

BCRPA PRE-APPROVED ON-DEMAND ONLINE WORKSHOPS

Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Workshop listings are organized alphabetically by Organization, Workshop Title, and then by CEC count.

Organization	Workshop Title	Phone	CEC	Website
Accelerated Online Learning	Ultimate Guide to Human Gross Anatomy	1-888-738-8147	10	www.sesonlinece.com/bcrpa
Accelerated Online Learning	Ultimate Guide to Screening and Rehabilitation of Lower Extremity Injuries	1-888-738-8147	11	www.sesonlinece.com/bcrpa
Active Initiatives	Finding Balance Foundations	250-550-8024	2	https://activeinitiatives.thinkific.com/
Active Initiatives	Osteoarthritis: How to Help your Clients THRIVE!	250-550-8024	2	https://activeinitiatives.thinkific.com/
Active Initiatives	Outcome Measures	250-550-8024	3	https://activeinitiatives.thinkific.com/
Active Initiatives	Outcome Measures for Balance	250-550-8024	3	https://activeinitiatives.thinkific.com/
Active Initiatives	Gait: "The Crucial Step in Rehab"	250-550-8024	4	www.activeinitiatives.com
Active Initiatives	Part 1: Optimizing Hip and Knee Function	250-550-8024	7	https://activeinitiatives.thinkific.com/
Active Initiatives	Part 2: Optimizing Hip and Knee Function	250-550-8024	7	https://activeinitiatives.thinkific.com/
Active Initiatives	Finding Balance: Dual Task, Cognitive, and Vestibular Exercises	250-550-8024	8	https://activeinitiatives.thinkific.com/
Active Initiatives	Optimizing Shoulder Function: Teach Clients How to Maximize Both Shoulder Stability and Mobility	250-550-8024	7	https://activeinitiatives.thinkific.com/
Aerial Silk Alliance	250 Aerial Yoga Certification	2503920511	25	https://learnaerialyoga.com/
Alive Academy	Natural Health Fundamentals - Unit 1	604-295-9124	20	www.aliveacademy.com
Alive Academy	Nutritional Sciences - Unit 3	604-295-9124	20	www.aliveacademy.com
Alive Academy	Sports & Fitness Nutrition - Unit 2	604-295-9124	20	www.aliveacademy.com
Alive Academy	Vegetarian Nutrition - Unit 4	604-295-9124	20	www.aliveacademy.com
Alive Academy	Sports & Fitness Nutrition Certificate Program (CSNC)	604-295-9124	45	www.aliveacademy.com

Alive Academy	Advanced Nutrition Diploma Program (CSNC/CHN)	604-295-9124	60	www.aliveacademy.com
American Academy of Health and Fitness	AAHF has 25+ approved workshops	1-800-957-7348	Vary	www.aahf.info
BCRPA	Cognitive Benefits of Exercise for Older Adults: Pilates Infused – Teaching Skills – Dorothea Arnett	604-629-0965	0.5	https://elearn.bcrpa.bc.ca/#20Fit4
BCRPA	Training for Successful Aging-Brian Justin	604-629-0965	0.5	https://elearn.bcrpa.bc.ca/#20Fit3
BCRPA	Bringing the Indoors Out: Tips for Successfully Taking your Indoor Group Fitness Class Outside	604-629-0965	1	https://elearn.bcrpa.bc.ca/#Fit21out
BCRPA	Dementia Education Workshop for Fitness Leaders	604-629-0965	1	https://elearn.bcrpa.bc.ca/#Fit21dem
BCRPA	He, She, They? Building Inclusivity Into Your Fitness Culture	604-629-0965	1	https://elearn.bcrpa.bc.ca/#fitincl
BCRPA	How Fitness Leaders Can Thrive in the Shift from Training In-Person to Online	604-629-0965	1	https://elearn.bcrpa.bc.ca/#Fit21online
BCRPA	Instagram 101 for Fitness Professionals	604-629-0965	1	https://elearn.bcrpa.bc.ca/#Fit21insta
BCRPA	Introduction to Clinical Somatic and Qigong Exercises	604-629-0965	1	https://elearn.bcrpa.bc.ca/#fit21soqi
BCRPA	New Work Habits for a Changing World of Work – Brenda Robinson	604-629-0965	1	https://elearn.bcrpa.bc.ca/#20Fit1
BCRPA	Self-Esteem and Body Image	604-629-0965	1	https://elearn.bcrpa.bc.ca/#Fit21image
BCRPA	Strengthening Your Marketing Campaign and Gaining Clients	604-629-0965	1	https://elearn.bcrpa.bc.ca/#fit21mktg
BCRPA	HighFive® Principles of Healthy Child Development - C	604-629-0965	2	https://www.bcrpa.bc.ca/courses/high-five/
BCRPA	HighFive® Sport On-Demand	604-629-0966 ext 224	4	https://www.prontario.org/mpower/event/loadevent.action?e=142#home
BCRPA	Choose to Move	604-629-0965	7	https://www.bcrpa.bc.ca/everything-else/activage-choose-to-move/
BCRPA	ActiveAge™	604.629.0965 ext. 228	8	https://www.bcrpa.bc.ca/everything-else/activage-choose-to-move/
Bellyfit	Bellyfit Instructor Certification	250-590-7637	8	www.bellyfit.com
Body Blueprint	Pelvic Floor Health for Men and Women	778-433-8884	3	www.bodyblueprint.com

