NEW CASCADE TOTAL CLIMBER

Burns More Calories

The new Cascade Total Climber (TC) offers an exceptional time efficient, low impact workout. Great for high intensity cardio training, the Cascade TC is also effective for injury rehabilitation – as there is no stress or pounding on the joints. Climbing against gravity also burns more calories than any other exercise. Smooth and easy to use, users climb at their own pace with an upper body movement that creates total body exercise.

KEY FEATURES



Quick adjust handles with 3 hand positions to choose from.



Easy to use console with 6 program options displays time, steps, step height, cadence, and distance. Bluetooth



CASCADE RECUMBENT EXERCISE BIKE

Great For Rehab

The Cascade Recumbent Exercise Bike is a fixed gear design that gives you a more comfortable and realistic pedal stroke with 16 levels of smooth magnetic resistance. Smooth, quiet bi-directional resistance lets you pedal forward and backwards throughout the whole 360-degree pedal stroke for a more effective workout.



CONTACT US

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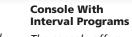
NEW PATHS IN FITNESS





Unlimited Air

Resistance



The durable dual The console offers steel fan blades interval programs handle the most for high intensity workouts and intense workout. displays time, distance, calories, rpm, watts, H/R and



The 4 way adjustable seat allows for a quick and easy personalized fit.











The commercial grade design is built to last.









CASCADE ROWER

Quiet Smooth Magnetic Performance

A great value and oh so smooth to use, the new Cascade Rower has 8 levels of guiet magnetic resistance with a simple turn of the dial. Motivating workout programs include custom interval training, with a Quick Start option. Sleek with a smart design, the Cascade Rower includes HR Monitor/Strap and 5" riser block and rolls easily with a standup option for storage.



CASCADE ROWER - KEY PRODUCT FEATURES

CASCIDE

NEW CASCADE AIR ROWER MAG

More Workout Options

Our new Cascade Unlimited Air Rower Mag combines all the features of our original magnetic rower with the added benefit of progressive air resistance. Easy to read console offers 8 exercise programs with 16 levels of magnetic resistance and heart rate tracking with a swing away design



CASCADE AIR ROWER MAG - KEY PRODUCT FEATURES

NEW CASCADE COMPASS - KEY PRODUCT FEATURES



New Compass

12 workout programs - exercise feedback includes time, distance, HR, watts, speed/RPM, and calories.



No-Slip Multi-**Position Handlebars**

Extended height PVC coated handlebars adiust up/down and fore/aft for better fit.



Adjustable Seat



Comfortable 4 Way Smooth Magnetic Resistance

Adjusts up/down and Adjust resistance fore/aft for better fit. at the touch of a button.

CASCADE PRO & PRO POWER - KEY PRODUCT FEATURES



Dual Sided Pedals

Smooth Magnetic **Resistance System**

Precision flywheel and smooth magnetic construction and resistance system delivers a quiet ride. With no friction parts to wear and tear, these bikes are extremely durable.



16 Levels Of Resistance

Designed for indoor use with heavy duty 9/16" thread size. Pro Power Model only.



Resistance lever adjusts easily to give you 16 levels to vary the intensity of your workout. Pro Power Model only.



Pro Power Display

Easy to read backlit screen that displays watts, heart rate, calories, resistance, speed, cadence, distance and time. BLUETOOTH and ANT+ technology sends out data for applications to read.



Quiet Smooth Magnetic Resistance

Precision flywheel resistance system delivers a smooth quiet high performance workout.

Motivating User Feedback

The Cascade Rower has 8 levels of resistance and smooth magnetic and motivating workout programs including Quick Start and custom interval training.



Comfortable **Ergonomic Seat**

The contoured ergonomic seat is comfortable to sit on during short or long workouts and glides smoothly.



Stand Up Option

The Cascade Rower stands up easily on end for convenient storage.

For Storage



Resistance



Fan Combines Air Stand Up Option And Magnetic For Storage

Stands up easily on Adding air resistance end for convenient gives more workout storage.



Comfortable Ergonomic Seat

The contoured ergonomic seat is comfortable to sit on during short or long workouts and glides smoothly.

8 Exercise **Programs**

8 workout programs – exercise feedback includes watts, calories, time, time/500m. distance. strokes/min and HR











