



FUNCTIONAL TRAINING RIGS

2017 RIGS CATALOG

Incorporating a functional training space is essential for facilities. With Olympic lifting, body weight movement, calisthenics group classes, and personal training, you are investing in your members and trainers. Now you can retain your existing members with a new fitness medium while attracting first-time members with popular dynamic training options. Dynamic Functional Training Rigs offer a variety of designs to fit your facility and member needs.

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4' PERSONAL MONKEY BAR RIG

Designed for your facility's strength floor, our 4' Personal Monkey Bar Rig creates a variety of training opportunities. Members can enjoy individual training with monkey bars, dip station, squat rack, suspension trainer and landmine. Add Olympic bars and plates to attract your hardcore members. Convenient plate storage pegs keep the unit safe and clutter-free. Supports 4-5 people simultaneously.



**Suspension trainers are optional as shown, and not included in price.*

T-4CR003

STANDARD FEATURES

FRAME

- (4) 9' UPRIGHTS
- (2) XD SINGLE BARS 4'
- (3) SINGLE MONKEY BARS 4'
- (2) SINGLE BARS 4'
- (4) HEX ANCHOR BOLT KITS (4 ea.)

- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 7' L x 4' D x 9' H
- Floor Area: 16' L x 6' D

ATTACHMENTS

- (1) PAIR TAKE OFF J-CUPS
- (1) PAIR SAFETY ARMS
- (1) DIP STATION
- (1) LANDMINE
- (2) SINGLE BAR FRAME STORAGE
- (6) PLATE STORAGE PEGS

T-4CR003-A

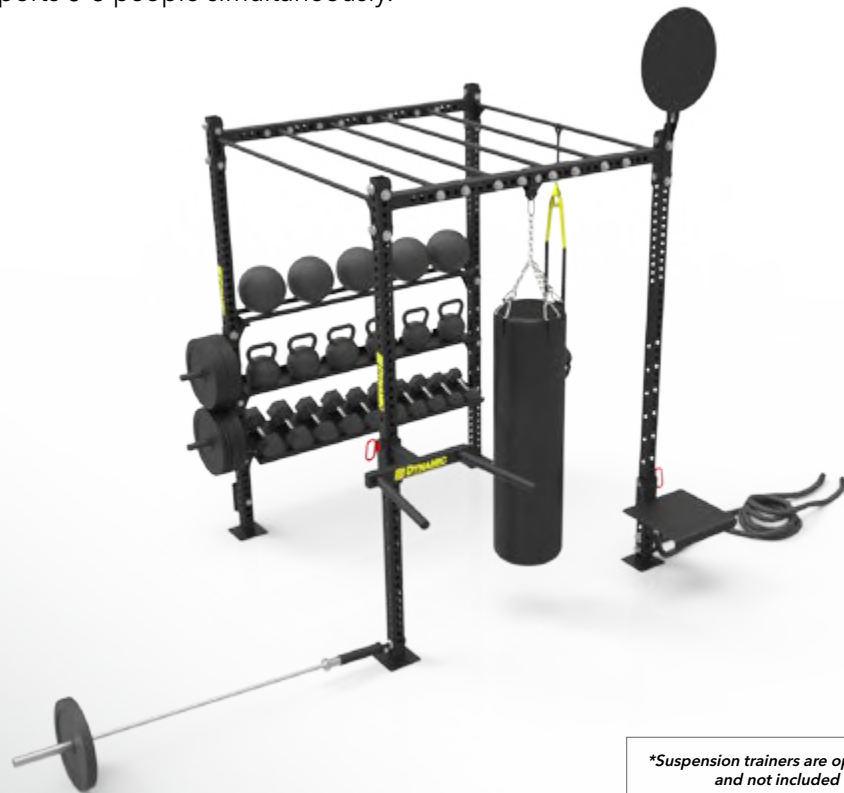
ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (2) DYNAMIC MEN'S OLYMPIC BARS
- (1) PAIR SPRING COLLARS
- (8) 45 LB BUMPER PLATES
- (8) 25 LB BUMPER PLATES
- (8) 10 LB BUMPER PLATES

6' MONKEY BAR RIG

Designed for your facility's strength floor, our 6' Monkey Bar Rig offers a variety of training stations. Members can enjoy individual training with monkey bars, dip station, landmine, ball target, plyo step, optional Olympic bar and plates, suspension trainer, heavy bag and battle rope. The simple, clean storage area keeps your facility looking its best. Supports 6-8 people simultaneously.