Body Blueprint	Body Blueprint has 50+ approved courses and workshops	778-433-8884	Vary	www.bodyblueprint.com
C.H.E.K Institute	C.H.E.K. offers 10+ Approved workshops	760-477-2620	Vary	www.chekinstitute.com
Cari Plotnikoff	Cari offers 10+ Approved Workshops	604-809-6039	2 to 3	www.innerstrength.fit
Core Exercise Solutions LLC	Pregnancy and Postpartum Corrective Exercise Specialist		34	https://www.coreexercisesolutions.com/pces/
Debbie Cheong (Osteofit)	Osteofit - Arthritis Cautions & Modifications in Exercise for Older Adults	604-940-0349	1.5	www.osteofit.org
Debbie Cheong (Osteofit)	Osteofit - Exploring Progressive Overload in Exercise for Older Adults	604-940-0349	2.5	www.osteofit.org
Douglas College	Session 1 - Online Body Composition and Flexibility	604-527-5472	7	https://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/bcrpa-renewal-courses
Douglas College	Session 2 - Online Strength, Endurance and Power	604-527-5472	7	https://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/bcrpa-renewal-courses
Douglas College	Session 3 - Online Aerobic and Anaerobic Fitness	604-527-5472	7	https://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/bcrpa-renewal-courses
Douglas College	Online Nutrition Knowledge Course	604-527-5472	21	https://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/bcrpa-renewal-courses
Douglas College	Online Techniques in Fitness Assessment	604-527-5472	21	https://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/bcrpa-renewal-courses
Everyday Athletes Inc.	As a Matter of Back: Text Neck	604-786-3089	2	www.everydayathletes.ca
Everyday Athletes Inc.	SWOT the Business of Bootcamp	604-786-3089	2	www.everydayathletes.ca
Family Passages / Sue Dumais	Fitness Fertility Specialist Certification	604-312-8203	4	www.familypassages.ca
Fiore Health	Six Steps to Reduce Inflammation for Good - FREE	604-837-5031	0.75	https://fiorehealthacademy.thinkific.com/courses/reducing-inflammation
Fiore Health	A Functional Medicine Approach to Weight Management	604-837-5031	5.5	https://fiorehealthacademy.thinkific.com/courses/a-functional-medicine-approach-to-weight-management
Fiore Health	Clinical Applications for Therapeutic Diets	604-837-5031	6	https://fiorehealthacademy.thinkific.com/courses/Therapeutic-Diets

