



BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation,
parks, physical activity and culture

Nov. 22, 2016

Hello Fitness Leaders,

This is a reminder that the FREE webinar: "Working with People with Dementia" is happening tomorrow, Nov 23, at 1:30 pm PT.



Presents:

Working with People with Dementia

Join us for this professional development opportunity, presented by the Alzheimer Society of BC and earn one (1) CEC.

Date: November 23, 2016

Time: 1:30 pm (Pacific)

Jan Robson, Provincial Education Coordinator at the Alzheimer Society of BC will provide Fitness Leaders with a webinar workshop to help you understand some of the changes that may be happening to participants in your fitness classes. With the goal of **helping you to help them continue to be active participants**, Jan will provide a brief overview of:

- The difference between dementia and Alzheimer's disease, and how dementia progresses.
- How communication is affected by dementia.
- Effective communication strategies that will help you maintain a connection with the person with dementia.

One CEC will be provided for confirmed attendees.

How to join the Webinar:

1. Phone in Procedure:

Dial in to the following number at the specified date and time:

- **Tel:** 1-866-994-7745
- **Participant passcode:** 1122333

Bulletin Contents

[REMINDER of Dementia Webinar & Details](#)

Quick Links

[Job postings](#)

Stay connected through:



IMPORTANT NOTE: In order to receive your one CEC credit for attending by phone, you **must** send an email to: sferguson@bcrpa.bc.ca containing:

- i) Your name
- ii) Your Fitness leader ID#, and
- iii) The phone number you will be calling from.

2. Click the link to join the webinar at the specified time and date.

<http://momentum.adobeconnect.com/alzheimerbc>

Check yourself in as a "Guest" and add your **full name + Fitness Leader ID#** into the box provided. This will allow us to track you for your one CEC credit.

For audio, use your computer's speakers or a headset, or use the same phone information as above.

View full webinar details here:

www.bcrpa.bc.ca/webinar-working-people-dementia

Healthy communities through recreation, parks, physical activity and culture.

BC Recreation & Parks Association, 301-470 Granville Street, Vancouver, British Columbia V6C 1V5 Canada

SafeUnsubscribe™ {recipient's email}

[Forward email](#) | [Update Profile](#) | [About our service provider](#)

Sent by bcrpa@bcrpa.bc.ca