Fitness News Bulletin



Enriching individuals and their communities through the power of recreation and parks.

February 26, 2020

Change in CEC renewal requirements

We've made some changes that you're going to like!

Effective immediately, the number of CECs required to renew 2 year BCRPA registrations has been reduced.

- Fitness Leaders: 12 continuing education credits are required to renew your Fitness Leader registration.
- SFLs and TFLs: 16 continuing education credits are required to renew your SFL or TFL registration.

Why have we made this change?

- To strengthen national standards, the National Fitness Leader Alliance (with which you are affiliated through BCRPA) has been aligning and standardizing professional development requirements.
- To make it easier and less expensive for you to achieve your registration renewal requirements.
- To ensure you remain the best trained and most competent fitness professional within the market.

If you are a Fitness Leader whose registration expires today, February 26, 2020, and onwards then your CEC renewal requirement is now:

- Fitness Leaders: 12 CECs
- SFLs & TFLs: 16 CECs

Ways to earn CECs

Remember, there are many ways in which you can earn CECs.

All options, can be found on the <u>BCRPA approved courses and workshop webpage</u> (*note that there are many online options to choose from*!) and within the "How can I earn CECs" accordion on the <u>FAQ web page</u>.

P.S. More exciting changes are in the works and will be announced in the coming months.