Fiore Health	The Female Difference: Nutrition and Training Principles for Women	604-837-5031	8.5	https://fiorehealthacademy.thinkific.com/courses/TheFemaleDifference
Fiore Health	Plant & Animal Proteins : The Complete Picture	604-837-5031	1.5	https://fiorehealthacademy.thinkific.com/courses/fiore-webinar-series-plant-animal-proteins
Fitness Education Online	4 Steps to a Successful Bootcamp Level 2	0458-988-448	9	https://fitteducationonline.com.au/product/bootcamp-level-2-11cecs/
Fitness Education Online	4 Steps to a Successful Bootcamp Level 1	0458-988-448	11	https://fitteducationonline.com.au/product/bootcamp-level-1/
Fitness Marketing	Barre Above	780-496-7410	8	www.FMGonline.ca
FMT Movement Specialist & FMT Movement Specialist Advanced	Functional Movement Training (FMT)	760-494-9340	12	https://www.rocktape.com/medical/education/fmt-movement-specialist/
FRESH! Wellness Group	5 Myths in Fitness & Nutrition	(403) 217-2730	1	https://fwg.thinkific.com/courses/5-myths-in-fitness-and-nutrition
FRESH! Wellness Group	Kitchen Essentials	(403) 217-2730	1	https://fwg.thinkific.com/courses/kitchen-essentials
FRESH! Wellness Group	Smarter Goal Setting	(403) 217-2730	1	https://fwg.thinkific.com/courses/smarter-goal-setting
FRESH! Wellness Group	Mindset Mastery	(403) 217-2730	2	https://fwg.thinkific.com/courses/mindset-mastery
FRESH! Wellness Group	High Performing Habits	(403) 217-2730	2.5	https://fwg.thinkific.com/courses/high-performing-habits
FRESH! Wellness Group	Fuel Your Body for Success	(403) 217-2730	2.75	https://fwg.thinkific.com/courses/fuel-pillar
FRESH! Wellness Group	Movement Foundations: Functional Skills for Fitness & Life	(403) 217-2730	3.5	https://fwg.thinkific.com/courses/movement-foundations
FRESH! Wellness Group	Work From Home Productivity	(403) 217-2730	3.75	https://fwg.thinkific.com/courses/work-from-home-productivity
FRESH! Wellness Group	Functional Movement Coaching Level 1 Certification (Primal Pattern Analysis)	(403) 217-2730	4.5	https://fwg.thinkific.com/courses/fmc1-functional-movement-coaching-primal-pattern-analysis
GMP Fitness	Eating Plans – Healthy Diet Tips	888-467-3488	3	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/eating-plans-healthy-diet-tips/

GMP Fitness	Additives – Hidden Food Ingredients	888-467-3488	4	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/additives-hidden-food-ingredients/
GMP Fitness	Coconut Oil – Amazing Ways To Use	888-467-3488	4	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/coconut-oil-amazing-ways-use/
GMP Fitness	Sugar - What's In Your Food	888-467-3488	4	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/sugar-whats-in-your-food/
GMP Fitness	Vital Signs – Blood Pressure and Pulse	888-467-3488	4	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/vital-signs-blood-pressure-and-pulse/
GMP Fitness	Vitamin D – Immune System Booster	888-467-3488	4	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/vitamin-d-immune-system-booster/
GMP Fitness	Weight Loss – Healthy Calorie Intake	888-467-3488	4	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/weight-loss-healthy-calorie-intake/
GMP Fitness	Flexibility Training Specialist	888-467-3488	5	Receive a 25% discount on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/flexibility-training-specialist/
GMP Fitness	Healing Teas – Ginger, Green and Matcha	888-467-3488	5	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/healing-teas-ginger-green-matcha/
GMP Fitness	Avocados – Weight Loss Benefits	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/avocados-weight-loss-benefits/

