

## BCRPA – APPROVED COURSES

### Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start	Contact	Phone	Website
<b>Aquatic Fitness</b>				
<b>Delta</b>	7-Nov-20	Monica Thomson	604-952-3000	<a href="http://www.deltareg.ca">www.deltareg.ca</a>
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Distance Education</b>	Ongoing	Sandra Starrett	604.785.8776	<a href="http://www.phys-x.ca">www.phys-x.ca</a>
<b>Fitness Theory</b>				
<b>Cloverdale/ Langley</b>	Private Instruction	Aaron Tews	604.372.3233	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Cloverdale/Langley</b>	18-Sep-20	Aaron Tews	604-372-3233	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Cloverdale/Langley</b>	16-Oct-20	Aaron Tews	604-372-3233	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Cloverdale/Langley</b>	6-Nov-20	Aaron Tews	604-372-3233	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Cloverdale/Langley</b>	6-Dec-20	Aaron Tews	604-372-3233	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Distance Education</b>	Ongoing	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
<b>Distance Education</b>	Ongoing	Body Blueprint Fitness	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Distance Education</b>	Ongoing	Canadian Fitness Education Services	1.877.494.5355	<a href="http://www.canadianfitness.net">www.canadianfitness.net</a>
<b>Distance Education</b>	Ongoing	David Gillis	604.822.1682	<a href="mailto:dgillis@rec.ubc.ca">dgillis@rec.ubc.ca</a>
<b>Distance Education</b>	Ongoing	Function Health Club	604.608.2522	<a href="http://functionhealthclub.com/personal-training-courses/">http://functionhealthclub.com/personal-training-courses/</a>
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Distance Education</b>	Ongoing	Sandra Starrett	604.785.8776	<a href="http://www.phys-x.ca">www.phys-x.ca</a>

<b>New Westminster</b>		sportsinstitute@douglascollege.ca	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
	Ongoing			
<b>New Westminster</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	<a href="http://www.hilltopacademy.ca">http://www.hilltopacademy.ca</a>
<b>North Vancouver</b>	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
<b>Surrey</b>	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	23-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver Island</b>	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
<b>Victoria</b>	18-Sep-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Group Fitness</b>				
<b>Cloverdale/Langley</b>		Aaron Tews	604.372.3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/">https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/</a>
	12-Oct-20			
<b>Distance Education</b>	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://bodyblueprint.com/group-fitness/">http://bodyblueprint.com/group-fitness/</a>
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	23-Sep-20	Inshape Training	604-879-5500	www.inshapetraining.net
<b>Vancouver</b>	6-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Victoria</b>	24-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Older Adult</b>				
<b>Distance Education</b>		Aaron Tews	604.372.3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/">https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/</a>
	Ongoing			
<b>Distance Education</b>	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Dr. Bill Luke	604.785.7621	www.DrLukeFitnessandHealth.ca
<b>Distance Education</b>	Ongoing	Melanie Galloway	604.732.9295	www.growingstrong.ca
<b>New Westminster</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	<a href="http://www.hilltopacademy.ca">http://www.hilltopacademy.ca</a>
<b>Vancouver</b>		Melanie Galloway	604-638-7285	<a href="https://www.jccgv.com/fitness-and-wellness/instructor-training/">https://www.jccgv.com/fitness-and-wellness/instructor-training/</a>
	18-Oct-20			
<b>Osteofit</b>				
<b>Lower Mainland</b>		Debbie Cheong	604-875- 2555	<a href="http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors">http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors</a>
	Check website			
<b>Personal Training</b>				

<b>Cloverdale/Langley</b>		Aaron Tews	604-372-3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/">https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/</a>
	7-Nov-20			
<b>Distance Education</b>	Ongoing	Aaron Tews	778.574.1190	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>New Westminster</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	<a href="http://www.hilltopacademy.ca">http://www.hilltopacademy.ca</a>
<b>New Westminster</b>		sportsinstitute@douglascollege.ca	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
	Ongoing			
<b>North Vancouver</b>	Private Instruction	On The Edge Fitness Educators	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
<b>Vancouver</b>	6-Oct-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	17-Oct-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	19-Nov-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	20-Nov-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>		INFOFIT Educators	604.683.0785	<a href="https://www.infofit.ca/course/personal-trainer-comprehensive/">https://www.infofit.ca/course/personal-trainer-comprehensive/</a>
	5-Dec-20			
<b>Vancouver</b>	Private Instruction	Function Health Club	604.608.2522	<a href="http://functionhealthclub.com/personal-training-courses/">http://functionhealthclub.com/personal-training-courses/</a>
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Victoria</b>	19-Nov-20	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Pilates</b>				
<b>Distance Education</b>	Ongoing	Emmie Li	604.862.0999	<a href="http://bit.ly/2kJmQfz">http://bit.ly/2kJmQfz</a>
<b>Distance Education</b>	13-Oct-20	Lela Dawson	604.318.3326	<a href="http://www.LelaDPilates.com">www.LelaDPilates.com</a>
<b>Weight Training</b>				
<b>Cloverdale/Langley</b>		Aaron Tews	604-372-3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/">https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/</a>
	7-Oct-20			
<b>Distance Education</b>	Ongoing	Aaron Tews	778.574.1190	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Distance Education</b>	Ongoing	Cari Plotnikoff	604-809-6039	<a href="mailto:cari_plotnikoff@shaw.ca">cari_plotnikoff@shaw.ca</a>
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Distance Education</b>	Ongoing	Sandra Starrett	604.785.8776	<a href="http://www.phys-x.ca">www.phys-x.ca</a>
<b>New Westminster</b>	17-Oct-20	Douglas College	604-527-5492	<a href="https://www.douglascollege.ca/">https://www.douglascollege.ca/</a>
<b>New Westminster</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	<a href="http://www.hilltopacademy.ca">http://www.hilltopacademy.ca</a>

<b>New Westminster</b>	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
<b>Surrey</b>	17-Oct-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	26-Sep-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	21-Oct-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	21-Nov-20	INFOFIT Educators	604.683.0785	<a href="https://www.infofit.ca/course/personal-trainer-basics/">https://www.infofit.ca/course/personal-trainer-basics/</a>
<b>Vancouver</b>	Private Instruction	Function Health Club	604.608.2522	<a href="http://functionhealthclub.com/personal-training-courses/">http://functionhealthclub.com/personal-training-courses/</a>
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Victoria</b>	16-Oct-20	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Yoga Fitness</b>				
<b>Online</b>	17-Sep-20	FitFLowYoga	778-882-9642	<a href="http://www.fitflowyoga.ca">www.fitflowyoga.ca</a>