**Suspension trainers are optional as shown, and not included in price.*

T-6CR001

STANDARD FEATURES

FRAME

- (4) UPRIGHTS 9'
- (2) SINGLE BARS 6'
- (2) XD SINGLE BARS 6'
- (4) SINGLE MONKEY BARS 6'
- (4) HEX ANCHOR BOLT KITS (4 EA.)

- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 7' L x 8' D x 11'3" H
- Floor Area: 30' L x 8' D

ATTACHMENTS

- (1) DIP STATION
- (1) LANDMINE
- (1) 22" BALL TARGET W/LOGO
- (1) D-HANDLE
- (1) PLYO STEP
- (1) SINGLE BAR FRAME STORAGE
- (1) DUMBBELL STORAGE TRAY
- (1) KETTLE BELL STORAGE TRAY
- (1) BALL STORAGE TRAY
- (1) SHACKLE W/ CARABINER
- (2) PLATE STORAGE PEGS

T-6CR001-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (1) DYNAMIC MEN'S OLYMPIC BAR
- (2) 45 LB BUMPER PLATES
- (2) 25 LB BUMPER PLATES
- (2) 10 LB BUMPER PLATES
- (1) 9 LB KETTLE BELL
- (1) 13 LB KETTLE BELL
- (1) 18 LB KETTLE BELL
- (1) 26 LB KETTLE BELL
- (1) 35 LB KETTLE BELL
- (1) 44 LB KETTLE BELL
- (1) 30' X 1.5" BATTLE ROPE
- (1) 6 LB WALL BALL
- (1) 10 LB WALL BALL
- (1) 14 LB WALL BALL
- (1) 18 LB WALL BALL
- (1) 25 LB WALL BALL
- (2) 5 LB HEX DUMBBELL
- (2) 10 LB HEX DUMBBELL
- (2) 15 LB HEX DUMBBELL
- (2) 20 LB HEX DUMBBELL
- (2) 25 LB HEX DUMBBELL
- (2) 30 LB HEX DUMBBELL
- (2) 35 LB HEX DUMBBELL
- (1) HEAVY BAG

14' MONKEY BAR RIG

Build excitement in your facility when you develop functional training group classes using the 14' Monkey Bar Rig. Your members will go crazy over the variety of movements possible! Support 8-10 people simultaneously with dip station, squat rack, monkey bars, landmine, ball target, plyo step, battle rope, chin-up bar, pull-up bar, optional Olympic bars and plates, suspension trainers and so much more. Optional rolling plate storage keeps the area safe and clutter-free.



**Suspension trainers are optional as shown, and not included in price.*

T-14CR002

STANDARD FEATURES

FRAME

- (8) 9' UPRIGHTS
- (4) SINGLE BARS 6'
- (2) XD DOUBLES 6'
- (4) XD DOUBLE BARS 4'
- (11) SINGLE MONKEY BARS 6'
- (8) HEX ANCHOR BOLT KITS (4 EA.)
- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 16' L x 8' D x 11'3"H
- Floor Area: 16' L x 24' D

ATTACHMENTS

- (2) PAIR TAKE OFF J-CUPS
- (2) PAIR SAFETY ARMS
- (1) DIP STATION
- (1) LANDMINE
- (1) 22" BALL TARGET W/ LOGO
- (1) D-HANDLE
- (1) PLYO STEP
- (1) SINGLE BAR FRAME STORAGE

T-14CR002-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (3) DYNAMIC MEN'S OLYMPIC BARS
- (4) SPRING COLLARS
- (8) 45LB BUMPER PLATES
- (6) 25LB BUMPER PLATES
- (6) 10LB BUMPER PLATES
- (1) 30' X 1.5" BATTLE ROPE
- (2) ROLLING PLATE STORAGE

20' INCLINE MONKEY BAR RIG

Train up to 18 people at the same time with the large 20' Monkey Bar Rig. Our limitless fitness, strength, and cross-functional stations keep your members coming back for more. Design your facility's space to fit your needs with the dip station, squat racks, monkey bar bridges, landmines, ball target, plyo steps, battle ropes, glute/ham developer, optional Olympic bars and plates, suspension trainers, and so much more! And the impressive storage area keeps your facility clean, safe, and clutter-free. Supports 16-18 people simultaneously.