GMP Fitness	ABC Fitness Training Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/abc-fitness-training-specialist/
GMP Fitness	Avocados – Naturally Good Fat	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/avocados-naturally-good-fat
GMP Fitness	Balance Progressions Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/balance-progressions-specialist/
GMP Fitness	Carpal Tunnel Exercise Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/carpal-tunnel-exercise-specialist/
GMP Fitness	Core Training Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/core-training-specialist/
GMP Fitness	Healthy Herbs – Powerful Benefits	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/healthy-herbs-powerful-benefits/
GMP Fitness	Healthy Teas – Powerful Benefits	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/healthy-herbs-powerful-benefits/
GMP Fitness	Lower Body Ball Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/lower-body-ball-specialist/
GMP Fitness	Nutrients – Powerful Health Benefits	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/my-courses/nutrients-powerful-health-benefits/

GMP Fitness	Posture Analysis Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/posture-analysis-specialist/
GMP Fitness	Spinal Health Connection Specialist	888-467-3488	6	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/spinal-health-connection-specialist/
GMP Fitness	Avocados – All You Need To Know	888-467-3488	7	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/avocados-all-you-need-to-know/
GMP Fitness	Running Injury Prevention Specialist	888-467-3488	8	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/running-injury-prevention-specialist/
GMP Fitness	Tart Cherries – Antioxidant Super Fruit	888-467-3488	8	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/tart-cherries-antioxidant-super-fruit/
GMP Fitness	Thrive Biz – Boost Your Wellbeing	888-467-3488	8	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/thrive-biz-team-inspiration/
GMP Fitness	Cholesterol, Atherosclerosis and Coronary Heart Disease	888-467-3488	9	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/cholesterol-atherosclerosis-coronary-heart-disease/
GMP Fitness	Diet 101 – Mediterranean and Carbs	888-467-3488	9	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/diet-101-mediterranean-carbs/
GMP Fitness	Inflammation – Protect Your Body	888-467-3488	9	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/inflammation-protect-body/

GMP Fitness	Turmeric - Super Healing Spice -	888-467-3488	9	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/online/turmeric-super-healing-spice/
GMP Fitness	Exercise Development Specialist	888-467-3488	15	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/professional/exercise-development-specialist/
GMP Fitness	Essentials of Health and Balanced Wellbeing Certificate	888-467-3488	20	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/essentials-of-health-and-balanced-wellbeing-certificate/
GMP Fitness	Tea and Turmeric Nutritional Therapy Certificate	888-467-3488	20	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/tea-and-turmeric-nutritional-therapy-certificate/
GMP Fitness	Avocado Nutritional Therapy Certificate	888-467-3488	21	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/avocado-nutritional-therapy/
GMP Fitness	Healthy Eating and Weight-Loss Certificate	888-467-3488	21	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/healthy-eating-and-weight-loss-certificate/
GMP Fitness	Essentials of Healthy Eating Certificate Bundle Course	888-467-3488	22	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/essentials-of-healthy-eating-certificate/
GMP Fitness	Heart Health and Nutrition Certificate	888-467-3488	22	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/heart-health-and-nutrition-certificate/
GMP Fitness	Functional Training Specialist	888-467-3488	23	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/advanced/functional-training-specialist/

GMP Fitness	Athletic Assessment and Agility Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/athletic-performance-specialist-part-1/
GMP Fitness	Athletic Plyometric and Power Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/athletic-performance-specialist-part-3/
GMP Fitness	Athletic Speed and Agility Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/athletic-performance-specialist-part-2/
GMP Fitness	Balance and Fall Prevention Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/balance-performance-specialist-part-3/
GMP Fitness	Balance Assessment and Injury Prevention Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/balance-performance-specialist-part-1/
GMP Fitness	Balance Therapy and Functional Training Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/balance-performance-specialist-part-2/
GMP Fitness	Core Fit Corrective Exercise Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/core-performance-specialist-part-1/
GMP Fitness	Core Fit Exercise Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/core-performance-specialist-part-2/
GMP Fitness	Core Fit Strength and Mobility Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/core-performance-specialist-part-3/

