you choose what is included.

For more information, consult the user guide.

Bulletin Contents

Public Profile Contest

Volunteer for the BCRPA Fitness Program

Volunteer at Spring Training

E-Learn to earn CECs

Stay Tuned!

Volunteer Opportunities BCRPA Fitness Advisory Committee

Do you have ideas and feedback to contribute in the continual improvement and strategic direction of the BCRPA Fitness Program? We are looking for volunteers with the following qualifications:

- SFLs and TFLs from outside the lower mainland, in particular in the interior or north regions of BC.
- extensive experience in the industry for a number years, and
- MUST be currently registered with the BCRPA.

Expectations:

- meet in-person 3 times per year, and
- travel expenses are paid for



Conference Planning Committee:

Have you attended BCFit® and think you can make it even better? We are looking for volunteers to join the conference planning committee to help organize BCFit® '16!

Qualifications:

- in the industry for at least 5 years,
- in a supervisory position at a fitness facility,
- understands the needs of FLs and/or
- has experience with event-planning.

Expectations:

- In-person or on the phone meeting 2 to 3 times in the next 3 months,
- Review Presenter applications, and
- Create a lineup for the event in September

Email <u>Emmie Li, Fitness Program Manager</u> if you are interested in the above positions.

Office Administration Volunteer:

Are you interested in earning some extra CECs? Help us with some basic administration duties at the downtown BCRPA office. We need your time, energy and positive attitude!

Hours are flexible and available Monday to Friday between 8:30am - 4:30pm. Earn 1 CEC for 2 consecutive hours for a maximum 10 CECs.

Email <u>bcrpa@bcrpa.bc.ca</u> if you are interested in the above position.

Earn CECs by Volunteering at Spring Training

The BC Recreation and Parks Association is looking for volunteers to help out for the 39th Annual Provincial Parks and Grounds Spring Training. This event will be held at the Coast Hotel and Convention Center in Langley, on February 17 & 18.

- There are morning and afternoon shifts available
- · Volunteers only have to commit to a minimum of 1 shift
- BCRPA Fitness CECs will be provided for volunteer hours

Please contact <u>Vanessa Sabitova</u> or call, 604-629-0965 ext. 229 for more information.

E-Learn to earn CECs

The BCRPA offers learning opportunities in a new and improved online format. You can take the courses whenever, and wherever is most convenient to you. If you have to stop part way through a course and come back later, it will remember where you left off! You will find our courses very easy to follow and will learn a lot that you will be able to apply in your workplace.

- Aboriginal Cultural Relations (1 CEC) free
- BCRPA Shared Use Agreement Guide (1 CEC) free
- Vulnerable Populations (1 CEC) free
- Social Inclusion (1 CEC) \$20
- Engaging the Hard to Reach (1 CEC) \$20
- PoolSafeBC (3 CEC) \$40

Find out more, including how to submit earned CECs to The Registry® on the <u>BCRPA E-Learning website</u>.

Stay Tuned!

1) BCFit® '16 is coming this fall!

2) ICE Workshops (Group and Weight Training/Personal Training) coming this spring. Please contact <u>bcrpa@bcrpa.bc.ca</u> if you would like to add your name to the wait list.You will be the first in line to register!

3) Look for the Winter issue of FitLifeBC coming to your inbox soon. Have an idea for an article for the Spring Summer edition? Contact the <u>editor.</u> *Healthy communities through recreation, parks, physical activity and culture.*

Stay connected through:



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