

BCRPA PRE-APPROVED WORKSHOPS

Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Location	Date	Workshop Title	Contact	Phone	CECs	Website
Virtual Live Fort Langley	Sept 15 & 22 2024	Teaching Safe & Accessible Chair Yoga - Part 1	Grove Yoga School	(604) 836- 0424	8	groveyogaschool.ca
Richmond	29-Sep-24	Advance Strength Training Techniques	Mirela Rotaru	778- 712- 2575	1.5	-
Richmond	29-Sep-24	Pairing for Success	Mirela Rotaru	778- 712- 2574	1.5	-
Vancouver	On request	BCWBS Wheel Workshop	BC Wheelchair Basketball Society	604- 787- 2822	3	https://www.bcwbs.ca/
Vancouver	Sept. 21/22 2024	Shallow Deep H2O Instructor Certification	Judy Bjornson	(416) 621- 0821	16	WaterART
Virtual Live	26-Oct-24	Why People Hate Exercising - The Psychology, Everyone Needs to Know	We Mean Fitness, Inc.- Mike Kelly	(613) 830- 1300	8	BCRPA members get 20% when entering the discount code word "earlybird" at time of registration https://wemeanfitness.com/services/certification-and-courses/
Virtual -Live Fort Langley	Oct 20 and 27 2024	Teaching Safe & Accessible Chair Yoga - Part 2	Grove Yoga School	(604) 836- 0424	1.5	www.groveyogaschool.ca
Virtual Live Fort Langley	Sept 15 & 22 2024	Teaching Safe & Accessible Chair Yoga - Part 1	Grove Yoga School	(604) 836- 0424	8	groveyogaschool.ca

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