



BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation,
parks, physical activity and culture

October 7, 2016

Congrats BCRPA Fitness Leadership Award Recipients!

We are very pleased to extend warm congratulations to the [recipients of the 2016 BCRPA Fitness Leadership Awards](#) . The awards were presented during BCFit® '16 on September 10.

Educator of the Year: **Aaron Tews**
Fitness Leader of the Year: **Gillian Goerzen**
Program Manager/Director of the Year: **Sharon Taylor**
Congratulations!!



BCRPA's 2016 Fitness Leadership Award recipients (left to right): Gillian Goerzen, Fitness Leader of the Year; Aaron Tews, Educator of the Year; Sharon Taylor, Program Manager/Director of the Year; and BCRPA CEO Rebecca Tunnacliffe

BCFit® '16 was a HUGE success!



Thank you to delegates, presenters, sponsors, exhibitors and volunteers who made the conference a great success. The weekend was packed with quality education sessions, professional and social networking with peers, trade show buying opportunities and some great networking games! What fun we had! Here's what some of you had to say:

"I love this venue"
"The best one yet!"
"I will be back again next year!"

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Delegates punching it all out at Jonathan & Michelle Carpenter's popular 'HIIT It' session.

Suppliers:



Your Fitness Equipment Experts.



'Step Re-Booted' presented by Ryoko Donald brought innovation and fresh ideas to Step teaching techniques.

And the Winner is

Thank you to those who responded to our last survey just prior to BCFit® '16 . The winner of the draw for a pair of shoes sponsored by LadySport is DARLENE CHOO! Congrats Darlene!

If you missed BCFit® '16, we want to hear from you!

We missed you but hope you will come back next year. Even though you didn't attend, your feedback is still very important. It informs our planning for next year's event and ensures BCFit meets your needs. Take a few minutes to complete our survey and provide your feedback. It will help us immensely!

Please complete the survey below by midnight, **October 30th**.

[Complete the non-delegate survey.](#)

Goodbye and Hello

Emmie Li, our Fitness Manager for the past two years, has moved on to new adventures. We want to express our thanks to Emmie for her dedication to building our fitness registration program in BC during her time with us. We wish her all the best in her future endeavours.

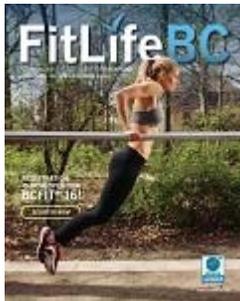
We now welcome **Cathy Paterson**, taking over from Emmie as the new **Physical Activity Programs Manager**. Cathy comes to us with an extensive background in not-for-profit management. She began her career as a Group Fitness Leader in Ontario, moved over to work with ParticipACTION and has recent experience working within the municipal recreation sector in BC.



*Cathy Paterson,
Physical Activity Programs Manager*

Please join us in welcoming Cathy to the BCRPA. She can be reached at: cpaterson@bcrpa.bc.ca.

Write a FitLifeBC Article



Do you have knowledge, expertise or experiences to share with your peers? Consider **submitting an article** for an upcoming issue of FitLifeBC. We are always looking for new stories, fresh perspectives and the latest information for publication. **Earn 2 CECs** per article. For more information, contact the editor at communications@bcrpa.bc.ca.

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