GMP Fitness	Flexibility Assessment Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/flexibility-performance-specialist-part-1/
GMP Fitness	Flexibility Injury Prevention Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/flexibility-performance-specialist-part-2/
GMP Fitness	Flexibility Therapy Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/flexibility-performance-specialist-part-3/
GMP Fitness	Posture Assessment Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/posture-performance-specialist-part-1/
GMP Fitness	Posture Corrective Exercise Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/posture-performance-specialist-part-2/
GMP Fitness	Posture Exercise Specialist	888-467-3488	25	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/posture-performance-specialist-part-3/
GMP Fitness	Sports Conditioning Specialist	888-467-3488	28	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/advanced/sports-conditioning-specialist/
GMP Fitness	Health Fitness Specialist	888-467-3488	29	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/advanced/health-fitness-specialist/
GMP Fitness	Injury Prevention Specialist	888-467-3488	29	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/advanced/injury-prevention-specialist/

GMP Fitness	Fibromyalgia Health and Exercise Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/fibromyalgia-health-specialist-level-1/
GMP Fitness	Fibromyalgia Lifestyle and Wellness Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/fibromyalgia-health-specialist-level-2/
GMP Fitness	Holistic Enzyme and Sports Nutrition Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/holistic-enzyme-and-sports-nutrition-specialist/
GMP Fitness	Holistic Health and Wellness Success Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/holistic-success-specialist/
GMP Fitness	Holistic Homeopathy and Sport Wellness Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/holistic-homeopathy-and-sports-wellness-specialist/
GMP Fitness	Muscular Performance Self-Therapy Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/muscular-performance-self-therapy-specialist/
GMP Fitness	Triathlon Conditioning and Mental Training Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/triathlon-performance-specialist-part-1/
GMP Fitness	Triathlon Injury Prevention and Race Tactics Specialist	888-467-3488	30	Receive 25% off on ALL GMP Fitness Courses using CODE — GMPBCRPA25 https://www.gmpfitness.com/elite/triathlon-performance-specialist-part-2/
Harmony Fit	Harmony Fitness has 10+ Approved Workshops	604-836-4686	Vary	http://www.harmonyfit.ca
Human Kinetics - DSW Fitness	Human Kinetics has 50+ Approved Workshops	1-800-456-7301	Vary	https://canada.humankinetics.com/collections/courses

INFOFIT Educators	It All Starts With the Gut Webinar	604-683-0785	1	https://www.infofit.ca/course/it-all-starts-with-the-gut/
INFOFIT Educators	Learn How to Optimally Start and Run Your Personal Training Business Now!	604-683-0785	16	infofit.ca
INFOFIT Educators	Apprenticeship Training 1 Program	604.683.0785	28	www.infofit.ca
INFOFIT Educators	Apprenticeship Training 2 Program	604.683.0785	37	www.infofit.ca
INFOFIT Educators	INFOFIT has 30+ Approved Workshops	604-683-0785	Vary	https://www.infofit.ca/course/bcrpa-approved-cec-listings/
Inshape Training	"Back" in Action	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	BMI - History. Purpose. Fall-out	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	Fitness Theory Prep Workshop	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	Health Anxiety	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	History of Dieting: An Anthology of Racist & Classist Influences on the Body	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	Perspectives From a Large Body Client - An Anthology of Experiences	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	Sugar Addiction - Myth or Reality?	604-879-5500	2	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	Anorexia - A Deep Dive	604-879-5500	3	www.inshapetraining.net
Inshape Training	Beyond the Core - Rethinking Abdominal Training	604-879-5500	3	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	Beyond the Core - Rethinking Abdominal Training	604-879-5500	3	http://inshapetraining.net/content/vancouver-fitness-certification-workshops
Inshape Training	I'm Bringing Steady Back	604-879-5500	3	www.inshapetraining.net
Isabel Arias Santos	DanceSoQi Level 1	250-885-8771	15	isabelfitness.com or www.bodyblueprint.com
Isabel Arias Santos	DanceSoQi Level 2	250-885-8771	15	isabelfitness.com or www.bodyblueprint.com
Isabel Arias Santos	SoQi	250-885-8771	15	isabelfitness.com or www.bodyblueprint.com
Isabel Arias Santos	SoQi Level 2	250-885-8771	20	isabelfitness.com or www.bodyblueprint.com

