

Physical Distancing Requirements as per PHO Order on Gatherings and Events

As at March 30, 2021



Outdoors

Any activity (except *group sport) e.g. art classes Gatherings up to 10	2 metres between people	Order Section C.1 "the persons present maintain a distance of two metres from one another when standing or sitting, unless they reside together"
*Group Sport over age 22 Gatherings up to 10	3 metres between people	Order Section G.c "the participants maintain a distance of three metres from one another while engaged in the group sport, unless the participants reside in the same private residence"
Sport for children and youth under age 22 Gatherings up to 50	3 metres between people	Province-wide restrictions: All organized indoor and outdoor sports for people 21 years of age and younger should follow viaSport's Return to Sport Phase 2 guidance with respect to maintaining physical distance for participants. This means games, tournaments and competitions are temporarily suspended for teams. Individual drills and modified training activities can continue

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19-pho-order-gatherings-events.pdf>

<https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions#pho-order>

Outdoor Group Exercise

High intensity and low intensity Up to 10 people	3 metres between people	Same as youth group sport
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Indoor Group Exercise (currently suspended from March 29-April 19)

Low intensity only Up to 25 people	2.5m while exercising, 2m when not exercising	Order Section J.3.g & h
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