

Blended Learning Courses

Background

The BCRPA is seeing an increase in the number of TFLs who wish to offer a BCRPA approved course using a combination of online/distance education and in-person classes. These are courses where theory components are taught via distance education/online and the practical components are taught in-person.

Having these courses available helps to ensure that leaders from all over the province can access the training that they need.

Policy

Because the practical is in-person, there is no requirement for video assignments. Each chapter/topic that is covered via distance education/online must have a quiz that the student completes which is then marked by the TFL, 80% is required to pass.

The in-person, practical component of the course must be at least 50% of the minimum course time. The rationale for this is that all of these courses could be taught completely online, the combo course exempts the TFL from doing video assignments since there will be a minimum of 50% of the course time dedicated to practical components where the student is receiving feedback from the TFL and their peers.

These are the minimum hours spent on learning/practicing PRACTICAL skills, NOT theory:

- Group fitness = in person must be at least 8 hours
- Weight training = in person must be at least 8 hours
- Aquatic fitness = in person must be at least 8 hours
- Yoga fitness = in person must be at least 17.5 hours
- Personal training = in person must be at least 16 hours

Timeline

These new policy additions will be applied to all NEW blended learning applications that are received, effective immediately. For TFLs who were previously approved to deliver these courses, they will need to submit an outline of their 3 hours of video assignments to the BCRPA Fitness Program Manager **by September 30th, 2014** in order to maintain their course listing on the website.

