**Location Start Contact Phone Website**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Aquatic Fitness |   |  |  |  |
| Delta \*\*code #448745 | 13-Jun-20 | Monica Thomson | 604-952-3000 | www.deltareg.ca |
| Delta | 7-Nov-20 | Monica Thomson | 604-952-3000 | www.deltareg.ca |
| Langley | 5-Jun-20 | Leah Esplen | 604-882-0408 | leah@mommymoves.com |
| Distance Education | 5-Jun-20 | Charlene Kopansky | 416-751-9823 | www.calainc.org |
| Distance Education | 26-Jun-20 | Charlene Kopansky | 416-751-9823 | www.calainc.org |
| Distance Education | Ongoing | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | Sandra Starrett | 604.785.8776 | www.phys-x.ca |
| Fitness Theory |   |  |  |  |
| Cloverdale/Langley | 12-Jun-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | 10-Jul-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | 7-Aug-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | 18-Sep-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | 16-Oct-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | 6-Nov-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | 4-Dec-20 | Aaron Tews | 604-372-3233 | http://kinesiologists.ca/ |
| Cloverdale/Langley | Private Instruction | Aaron Tews | 604.372.3233 | http://kinesiologists.ca/ |
| New Westminster | Ongoing | sportsinstitute@douglascollege.ca | 604.527.5492 | http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer |
| North Vancouver | Private Instruction | On The Edge Fitness Educators | 604.785.8776 | s-star@shaw.ca |
| Surrey | 20-Jun-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Surrey | 8-Aug-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Surrey | 26-Sep-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 18-Apr-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 11-May-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 6-Jun-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 24-Jun-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 18-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 10-Aug-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 12-Sep-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 23-Sep-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | Private Instruction | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver Island | Private Instruction | Melissa Wilson | 250.588.2668 | www.fullbalancefitness.com |
| Victoria | 18-Sep-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | Aaron Tews | 604.372.3233 | www.kinesiologists.ca |
| Distance Education | Ongoing | Body Blueprint Fitness | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | Canadian Fitness Education Services | 1.877.494.5355 | www.canadianfitness.net |
| Distance Education | Ongoing | David Gillis | 604.822.1682 | dgillis@rec.ubc.ca |
| Distance Education | Ongoing | Function Health Club | 604.608.2522 | http://functionhealthclub.com/personal-training-courses/ |
| Distance Education | Ongoing | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Distance Education | Ongoing | Sandra Starrett | 604.785.8776 | www.phys-x.ca |
| New Westminster | Ongoing | info@hilltopacademy.ca | 604.553.0505 | http://www.hilltopacademy.ca |
| Group Fitness |   |  |  |  |
| Cloverdale/Langley | 17-Oct-20 | Aaron Tews | 604.372.3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| Vancouver | 17-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 6-Nov-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Victoria | 20-Jun-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Victoria | 24-Oct-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing  | Body Blueprint | 778.433.8884 | http://bodyblueprint.com/group-fitness/ |
| Distance Education | Ongoing | Cari Plotnikoff | 604-809-6039 | cari\_plotnikoff@shaw.ca |
| Distance Education | Ongoing  | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Older Adult |   |  |  |  |
| New Westminster | Ongoing | info@hilltopacademy.ca | 604.553.0505 | http://www.hilltopacademy.ca |
| Surrey (Cloverdale) | 7-Jun | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| Vancouver | 31-May-20 | Melanie Galloway | 604-638-7285 | https://www.jccgv.com/fitness-and-wellness/instructor-training/#1522107559752-d2be3abc-ff00 |
| Vancouver | 18-Oct | Melanie Galloway | 604-638-7285 | https://www.jccgv.com/fitness-and-wellness/instructor-training/ |
| Distance Education | Ongoing | Aaron Tews | 604.372.3233 | https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/ |
| Distance Education | Ongoing | Body Blueprint Fitness | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | Dr. Bill Luke | 604.785.7621 | www.DrLukeFitnessandHealth.ca |
| Distance Education | Ongoing | Melanie Galloway | 604.732.9295 | www.growingstrong.ca |
