

**BC RECREATION & PARKS ASSOCIATION** 

## FITNESS NEWS BULLETIN

Healthy communities through recreation, parks, physical activity and culture

#### June 22, 2017

# 2017 Fitness Leadership Awards - Deadline Extended to June 30th!



Do you know a BCRPA registered fitness leader in your community who is making **outstanding** contributions to our industry?

Somebody who **inspires**, **informs** and actively **models** promotion of active and healthy lifestyles?

Are we talking about someone you know? Are we talking about you? This is your chance to tell us!

We are looking for amazing leaders who fit the following award categories:

- Fitness Leader of the Year
- Program Director/Manager of the Year
- Educator of the Year

Add yourself and/or your favourite leader to the stellar list of **former Fitness Leadership Award recipients:** Gillian Goerzen, Aaron Tews, Sharon Taylor, Tina Grant, Chrissy Duncan, Kate Lee, Nadia Malek, Brenda Adams, Kim Magnan, Chad Benson, Jaimee Stokes Nelson, the list goes on.

If you know of a BCRPA registered Fitness Leader (including yourself!) who deserves to be recognized for their contributions to the fitness industry, let us know!

## Nominating is easy - fill in the one-page nomination form to get started!

Send your nominations in **by Friday**, **June 30**, **2017 4:00pm** for the 2017 Fitness Leadership Awards! Deadline has been extended to the end of this month.

#### **Bulletin Contents**

Fitness Leadership Awards - Deadline Extended

BCFit '17 Register Now!

<u>Choose to</u> <u>Move/ActivAge</u> <u>Coordinator Position</u>

Write for FitLIfeBC

#### **Quick Links**

Job postings

#### Stay connected:





Membership Benefits





LadySport and FitFirst host an instructor <u>discount</u> program for all eligible BCRPA instructors.

Check out <u>our list</u> of over 25 more companies across BC offering discounts from 10 - 50% for registered BCRPA fitness leaders.







### **Registration is open!**

Keep up to date and learn the latest trends and best practices.

BCFit'17 features include:

- 24 active & lecture sessions to choose from
- Workshops in Spin, Aquatics, PT, TRX,
- YogaKids, Older Adult, and more!
- 6 intensive pre-and post-conference workshops

Earn up to 16 CECs in one weekend. Extra CECs can also be attained for attending the pre- and post-conference sessions.

#### **REGISTER BY JULY 9 FOR THE GREATEST SAVINGS!**



Check out the <u>full program guide</u> for details on all sessions and special events.



## Choose to Move/ActivAge<sup>™</sup> Coordinator Position Application Deadline this Friday!



The BCRPA is seeking a Provincial Coordinator to implement the next phase of the pilot research project for the Choose to Move / ActivAge<sup>™</sup> program. This is a three year full time contract position.

The successful candidate will be responsible for managing the delivery the program province-wide. The Coordinator oversees a wide network of BCRPA registered fitness leaders and activity coaches, recruits participants, and liaises with staff in recreation centres and other sites throughout BC to establish the delivery of the program.

#### The deadline for applications is June 23, 2016, 4:00pm.

To view job posting, click here.

## Write an article for the next FitLifeBC issue

Do you teach an innovative class using a **floating fitness mat, a mini trampoline, drumming sticks or Bollywood** music and want to share your best practices with your peers?

We've created an easy to complete new template format to help you translate what you do into words. You could be the **next fitness leader featured** in *FitLifeBC*! Published articles earn 2 CECs.

For more information, or if you have a unique article idea you would like to pitch, contact <u>communications@bcrpa.bc.ca</u>.

Look for the Spring/Summer edition of *FitLifeBC* coming to your inbox soon!

BCRPA: Enriching the lives of people and communities through the power of recreation and parks.

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