



BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation,
parks, physical activity and culture

September 16, 2016

Bulletin Contents

[Thank you!](#)

[Congrats Fitness Leadership Award Recipients!](#)

[BCFit Evaluation & Prize Draw](#)

[CECs](#)

[BCFit Evaluations & Prize Draw](#)

[Session Handouts Online](#)

[Write a FitLifeBC Article](#)

[Thank You Sponsors](#)

[Thank You Volunteers](#)

Quick Links

[Job postings](#)

Sponsors

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Thank you!



Thank You for Helping Make BCFit® '16 a Success!

On behalf of the staff, sponsors, presenters, exhibitors and volunteers, thank you to all the delegates who attended BCFit® '16. The weekend was packed with quality education sessions, professional and social networking with peers and trade show buying opportunities, and of course, The Game! - **all enhanced by your great energy!**

Congrats Fitness Leadership Award Recipients!

We are very pleased to extend warm congratulations to the recipients of the 2016 Fitness Leadership Awards. The [awards](#) were presented during BCFit®'16 on September 10.

Fitness Leader of the Year: **Gillian Goerzen**
Educator of the Year: **Aaron Tews**
Program Manager/Director of the Year: **Sharon Taylor**
Congratulations!!



BCRPA's 2016 Fitness Leadership Award recipients (left to right): Gillian Goerzen, Aaron Tews, Sharon Taylor and BCRPA CEO Rebecca Tunnacliffe

BCFit® '16 Evaluation and Prize Draw

Much of the programming and improvement for BCFit® '16 was implemented based on your feedback after BCFit® '15. Help us make next year's conference even better.

Please complete the **event evaluation** below by midnight, **September 30th** and you will be entered to win a draw prize.

[Complete the delegate survey](#)

CECs

CECs will be added to your profile on The Registry® no later than September 30th. Certificates will not be sent out. 5 CECs will be given for attending the breakout sessions. If you attended the optional sessions and dropped your corresponding CEC tickets with the volunteers at the door, you will receive an additional 1.25 CECs per session, for a possible total of 10 CECs!

Profile Headshots

Profile headshots taken by our wonderful photographer Calvin will be uploaded to your public profile on The Registry®, which will be TURNED ON, per the signed consent and the jpeg file will be emailed out no later than October 15th.

Session Handouts Available Online

If you missed a session or would like a handout from sessions you did attend, check out the [BCFit® '16 handouts online](#). Resources are available from many sessions and more will be added as they come in from presenters.

Write a FitLifeBC Article

Were you inspired by BCFit®? Do you have knowledge, expertise or experiences to share with your peers? Consider submitting an article for an upcoming issue of FitLifeBC. We are always looking for new stories, fresh perspectives and the latest information for publication. **Earn 2 CECs** per article. Contact the editor at communications@bcrpa.bc.ca for more information.

Thanks to our BCFit® '16 Sponsors!

Big thanks to our BCFit® '16 sponsors:

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Thank you for your support!

Platinum BCFit® '16 Sponsor



LadySport/FitFirst returned this year as a BCFit® Platinum Sponsor for the sixth year in a row. We would like to acknowledge and thank **LadySport/ FitFirst** for their continued commitment to the BCRPA and BCFit®

Did you know that as a BCRPA registered fitness leader, you receive a **30% discount** on selected items at [LadySport](#) / [FitFirst](#) all year round? Simply pull up your member profile from [The Registry®](#) on your mobile device at time of purchase to receive your BCRPA discount. Both men and women will find an unmatched selection and great service at LadySport (they cater to men too!) and FitFirst. With over 200 models of shoes ranging from running and tennis to sandals and dress casual, there is something for everyone! Visit LadySport or FitFirst today to find everything you need for your favorite activities and enjoy a level of service that you and your clients can rely on!

Thank You Volunteers!

A heartfelt thank you to all of our hardworking volunteers who arrived early, stayed late, steered everyone in the right direction and simply made BCFit® '16 possible. We really appreciate your time, support, energy and smiles!



Above: Volunteers guiding delegates to their teams for the Exhibitor networking game.

Healthy communities through recreation, parks, physical activity and culture.

BC Recreation & Parks Association, 301-470 Granville Street, Vancouver, British Columbia V6C 1V5 Canada

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