| Osteofit |   |  |  |  |
| Lower Mainland  | Check website for info  | Debbie Cheong | 604-875- 2555 | http://www.bcwomens.ca/our-services/population-health-promotion/osteofit/instructors |
| Personal Training |   |  |  |  |
| Cloverdale/Langley | 18-Apr-20 | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| Cloverdale/Langley | 28-Aug-20 | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| Cloverdale/Langley | 7-Nov-20 | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| New Westminster | 23-May-20 | Ryan Cook | 604-527-5492 | sportsinstitute@douglascollege.ca |
| New Westminster | Ongoing | info@hilltopacademy.ca | 604.553.0505 | http://www.hilltopacademy.ca |
| New Westminster | Ongoing | sportsinstitute@douglascollege.ca | 604.527.5492 | http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer |
| North Vancouver | Private Instruction | On The Edge Fitness Educators | 604.785.8776 | s-star@shaw.ca |
| Surrey | 18-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Surrey | 12-Sep-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 23-May-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 27-May-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 6-Jun-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 4-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 7-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 20-Aug-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 22-Aug-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 6-Oct-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 17-Oct-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 7-Nov-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 19-Nov-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | Private Instruction | Function Health Club | 604.608.2522 | http://functionhealthclub.com/personal-training-courses/ |
| Vancouver | Private Instruction | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Victoria | 25-Jun-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Victoria | 19-Nov-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | Aaron Tews | 778.574.1190 | http://kinesiologists.ca/ |
| Distance Education | Ongoing | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Pilates |   |  |  |  |
| Distance Education | Ongoing | Emmie Li | 604.862.0999 | http://bit.ly/2kJmQfz |
| Distance Education | 24-Jun-20 | Lela Dawson | 604-318-3326 | www.LelaDPilates.com |
| Weight Training |   |  |  |  |
| Cloverdale/Langley | 19-Jun-20 | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| Cloverdale/Langley | 14-Aug-20 | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| Cloverdale/Langley | 2-Oct-20 | Aaron Tews | 604-372-3233 | https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/ |
| New Westminster | 28-May-20 | Ryan Cook | 604-527-5492 | cookr@douglascollege.ca |
| New Westminster | 17-Oct-20 | Douglas College | 604-527-5492 | https://www.douglascollege.ca/ |
| New Westminster | Ongoing | info@hilltopacademy.ca | 604.553.0505 | http://www.hilltopacademy.ca |
| New Westminster | Ongoing | sportsinstitute@douglascollege.ca | 604.527.5492 | http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer |
| Surrey | 4-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Surrey | 22-Aug-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Surrey | 17-Oct-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 8-Jun-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 20-Jun-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 23-Jul-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 8-Aug-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 26-Sep-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | 21-Oct-20 | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Vancouver | Private Instruction | Function Health Club | 604.608.2522 | http://functionhealthclub.com/personal-training-courses/ |
| Vancouver | Private Instruction | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Victoria | 29-May-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Victoria | 16-Oct-20 | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing  |  |  |  |
| Distance Education | Ongoing | Aaron Tews | 778.574.1190 | http://kinesiologists.ca/ |
| Distance Education | Ongoing | Body Blueprint | 778.433.8884 | www.bodyblueprint.com |
| Distance Education | Ongoing | Cari Plotnikoff | 604-809-6039 | cari\_plotnikoff@shaw.ca |
| Distance Education | Ongoing | INFOFIT Educators | 604.683.0785 | www.infofit.ca |
| Distance Education | Ongoing | Sandra Starrett | 604.785.8776 | www.phys-x.ca |
| Yoga Fitness |  |  |  |  |
| Langley | 15-Jul-20 | Grove Yoga School | 604-882-9094 | www.groveyogaschool.ca |
| Online | 29-May-20 | FitFLowYoga | 778-882-9642 | www.fitflowyoga.ca |