**Suspension trainers are optional as shown, and not included in price.*

T-20CR002

STANDARD FEATURES

FRAME

- (6) 9' UPRIGHTS
 - (4) 12' UPRIGHTS
 - (5) SINGLE BARS 6'
 - (4) XD DOUBLE BARS 6'
 - (1) DOUBLE BAR 6'
 - (18) SINGLE MONKEY BARS 6'
 - (4) XD INCLINES 4'
 - (10) HEX ANCHOR BOLT KITS (4 EA.)
 - (4) SINGLE PULL UP BARS 4'
- 11 Ga 3"x3" Tubular Steel Frame
 - 1" Grade 5 Hardware
 - Dimensions: 24' L x 10' D x 12' H
 - Floor Area: 38' L x 10' D

ATTACHMENTS

- (1) DIP STATION
- (1) LANDMINE
- (1) 22" BALL TARGET W/ LOGO
- (2) PAIR TAKE OFF J-CUPS
- (2) D-HANDLE
- (2) PAIRS SAFETY ARMS
- (2) PLYO STEPS
- (1) DUMBBELL STORAGE TRAY
- (1) KETTLE BELL STORAGE TRAY
- (1) BALL STORAGE TRAY
- (1) PLATE STORAGE TRAY
- (1) SINGLE PAD GLUTE HAM
- (1) SINGLE BAR FRAME STORAGE

T-20CR002-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (3) DYNAMIC MEN'S OLYMPIC BARS
- (2) PAIRS SPRING COLLARS
- (6) 45 LB BUMPER PLATES
- (4) 25 LB BUMPER PLATES
- (4) 10 LB BUMPER PLATES
- (1) 9 LB KETTLE BELL
- (1) 13 LB KETTLE BELL
- (1) 18 LB KETTLE BELL
- (1) 26 LB KETTLE BELL
- (1) 35 LB KETTLE BELL
- (1) 44 LB KETTLE BELL
- (2) 30' X 1.5" BATTLE ROPES
- (1) 6 LB WALL BALL
- (1) 10 LB WALL BALL
- (1) 14 LB WALL BALL
- (1) 18 LB WALL BALL
- (1) 25 LB WALL BALL
- (2) 5 LB HEX DUMBBELL
- (2) 10 LB HEX DUMBBELL
- (2) 15 LB HEX DUMBBELL
- (2) 20 LB HEX DUMBBELL
- (2) 25 LB HEX DUMBBELL
- (2) 30 LB HEX DUMBBELL
- (2) 35 LB HEX DUMBBELL

10' STANDARD RIG

Build excitement in your facility when you develop functional training group classes using the 10' Standard Rig. Your members will go crazy over the variety of movements! Support 8-10 people simultaneously with the dip station, squat rack, landmine, plyo step, battle rope, optional Olympic bar and plates, suspension trainers and so much more. Optional rolling plate storage keeps the area clutter-free.



**Suspension trainers are optional as shown, and not included in price.*

T-CR-10W6D

STANDARD FEATURES

FRAME

- (2) 4' SINGLE BARS
- (2) 6' SINGLE BARS
- (3) 6' DOUBLE BARS
- (6) 9' UPRIGHTS
- (6) HEX ANCHOR BOLT KITS (4 EA.)
- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 14' L x 9' D x 9' H
- Floor Area: 34' L x 9' D

ATTACHMENTS

- (1) TAKE OFF J-CUPS
- (1) PAIR SAFETY ARMS
- (1) D-HANDLE
- (1) LANDMINE
- (1) DIP STATION
- (1) PLYO STEP
- (1) SINGLE BAR FRAME STORAGE
- (1) PLATE STORAGE PEG

T-CR-10W6D-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (2) DYNAMIC MEN'S OLYMPIC BARS
- (1) PAIR SPRING COLLARS
- (8) 45 LB BUMPER PLATES
- (4) 25 LB BUMPER PLATES
- (4) 10 LB BUMPER PLATES
- (1) ROLLING PLATE STORAGE
- (1) 30' X 1.5" BATTLE ROPE

14' STANDARD RIG

Build excitement in your facility when you develop functional training group classes using the 14' Standard Rig. Your members will go crazy over the variety of movements! Support 10-12 people simultaneously with the optional Olympic bars and plates, dip station, squat rack, landmine, plyo step, battle rope, and so much more. Optional rolling plate storage keeps the area safe and clutter-free.



