



BC RECREATION & PARKS ASSOCIATION

FITNESS NEWS BULLETIN

Healthy communities through recreation,
parks, physical activity and culture

April 19, 2017

Become a T/SFL: ICE Workshops Registration Deadline tomorrow!

CATEGORY	WEIGHT TRAINING & PERSONAL TRAINING	GROUP
DATE	Friday, April 28, 2017	Saturday, April 29, 2017
TIME	5 to 8 pm	12 noon to 3 pm
CONDUCTOR	Ryan Cook, TFL	Kim Bond, TFL
REGISTRATION DEADLINE	Thursday, April 20, 2017	Thursday, April 20, 2017
LOCATION	BCRPA Office #301 - 470 Granville St. Vancouver, BC V6C 1V5	Timms Community Centre 20399 Douglas Cres. Langley, BC V3A 4B3
REGISTRATION FORM	Register Now	Register Now

For more information on TFL/SFL ICE workshops, click [here](#).

These workshop are a requirement for SFL and TFL applications. Note this workshop is **not intended** to be an overview of the different application requirements - it is to teach you how to go through the process of evaluating an ICE package.

For more information on becoming a Supervisor or Trainer of Fitness Leaders, see the following [link](#).

Jam Packed BCFit® '17 Conference Program Coming Your Way!



Be Inspired.
Be Informed.
Be Connected!

September 16, 2017
Delbrook Community Centre

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BCRPA Online Collaboration Site



North Vancouver

Thank you to everyone who submitted an application for presenting at BCFit® '17. We were thrilled with the volume and quality of applications. The BCFit Planning Committee has carefully reviewed the submissions and is creating a powerful weekend of inspiring, informing and connecting.

Program details and conference registration information coming soon.

Call out for BCFit® '17 Exhibitors and Sponsors

Are you a successful business owner and interested in marketing directly to hundreds of enthusiastic fitness leaders from across the province? If you have a product to sell, a business opportunity to share, or you are looking to expand your enterprise, consider having an exhibitor booth at this year's conference.

Sponsoring this prestigious event is another way to market your brand, create a buzz about a new launch or align your company's marketing strategy with the BCFit conference.

For information and inquiries contact [Stephanie Androsoff](#).

Choose to Move and ActivAge™ Are BACK!

BCRPA is excited to announce that [Choose to Move and ActivAge™](#) have received funding for a **4th pilot program cycle!** These two programs designed specifically for adults 65 years and older, delivered in partnership with the Centre for Hip Health and Mobility.

Since implementation in January 2016, this pilot program has been led by 57 specially trained BCRPA Registered Fitness Leaders who have reached over 300 participants across 40 communities around the province.

A special shout out of thanks to all our registered fitness leaders who are changing lives with the Choose To Move™ / ActivAge program!

For more information **contact** the Provincial Coordinator for Choose to Move and ActivAge™ by email to [Stephanie Androsoff](#) or by telephone at (604) 629-0965 ext 222.

Openings on the BCRPA Fitness Advisory Committee (FAC)

Do you have an interest in supporting BCRPA and its Fitness Leaders in BC?

The FAC is seeking nominations for membership. The Committee serves to provide recommendations, professional advice, information and support to the BCRPA on matters relating to the development, promotion and advocacy efforts of the BCRPA Fitness Registration Program and the

National Fitness Leadership Alliance (NFLA) national standard in BC.
Contact [Cathy Paterson](#) for more information.

Welcome Ginny Dunnill - our new Physical Activity Programs Assistant

Beginning April 24th, Ginny will take Sara Ferguson's maternity leave bringing strong credentials as a dedicated BCRPA registered fitness leader with experience working for Steve Nash Fitness Clubs and lululemon athletica. Her energy and enthusiasm is contagious! Ginny can be reached at: gdunnill@bcrpa.bc.ca



BCRPA: Enriching the lives of people and communities through the power of recreation and parks.

BC Recreation & Parks Association, 301-470 Granville Street, Vancouver, British Columbia V6C 1V5 Canada

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