Jaimee Stokes	16 CEC Bundle Package!	604-377-2660	16	www.jaimeestokes.com
Jaimee Stokes	Jaimee Stokes offers 16 Approved Workshops	604-377-2660	1 to 2	www.jaimeestokes.com
Jaine Priest	Cancer and Exercise Online Training	604-257-3056	5	N/A
Kickass Life Project / Kate Middleton	Intro to Trauma Informed Fitness	7782201840	1.5	https://sassysexystrong.com/tifpros
Kinesiologists.ca	The NeXT Level - Protein - How Much is too Much	778-574-1190	2.5	www.kinesiologists.ca
Kinesiologists.ca	The NeXT Level - Neck Core Stabilization	778-574-1190	3	www.kinesiologists.ca
Kinesiologists.ca	The NeXT Level: Functional Anatomy of the Hip	778-574-1190	3	www.kinesiologists.ca
Kinesiologists.ca	The NeXT Level - Functional Anatomy of the Shoulder	778-574-1190	4	www.kinesiologists.ca
Kinesiologists.ca	The NeXT Level - Kinesiology of Resistance Training	778-574-1190	4	www.kinesiologists.ca
Kinesiologists.ca	The NeXT Level - Part 1: Sugars & Sweeteners	778-574-1190	4	www.kinesiologists.ca
Kinesiologists.ca	The Next Level- Sugar & Sweetener Nutrition	604-736-9858	4	www.kinesiologists.ca
Kinesiologists.ca	The NeXT Level - Resistance Training Program Design	778-574-1190	6	www.kinesiologists.ca
Kinesiologists.ca	The Next Level - Personal Training 2.0- Anthropometric Measurement Techniques Workshop	604-736-9858	8	www.kinesiologists.ca
Lela Dawson	Pilates Fitness Tutorial	604.318.3326	5	www.leladpilates.com
Lela Dawson	Pilates Mat Work Tutorial Workshop	604.318.3326	5	www.leladpilates.com
Melanie Galloway	Power Training for Older Adults	604 732-9295	2	www.growingstrong.ca
Melanie Galloway	Fragile Frames	604.732.9295	3	www.growingstrong.ca
Melanie Galloway	Movement Challenges in Older Adult	604 732-9295	4	www.growingstrong.ca
Melanie Galloway	Leading Your Client to Water	604 732-9295	2.5	www.growingstrong.ca
Pacific Rim College Online	Holistic Nutrition Online Program	877-215-3592	60	https://pacificrimcollege.online/program/holistic-nutrition-online/
Pelviene Wellness Inc.	Core Confidence Specialist Course	604-910-3065	14	https://www.vaginacoach.com
Pelviene Wellness Inc.	Pre/Postnatal Fitness Specialist Certification	604-910-3065	20	https://www.vaginacoach.com
PL3Y Inc.	DANCEPL3Y Kids Instructor Training (Online)	604-704-1031	16	www.pl3yinc.com
PL3Y Inc.	DANCEPL3Y Preschool Instructor Training (Online)	604-704-1031	16	www.pl3yinc.com
PL3Y Inc.	YOGAPL3Y Kids (Online) Instructor Training Course	604-704-1031	16	www.pl3yinc.com

