



THE RECREATION & PARKS SECTOR GUIDELINE FOR RESTARTING OPERATIONS

Bringing recreation back!

Greetings!

BC Recreation and Parks Association (BCRPA) is helping bring recreation back!

As we enter into Phase 2 of the Province of BC's Restart Plan, we have released our [Recreation and Parks Sector Guideline for Restarting Operations](#) (The Guideline) to help local and regional governments restart their recreation services and amenities, and operate them safely.

The Guideline addresses the health and safety requirements across the entire field of Recreation and Parks, applying to both private and public facilities and service providers, and all facility types, sizes, and locations. **Page 29 of the Guideline also includes WorkSafeBC's specific guidelines for gyms and fitness centres.**

Produced at the request of the **Ministry of Tourism, Arts and Culture** and the **Provincial Health Office**, The Guideline is a planning tool to help BC's public recreation and parks sector to carefully re-open and offer services and programs safely during this COVID-19 pandemic.

Click here to read the [Recreation and Parks Sector Guideline for Restarting Operations](#).



Weight/Personal Training Instructor Competency Evaluation (ICE) Workshop

This workshop is a mandatory prerequisite for **Supervisor/Trainer of Fitness Leaders (SFL/TFL)** applicants and is worth 3 BCRPA Continuing Education Credits.



To register for this workshop: You must be BCRPA-registered in Weight Training (for the Weight Training component) and Personal Training (for the Personal Training

component). The workshop will be lecture-style with no workout component. Please dress comfortably and bring note-taking materials.

In-Person Option:

Date: June 24, 2020

Time: 5:30pm – 8:30pm

Location: Body Blueprint, 87 McBriar Avenue, Victoria

Instructor: Christina Truscott, Trainer of Fitness Leaders (TFL)

Price: \$70 +GST

Online Option:

Date: June 24 & 25, 2020

Location: Link to the course will be sent on the day of the course.

Time:

- Wednesday, June 24, 2020, 12pm-3pm for the Weight Training ICE
- Thursday, June 25, 2020, 12pm-2pm for the Personal Training ICE

Instructor: Andre Noel Potvin, Trainer of Fitness Leaders (TFL)

Price:

- Both Weight Training and Personal Training ICE: \$70 + GST
- Weight Training ICE only: \$40 +GST
- Personal Training ICE only: \$ 40 +GST

Registration for both options will open June 2 on the BCRPA website [Events page](#).

Thank you,

Kevin Penny

Senior Manager, Physical Activity Programs