

**BC RECREATION & PARKS ASSOCIATION** 

FITNESS NEWS BULLETIN

Healthy communities through recreation, parks, physical activity and culture

April 14, 2016

## Earn CECs at Symposium



Fairmont Chateau Whistler APRIL 27–29, 2016

Symposium is BCRPA's flagship event that attracts hundreds of delegates in the recreation, parks, and culture sector. The conference is taking place in Whistler from April 27-29 at the Fairmont Chateau Whistler. **Volunteer** your time at Symposium and you will receive one FREE Continuing Education Credit (CEC) per three hours of volunteer time at the event (to a maximum of four CECs for the entire conference). Register your volunteer hours at: <u>http://bit.ly/1SpUW00</u>

## The deadline for sign up has been extended to April 19.

In exchange, you will be involved in tasks such as room monitoring, providing participants with general directions, assisting with audio-visual equipment, and other logistical tasks as needed. Complete information on Symposium can be found at www.bcrpa.bc.ca/symposium-2016

**Call out to Whistler, Squamish and Pemberton area Fitness Leaders:** Come out and show your skills at Symposium 2016 at the Fairmont Chateau Whistler on Friday, April 29 and Thursday, April 28. **Lead a class** of your choice (possibly outdoors) on April 29 from 7:30 to 8:30 am and offer a 10 minute sampler class to delegates on April 28, between 12:30 -12:45 pm to promote the BCRPA Fitness Registration Program. **Gain exposure, network and earn a CEC!** Contact <u>Emmie Li</u> for more information.

## BCFit<sup>®</sup> '16 - Save the Date



Save the date for BCFit<sup>®</sup> '16 - September 10, 2016 at Fortius Sport & Health and Fred Randall Pool in Burnaby.

Look for program information and registration details coming soon. We are really excited about some new innovative program options and our beautiful new location.



## FitLifeBC - Call for Submissions

Interested in sharing your passion for fitness to your colleagues across BC? Contact the <u>editor</u> with your article idea and you could have your program, expertise and tips profiled.

Did you miss the latest issue of <u>FitLlfeBC</u>? Past issues are always available as a member benefit on the <u>website</u>. Don't forget to <u>complete the</u> <u>Winter 2016 Quiz</u> and earn one free CEC. The Quiz deadline is April 30 and CECs will be credited on May 15.

*Healthy communities through recreation, parks, physical activity and culture.* 

Stay connected through:



BC Recreation & Parks Association, 301-470 Granville Street, Vancouver, British Columbia V6C 1V5 Canada

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