



BC RECREATION &amp; PARKS ASSOCIATION

## FITNESS NEWS BULLETIN

Healthy communities through recreation,  
parks, physical activity and culture

March 1, 2016

## Save the Date - BCFit™ '16



BC's premier fitness conference is being planned for **Saturday, September 10, 2016** at Fortius Sport & Health Centre and Fred Randall Pool at Edmonds Community Centre in **Burnaby**. Join hundreds of fitness leaders from across British Columbia for hands-on workshops, training and inspirational keynote speakers on the most relevant and topical issues and themes in the fitness industry today.

**Call Out for Presenters**

Are you interested in leading sessions at the upcoming BCFit™ '16 Conference? Applications are now being accepted for workshop presenters. [Download an application form](#) today and submit before the **March 14th deadline**.

Look for registration information and a detailed program guide coming soon!

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[Save the Date for BCFit '16](#)

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**Register for an ICE Workshop**

Are you looking for a **new challenge**? Expand your professional credentials and take the leap from teaching clients to mentoring the next generation of fitness leaders. This is your opportunity to introduce passionate people like yourself to the world of fitness instructing. The Instructor Competency Evaluation (ICE) Workshop is one of the requirements for those individuals who wish to obtain their Supervisor of Fitness Leaders (SFL) or Trainer of Fitness Leaders (TFL) designation.

**Register for an upcoming ICE workshop today!** View more information and access the registration form by clicking on the Workshop Name below. The **fee** for each course is \$60 and is worth 3 CECs.

ICE Workshop Name	Date & Time	Location	Registration Deadline
<a href="#">Weight Training &amp; Personal Training</a>	Tues, March 22 4 - 7 pm	Vancouver	Tues., March 15
<a href="#">Weight Training &amp; Personal Training</a>	Wed, March 30 4 - 7 pm	Victoria	Thurs., March 17
<a href="#">Group Fitness</a>	Thurs, March 31 7 - 10 pm	North Vancouver	Thurs., March 17
<a href="#">Group Fitness</a>	Thurs, March 31 4 - 7 pm	Victoria	Thurs., March 17

[Read](#) about all the requirements for becoming a SFL or TFL.

If you are unable to attend a scheduled workshop and are interested in attending an ICE Workshop, please contact the BCRPA office directly at 604.629.0965 and speak to the Receptionist or email [registration@bcrpa.bc.ca](mailto:registration@bcrpa.bc.ca).

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Stay connected through:



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