



Fitness Special E-Bulletin

April 9, 2020



TELL US HOW YOU ARE INNOVATING YOUR FITNESS CLASS DELIVERY

Greetings!

Fitness Leaders like you have been one of the first to adjust to the physical distancing measures currently in place, pivoting your business models and service delivery to virtual online formats.

We want to highlight your nimbleness and innovation. Tell us your story of how you've made this exciting shift to teaching fitness classes virtually!

[Click here to send us your story](#)

We will share your stories with all our registered Fitness Leaders and the public through our social media channels as well as on our [Healthy Living Matters website](#).

We also want to help promote your online classes! [Fill out this form](#), and we will post it on our listings webpage. This too will be promoted through our social media channels.

Thank you for playing such an important role in keeping people active and healthy during this very challenging time. [We look forward to sharing your story.](#)