

BCRPA – APPROVED COURSES

Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start Date	Contact	Phone	Website
Aquatic Fitness				
Online	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Fitness Theory				
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	http://kinesiologists.ca/
Cloverdale/Langley	25-Jun-21	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-classroom-course-schedule/
New Westminister	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Online	Ongoing	Aaron Tews	604.372.3233	www.kinesiologists.ca
Online	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Online	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Vancouver	12-Jul-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver (in Mandarin Language)	3-Jul-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Jul-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca

Vancouver	11-Sep-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	18-Oct-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	30-Oct-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Group Fitness				
Online	Ongoing	Body Blueprint	778.433.8884	http://bodyblueprint.com/group-fitness/
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey/Cloverdale/Langley	17-Jul-21	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-classroom-course-schedule/
Vancouver	16-Jul-21	INFOFIT Educators	6046830785	www.infofit.ca
Vancouver	29-Oct-21	INFOFIT Educators	6046830785	www.infofit.ca
Victoria	27-Feb-21	Body Blueprint	778-433-8884	https://www.bodyblueprint.com/collections/group-aqua-in-class/products/group-fitness-course-in-class-victoria
Older Adult				
Online	Ongoing	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/
Online	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Melanie Galloway	604.732.9295	www.growingstrong.ca
Surrey/Cloverdale/Langley	17-Jul-21	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-classroom-course-schedule/
Osteofit				
Lower Mainland	Check website	Debbie Cheong	604-875- 2555	http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors
Personal Training				
New Westminister	Ongoing	Douglas College	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Online	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Online	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca

Surrey/Cloverdale/Langley	13-Aug-21	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-classroom-course-schedule/
Vancouver	3-Jul-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	14-Jul-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	14-Aug-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	21-Aug-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	13-Sep-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	6-Oct-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	6-Oct-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	16-Oct-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	27-Nov-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Pilates				
Online	Ongoing	Emmie Li	604.862.0999	http://bit.ly/2kJmQfz
Online	20-Jul-21	Lela Dawson	604.318.3326	www.LelaDPilates.com
Weight Training				
New Westminster	Ongoing	Douglas College	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Online	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Online	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Online	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca

Surrey/Cloverdale/Langley	10-Jul-21	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-classroom-course-schedule/
Vancouver	19-Jun-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	24-Jul-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	10-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	15-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	8-Sep-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	25-Sep-21	INFOFIT Educators	604.683.0784	www.infofit.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Yoga Fitness				
Online	7-Aug-21	Stacey Buss	604-836-0424	www.groveyogaschool.ca