

# British Columbia Recreation & Parks Association

#301-470 Granville Street, Vancouver, BC V6C 1V5

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## Fitness Leadership Registration Grand Parent Application

**PLEASE TYPE OR PRINT CLEARLY**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Modules may be grand parented by qualified and experienced applicants who have not completed a specialty module course but have practical experience in teaching in that area. *(If approved, this will satisfy step 6 of the registration process:*

*[http://www.bcrpa.bc.ca/fitness\\_program/registration/fitness\\_specialties/fitness\\_leader.htm](http://www.bcrpa.bc.ca/fitness_program/registration/fitness_specialties/fitness_leader.htm)*)

Applicants must complete the following steps:

- create a profile account on The Fitness Registry® (if you don't already have one)  
[www.thefitnessregistry.com](http://www.thefitnessregistry.com)
- Pass the BCRPA Fitness Theory Exam (\$80 fee, plus \$30 ProctorU service fee)- Passing Grade 80%
- Submit Current CPR and first aid
- Register as Fitness Theory Leader (\$95 insurance fee)
- Submit resume documenting at least 100 hours of on-floor instruction within the past 2 years in each specialty module the applicant wants to be registered in (ie. Group fitness candidates must demonstrate experience teaching a variety of class types)
- Submit a current letter of reference from a manager/supervisor on official company letterhead verifying the 100 hours of on-floor instruction and outlining the applicant's level of competence

Your application will be reviewed and if approved, an email confirming your approval to grand parent will be sent to you. After receiving the approval email, you will need to complete the ICE in your chosen module(s). Please **do not** begin your ICE until you have been approved.  
[http://bcrpa.bc.ca/fitness\\_program/registration/ice.htm](http://bcrpa.bc.ca/fitness_program/registration/ice.htm)

**Please indicate which module(s) you are requesting to grand parent into:**

- Group Fitness
- Aquatic Fitness
- Weight Training
- Yoga Fitness
- Pilates Fitness

Please allow 4-6 weeks for processing.