PL3Y Inc.	YOGAPL3Y Preschool (Online) Instructor Training Course.	604-704-1031	16	www.pl3yinc.com
Rhona Parsons	Balance Yoga with the Chair	250-308-8616	5	www.rhonaparsons.com
Rhona Parsons	Pfilates	250-308-8617	2	www.rhonaparsons.com
Sandra Starrett	Intro to Aquatic Fitness Training	6047858776	2	s-star@shaw.ca
Sandra Starrett	Stretching 101	6047858776	3	s-star@shaw.ca
Sandra Starrett	Muscle Conditioning Sequences	6047858776	3	s-star@shaw.ca
Sandra Starrett	The Band Workshop	6047858776	5	s-star@shaw.ca
Success Fitness	Foam Roller Workshop	250 886 2490	2	www.successfitness.ca
Success Fitness	Goals are Essential	250 886 2490	2	www.successfitness.ca
Success Fitness	Mini Band Workshop	250 886 2490	3	www.successfitness.ca
Success Fitness	Pre and Postnatal Online Workshop	250 886 2490	3	www.successfitness.ca
Success Fitness	Training the Obese or Overweight Client	250 886 2490	3	www.successfitness.ca
Success Fitness	Bodyweight Training using the TRX and BOSU	250 886 2490	4	www.successfitness.ca
Success Fitness	Personal Trainer Business Roadmap to Success	250 886 2490	4	www.successfitness.ca
Success Fitness	Mini Band Workshop	250.886.2490	3	www.successfitness.ca
SureFeet	Fundamental Assessment Procedures for Seniors Fitness Programs	604-417-6440	2.15	surefeet.ca
SureFeet	Effective Seniors Balance and Mobility Training Program (ESBMT)	604-417-6441	2.25	surefeet.ca
SureFeet	Effective Seniors Balance and Mobility Training Program (ESBMT): Skill Progressions Workshop	604-417-6441	6.5	surefeet.ca
Tammy Petersen	Exercise Management of Chronic Diseases and Disabilities for All Ages	800-957-7348	20	www.aahf.info
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Eight	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Five	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Four	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Nine	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module One	1-866-433-1595	20	www.coryholly.com

The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Seven	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Six	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Ten	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Three	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Two	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program	1-866-433-1595	200	www.coryholly.com
The Personal Training Collective	The Personal Collective offers 10+ Workshops	778-822-6224	Vary	https://academy.theptcollective.com/
Think Yourself® Academy	THINK Yourself® A TECH PRO – THE BASICS	778-899-0260	1	www.thinkyourself.com/online
Think Yourself® Academy	Think Yourself Virtual Fitness Pro	778-899-0260	2	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® A TECH PRO – PART ONE	778-899-0260	2	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® CONFIDENT	778-899-0260	2.5	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® A BUSINESS PRO	778-899-0260	3	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® SUCCESSFUL	778-899-0260	3	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® HEALTHY	778-899-0260	4	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® A RELATIONSHIPS PRO	778-899-0260	5.5	www.thinkyourself.com/online
Think Yourself® Academy	THINK Yourself® A COACH	778-899-0260	6.5	www.thinkyourself.com/online
Third Age Fitness	Chair-Based Exercise for Older Adults	61402138091	12	https://www.thirdagefitness.com.au/courses/chair-based-exercise-for-older-adults
Third Age Fitness	Balance Training for Older Adults	61402138091	4.5	https://www.thirdagefitness.com.au/courses/balance-training-for-older-adults
Third Age Fitness	Complete Resistance Bands for Older Adults	61402138091	6	https://www.thirdagefitness.com.au/courses/complete-resistance-bands-for-older-adults
Thrive Health	Course Bundle includes: (1) Adolescent and Young Adults with Cancer: The Role of Exercise (2) Chemotherapy Induced Peripheral Neuropathy – The Role and Implications of Exercise (3) Cancer-Related Fatigue and Exercise	info@thrivehealthservices.com	4	https://thrivehealthservices.doki.io/module-bundle

	(4) Pediatric Cancer and Exercise			
Thrive Health	Cancer and Exercise Training for Health and Fitness Professionals	info@thrivehealthservices.com	13	https://thrivehealthservices.doki.io/cancer-and-exercise-training-for-health-and-fitness-professionals Use the discount code: BCRPA2021 for 40% off until Aug 31, 2021
Twist Conditioning	Twist Condition offer 10+ approved workshops	604-904-6556	Vary	http://twistconditioning.ideafit.com
Urban Poling	Urban Poling Instructor Certification Workshop	604-990-7711	4.5	www.urbanpoling.com
WaterART Fitness	WaterART offers 10+ Approved Workshops	416-621-0821	Vary	https://www.waterart.org/cec-workshop/