

BCRPA – APPROVED COURSES

Important Notice:

Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start	Contact	Phone	Website
Aquatic Fitness				
Delta	7-Nov-20	Monica Thomson	604-952-3000	www.deltareg.ca
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Fitness Theory				
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	http://kinesiologists.ca/
Cloverdale/Langley	7-Aug-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	18-Sep-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	16-Oct-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	6-Nov-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	6-Dec-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Distance Education	Ongoing	Aaron Tews	604.372.3233	www.kinesiologists.ca
Distance Education	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Distance Education	Ongoing	David Gillis	604.822.1682	dgillis@rec.ubc.ca
Distance Education	Ongoing	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca

New Westminster		sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
	Ongoing			
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Surrey	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	20-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	23-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
Victoria	18-Sep-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Group Fitness				
Cloverdale/Langley		Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
	12-Oct-20			
Distance Education	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
Distance Education	Ongoing	Body Blueprint	778.433.8884	http://bodyblueprint.com/group-fitness/
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	15-Aug-20	Sally Larrington-Brown	250-382-8482	cfitness@shaw.ca
Victoria	24-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Older Adult				
Distance Education		Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/
	Ongoing			
Distance Education	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Dr. Bill Luke	604.785.7621	www.DrLukeFitnessandHealth.ca
Distance Education	Ongoing	Melanie Galloway	604.732.9295	www.growingstrong.ca
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Vancouver		Melanie Galloway	604-638-7285	https://www.jccgv.com/fitness-and-wellness/instructor-training/
	18-Oct-20			

Osteofit				
Lower Mainland		Debbie Cheong	604-875- 2555	http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors
	Check website			
Personal Training				
Cloverdale/Langley		Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
	28-Aug-20			
Cloverdale/Langley		Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
	7-Nov-20			
Distance Education	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
New Westminster		sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
	Ongoing			
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Surrey	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	20-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	19-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	20-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver		Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
	Private Instruction			
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	19-Nov-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Pilates				
Distance Education	Ongoing	Emmie Li	604.862.0999	http://bit.ly/2kJmQfz
Weight Training				

Cloverdale/Langley	14-Aug-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	7-Oct-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Distance Education	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
New Westminster	23-Jul-20	Kim Bond	604-786-3089	www.hilltopacademy.ca
New Westminster	17-Oct-20	Douglas College	604-527-5492	https://www.douglascollege.ca/
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Surrey	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	23-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	21-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	16-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Yoga Fitness				
Online	17-Sep-20	FitFlowYoga	778-882-9642	www.fitflowyoga.ca