**Suspension trainers are optional as shown, and not included in price.*

T-CR-14W6D

STANDARD FEATURES

FRAME

- (4) 4' SINGLE BARS
- (2) 6' SINGLE BARS
- (4) 6' DOUBLE BARS
- (8) 9' UPRIGHTS
- (8) HEX ANCHOR BOLT KITS (4 EA.)
- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 16' L x 10' D x 9' H
- Floor Area: 16' L x 25' D

ATTACHMENTS

- (2) PAIRS TAKE OFF J-CUPS
- (2) PAIRS SAFETY ARMS
- (2) D-HANDLES
- (1) LANDMINE
- (1) DIP STATION
- (1) PLYO STEP
- (1) SINGLE BAR FRAME STORAGE

T-CR-14W6D-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (3) DYNAMIC MEN'S OLYMPIC BARS
- (2) PAIRS SPRING COLLARS
- (8) 45 LB BUMPER PLATES
- (8) 25 LB BUMPER PLATES
- (8) 10 LB BUMPER PLATES
- (2) 30' X 1.5" BATTLE ROPES
- (2) ROLLING PLATE STORAGE

24' STANDARD RIG

Train up to 16 people at the same time with the large 24' Standard Rig. Our limitless fitness, strength, and cross-functional stations keep your members coming back for more! Design your facility's space to fit your needs with dip stations, squat racks, landmines, plyo steps, battle ropes, optional Olympic bars and plates, suspension trainers and so much more. The optional rolling plate storage keeps your facility safe and clutter-free. Supports 14-16 people simultaneously.



**Suspension trainers are optional as shown, and not included in price.*

T-CR-24W6D

STANDARD FEATURES

FRAME

- (12) 9' UPRIGHTS
- (6) 4' SINGLE BARS
- (4) 6' SINGLE BARS
- (6) 6' DOUBLE BARS
- (12) HEX ANCHOR BOLT KITS (4 EA.)
- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 24' L x 10' D x 9' H
- Floor Area: 32' L x 23' D

ATTACHMENTS

- (3) PAIRS TAKE OFF J-CUPS
- (3) PAIRS SAFETY ARMS
- (2) D-HANDLES
- (2) LANDMINES
- (2) DIP STATIONS
- (2) PLYO STEPS
- (2) SINGLE BAR FRAME STORAGE

T-CR-24W6D-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (5) DYNAMIC MEN'S OLYMPIC BARS
- (3) PAIRS SPRING COLLARS
- (10) 45 LB BUMPER PLATES
- (10) 25 LB BUMPER PLATES
- (10) 10 LB BUMPER PLATES
- (2) 30' X 1.5" BATTLE ROPES
- (3) ROLLING PLATE STORAGE

14' PREMIUM "X" RIG

Build excitement in your facility when you develop functional training group classes using the 14' Premium "X" Rig. Your members will go crazy over the variety of movements possible! Support 12-14 people simultaneously with dip station, squat rack, monkey bars, landmine, plyo step, optional Olympic bars and plates, suspension trainers, battle rope, and so much more. And our convenient, safe storage trays keep your facility clutter-free.



**Suspension trainers are optional as shown, and not included in price.*

T-14CR007

STANDARD FEATURES

FRAME

- (12) 9' UPRIGHTS
- (2) 4' DOUBLE BARS
- (4) 6' SINGLE BARS
- (3) 4' XD DOUBLE BARS
- (2) 6' XD DOUBLE BARS
- (4) 4' XD SINGLE BARS
- (11) 6' MONKEY BARS
- (1) 4' TRI BAR
- (12) HEX ANCHOR BOLT KITS (4 EA.)
- 11 Ga 3"x3" Tubular Steel Frame
- 1" Grade 5 Hardware
- Dimensions: 15' L x 18' D x 11'3" H
- Floor Area: 15' L x 33' D

ATTACHMENTS

- (1) PAIR TAKE OFF J-CUPS
- (1) PAIR SAFETY ARMS
- (1) DUMBBELL STORAGE TRAY
- (1) KETTLE BELL STORAGE TRAY
- (1) BALL STORAGE TRAY
- (1) PLATE STORAGE TRAY
- (1) D-HANDLE
- (1) LANDMINE
- (1) DIP STATION
- (1) PLYO STEP
- (1) SINGLE PAD GHD
- (1) FLYING PULL UP
- (1) CHIN UP BAR
- (1) 22" BALL TARGET W/LOGO
- (1) SHACKLE W/CARABINER
- (1) SINGLE BAR FRAME STORAGE
- (2) PULL UP BALLS
- (1) PLATE STORAGE PEG

