



BC RECREATION & PARKS ASSOCIATION

## FITNESS NEWS BULLETIN

Healthy communities through recreation,  
parks, physical activity and culture

Nov. 17, 2016

Hello Fitness Leaders,

**Please note some important changes to the Dementia Webinar registration procedure.**

### Phone in Procedure:

The call-in phone number provided in the last Fitness News Bulletin for the Nov. 23rd, 1:30 pm dementia webinar was incorrect. If you wish to telephone into the webinar, dial:

**1-866-994-7745**

Participant passcode remains unchanged: 1122333

**IMPORTANT NOTE:** In order to receive your one (1) CEC credit for attending by phone, you **must** send an email to: [sferguson@bcrpa.bc.ca](mailto:sferguson@bcrpa.bc.ca) containing:

- i) Your name
- ii) Your Fitness leader ID#, and
- iii) The phone number you will be calling from.

### Computer Sign In Procedure:

If you choose to participate online through your computer, click the link below. Check yourself in as a "Guest" and add **your full name + Fitness Leader ID#** into the box provided. This will allow us to track you for your one CEC credit.

<http://momentum.adobeconnect.com/alzheimerbc>

### About the Webinar:

***"Working with People with Dementia"***

**Date: November 23, 2016**

**Time: 1:30 pm (Pacific)**

Jan Robson, Provincial Education Coordinator at the Alzheimer Society of BC will provide Fitness Leaders with a webinar workshop to help you understand some of the changes that may be happening to participants in your fitness classes. With the goal of **helping you to help them continue to be active participants**, Jan will provide a brief overview of:

### **Bulletin Contents**

[Changes to the Dementia Webinar registration procedures](#)

### **Quick Links**

[Job postings](#)

Stay connected through:



- The difference between dementia and Alzheimer's disease, and how dementia progresses.
- How communication is affected by dementia.
- Effective communication strategies that will help you maintain a connection with the person with dementia.

**One CEC** will be provided for confirmed attendees.

*Healthy communities through recreation, parks, physical activity and culture.*

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