



## Evaluators – Osteofit, August 2023

\*Please ensure your evaluator has a current registration with BCRPA, by checking in [The Registry](#)<sup>®</sup>

City/Region	First Name	Last Name	Email
Pitt Meadows	Lori	Briggs	<a href="mailto:lobriggs@telus.net">lobriggs@telus.net</a>
Vernon	Kerry	Carlson	<a href="mailto:Kerry.Carlson@interiorhealth.ca">Kerry.Carlson@interiorhealth.ca</a>
Delta	Debbie	Cheong	<a href="mailto:debbie.cheong@cw.bc.ca">debbie.cheong@cw.bc.ca</a>
Delta/Lower Mainland	Monica	Thomson	<a href="mailto:monicat@telus.net">monicat@telus.net</a>
Vancouver	Melanie	Galloway	<a href="mailto:melanie@growingstrong.ca">melanie@growingstrong.ca</a>
Burnaby	Debbie	Jessen	<a href="mailto:djessen@shaw.ca">djessen@shaw.ca</a>
Port Moody	Dee	Nielson	<a href="mailto:dee.nielson@shaw.ca">dee.nielson@shaw.ca</a>
Vancouver	Meghan	O’Connell	<a href="mailto:whatsyourstrength@gmail.com">whatsyourstrength@gmail.com</a>
Port Coquitlam	Marise	Okruhlica	<a href="mailto:marise.o@telus.net">marise.o@telus.net</a>
Chilliwack	Carolyn	Pinsent	<a href="mailto:roypinsent@telus.net">roypinsent@telus.net</a>
Vancouver	Elizabeth	Roy	<a href="mailto:royelizabeth850@gmail.com">royelizabeth850@gmail.com</a>
Ontario	Heather	Stanton	<a href="mailto:heathercstanton60@gmail.com">heathercstanton60@gmail.com</a>

ICE packages are available from the Osteofit website [www.osteofit.org](http://www.osteofit.org) and posted on BCRPA’s website <https://www.bcrpa.bc.ca/fitness/become-osteofit/#Step3>

You are responsible for providing completed forms to your Evaluator and to ensure CPR and First Aid certifications are current. Keep copies of your forms safe and accessible as they may be required to verify status.

**Send copy of your completed ICE forms directly to Osteofit, attention: Debbie Cheong.** Scan and email to: [debbie.cheong@cw.bc.ca](mailto:debbie.cheong@cw.bc.ca)

Or mail to:

Osteofit, Mailbox 103, E216 - BC Women’s Health Centre, 4500 Oak Street, Vancouver, V6H 3N1

Your Evaluator will advise BCRPA of your successful ICE.

Only the **renewal** ICE qualifies for 1.5 CECs. Upload the completed ICE form to the BCRPA Registry under *Pre-Approved CEC*.

The **‘Date’** is the date of your ICE. Enter 1.5 under **‘Hours’** and the name of your ICE Evaluator will be the **‘Presenter’**. Contact BCRPA directly for more information.

The Osteofit ICE is valid for 3 years and must be renewed to maintain your registration and your liability insurance. **Be sure to record the expiry date of your ICE.** If your ICE expires, your liability insurance to lead Osteofit programs will be void.