

BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation, parks, physical activity and culture

July 6, 2016

BCRPA Fitness Leadership Awards Nominations Deadline Extended

The 2016 Fitness Leadership Awards are our way of publicly recognizing your outstanding contributions to fitness leadership in the community - motivating and influencing fellow leaders and helping British Columbians commit to a lifetime of healthy active living.

Award categories include:

- Fitness Leader of the Year
- Program Director/Manager of the Year
- Educator of the Year

If you know of a BCRPA registered Fitness Leader (including yourself!) who deserves to be recognized for their contributions to the fitness industry, we want to hear about it!

Nominations will now be accepted until July 15, 2016.

For more information and nomination forms, visit the <u>Fitness Leadership</u> <u>Awards Information webpage</u>

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Registration is now open for BC's premier conference for fitness professionals



Join us for BCFit®'16 on **Saturday, September 10** at Fortius Sport & Health and, Fred Randall Pool in Burnaby.

Check out the exciting educational and professional development lineup detailed in the <u>Program Guide</u> and register before the **early bird deadline of July 31, 2016**, with greater savings for BCRPA Registered Fitness Leaders!

Earn up to **ten (10) CECs for attending the main conference**. Extra CECs can also be attained for attending the pre- and post-conference sessions. In one weekend you could accumulate up to 20 CECs - your entire renewal CECs in one weekend!



BCFit®'16 highlights!

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Instructor Showcase

This year at BCFit we want to showcase the talent, energy, and enthusiasm of our BCRPA fitness leaders.

This will be your opportunity to showcase yourself, or someone you admire, to your fitness leader community!

We'll be creating a video montage that will highlight the amazing BCRPA fitness leaders that work all across BC. Get fresh ideas, watch other Fitness Leaders in action and get inspired by those who inspire our communities!

Submission details will be sent out shortly. In the meantime round up any photos and video clips you have (30 seconds-2 minutes) of our leaders in action. They must be of a CURRENTLY registered BCRPA Fitness Leader teaching a class in your community.

Instructions and deadline to follow - stay tuned!

Get a FREE Headshot Photograph

Are you in need of a profile picture? Is your social media profile hamstrung by a shoddy selfie? Do you scramble when asked to provide a high resolution digital photograph? Come to the BCRPA table at the BCFit®'16 Trade Show and we can help.

All BCFit®'16 delegates can get a headshot by a skilled photographer free of charge. We will upload it directly onto your public profile on The Registry® of Fitness Professionals and you can then use it on your social media platforms and websites.

Group ICE Workshops

BCRPA is offering the following Group ICE Workshops as pre- and postconference opportunities:

Group Fitness	Friday Sept 9th, 2016
Time	6:00pm to 9:00pm
Location	North Delta Recreation Centre 11415 84 Ave, Delta
Facilitator	Jaimee Stokes, SFL
Fee	\$60.00 per person
Registration Deadline	Aug 31st, 2016

Weight Training/Personal Training Sunday, Sept 11th, 2016

Registration Deadline	Sept. 1st, 2016
Fee	\$60.00 per person
Facilitator	Aaron Tews, TFL
Location	Kinesiologists.ca - Cloverdale Studio Unit 103 - 17665 66A Ave, Surrey
Time	10:00am to 1:00pm

These workshops are a pre-requisite for Supervisor/Trainer of Fitness Leaders applicants and each worth three (3) BCRPA renewal credits. Ice Workshops Registration: contact <u>sferguson@bcrpa.bc.ca</u>.

Volunteer Opportunities at BCFit®'16

Volunteering at this once-a-year event is a great way to earn CECs and network with delegates and presenters. As a non-profit organization, we rely on volunteers and their time and effort is a big reason for the conference's success. Duties range from:

- registration,
- directing delegates and presenters to the right rooms,
- monitoring session (free learning!), and
- transporting items.

Testimonial: "I highly recommend volunteering at the next BCFit conference - it is a very rewarding experience!" Lori Gregory

Contact volunteer@bcrpa.bc.ca for more information.

Healthy communities through recreation, parks, physical activity and culture.

BC Recreation & Parks Association, 301-470 Granville Street, Vancouver, British Columbia V6C 1V5 Canada

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