

BCRPA – APPROVED COURSES

Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start Date	Contact	Phone	Website
Aquatic Fitness				
Online	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Fitness Theory				
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	http://kinesiologists.ca/
Cloverdale/Langley	6-Dec-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Online	Ongoing	Aaron Tews	604.372.3233	www.kinesiologists.ca
Online	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Online	Ongoing	David Gillis	604.822.1682	dgillis@rec.ubc.ca
Online	Ongoing	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Online	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Vancouver	9-Jan-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-Jan-21	INFOFIT Educators	604.683.0785	www.infofit.ca

Vancouver	27-Feb-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	12-Apr-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Apr-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	12-May-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	12-May-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	5-Jun-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	12-Jul-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Jul-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-Sep-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	18-Oct-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	30-Oct-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
Group Fitness				
Cloverdale/Langley	22-Nov-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	4-Dec-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Online	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
Online	Ongoing	Body Blueprint	778.433.8884	http://bodyblueprint.com/group-fitness/
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	16-Jul-21	INFOFIT Educators	604683-0785	www.infofit.ca
Vancouver	29-Oct-21	INFOFIT Educators	604683-0785	www.infofit.ca
Vancouver	16-Apr-21	INFOFIT Educators	604683-0785	www.infofit.ca
Older Adult				
Online	Ongoing	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/
Online	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Dr. Bill Luke	604.785.7621	www.DrLukeFitnessandHealth.ca
Online	Ongoing	Melanie Galloway	604.732.9295	www.growingstrong.ca

New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Osteofit				
Lower Mainland	Check website	Debbie Cheong	604-875- 2555	http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors
Personal Training				
Online	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Online	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Vancouver	19-Nov-20	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	20-Nov-20	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	5-Dec-20	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	6-Feb-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	9-Mar-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	27-Mar-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	4-Apr-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	7-Apr-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	15-May-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	8-Jun-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/

Vancouver	3-Jul-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	14-Jul-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	21-Aug-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	13-Sep-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	6-Oct-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	6-Oct-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	16-Oct-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	27-Nov-21	INFOFIT Educators	604.683.0785	https://www.infofit.ca/course/personal-trainer-comprehensive/
Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	19-Nov-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Pilates				
Online	Ongoing	Emmie Li	604.862.0999	http://bit.ly/2kJmQfz
Online	19-Jan-21	Lela Dawson	604318-3326	www.LelaDPilates.com
Weight Training				
Online	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Online	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Online	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
Online	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Online	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Vancouver	21-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	23-Jan-21	INFOFIT Educators	604.683.0785	www.infofit.ca

Vancouver	10-Mar-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	13-Mar-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	1-May-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	10-May-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	19-Jun-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	10-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	15-Aug-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	8-Sep-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	25-Sep-21	INFOFIT Educators	604.683.0784	www.infofit.ca
Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	8-Feb-21	INFOFIT Educators	604.683.0785	www.infofit.ca
Yoga Fitness				
Online	12-Nov-20	FitFlow Yoga	778882-9642	fitflowyoga.ca