T-14CR007-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (2) DYNAMIC MEN'S OLYMPIC BARS
- (1) PAIR SPRING COLLARS
- (10) 45 LB BUMPER PLATES
- (4) 25 LB BUMPER PLATES
- (6) 10 LB BUMPER PLATES
- (1) 9 LB KETTLE BELL
- (1) 13 LB KETTLE BELL
- (1) 18 LB KETTLE BELL
- (1) 26 LB KETTLE BELL
- (1) 35 LB KETTLE BELL
- (1) 44 LB KETTLE BELL
- (2) 5 LB HEX DUMBBELLS
- (2) 10 LB HEX DUMBBELLS

- (2) 12.5 LB HEX DUMBBELL
- (2) 15 LB HEX DUMBBELL
- (2) 20 LB HEX DUMBBELL
- (2) 25 LB HEX DUMBBELL
- (2) 30 LB HEX DUMBBELL
- (2) 35 LB HEX DUMBBELL
- (1) 30' X 1.5" BATTLE ROPE
- (1) 6 LB WALL BALL
- (1) 10 LB WALL BALL
- (1) 14 LB WALL BALL
- (1) 18 LB WALL BALL
- (1) 25 LB WALL BALL
- (1) HEAVY BAG

CORNER TRAINING UNIT

Build excitement in your facility when you develop functional training group classes using the Corner Training Unit. Your members will go crazy over the variety of movements possible, and you'll see new revenue come from a previously unused corner! Support 3-5 people simultaneously with the dip station, landmine, ball target, plyo step, chin-up bar, optional Olympic bar and plates, battle rope, suspension trainers and so much more. This creative training unit creates new functional space in your corner areas, while keeping your facility safe and clutter-free.



**Suspension trainers are optional as shown, and not included in price.*

400026

STANDARD FEATURES

FRAME

- (4) 8'4" UPRIGHTS
- (2) XD SINGLES 4'
- (2) XD SINGLE CORNER
- (1) XD SINGLE ANCHOR CORNER
- (1) DOUBLE BAR CORNER XMEMBER
- (4) HEX ANCHOR BOLT KITS (4 EA.)

- 11 Ga 3"x3" Tubular Steel Frame
- 1" Mating Bolts
- Dimensions: 8' L x 8' D x 11'3" H
- Floor Area: 15' L x 8' D

ATTACHMENTS

- (1) DIP STATION
- (1) 22" BALL TARGET W/LOGO
- (1) PLYO STEP
- (1) LANDMINE
- (4) BAND ANCHOR UPRIGHTS
- (2) MINI ATTACHMENTS UPRIGHTS
- (2) BALL STORAGE SHELVES
- (2) KETTLE BELL STORAGE SHELVES
- (2) DUMBBELL STORAGE SHELVES
- (2) ROPE ANCHORS
- (2) SINGLE BAR FRAME STORAGE
- (3) PLATE STORAGE PEGS

400026-A

ACCESSORY UPGRADE PACKAGE

ACCESSORIES

- (1) DYNAMIC MEN'S OLYMPIC BAR
- (1) 9LB KETTLE BELL
- (1) 13LB KETTLE BELL
- (1) 18LB KETTLE BELL
- (1) 26LB KETTLE BELL
- (1) 35LB KETTLE BELL
- (1) 44LB KETTLE BELL
- (1) 30' X 1.5" BATTLE ROPE
- (1) 6LB WALL BALL
- (1) 10LB WALL BALL
- (1) 14LB WALL BALL
- (1) 18LB WALL BALL
- (1) 25LB WALL BALL
- (2) 5 LB HEX DUMBBELLS
- (2) 10 LB HEX DUMBBELLS
- (2) 12.5 LB HEX DUMBBELLS
- (2) 15 LB HEX DUMBBELLS
- (2) 20 LB HEX DUMBBELLS
- (2) 25 LB HEX DUMBBELLS
- (2) 30 LB HEX DUMBBELLS
- (2) 35 LB HEX DUMBBELLS
- (2) 45 LB BUMPER PLATES
- (2) 25 LB BUMPER PLATES
- (2) 10 LB BUMPER PLATES