

## BCRPA – APPROVED COURSES

### Important Notice:

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses.*** All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start	Contact	Phone	Website
<b>Aquatic Fitness</b>				
Delta **code #448745	13-Jun-20	Monica Thomson	604-952-3000	www.deltareg.ca
Delta	7-Nov-20	Monica Thomson	604-952-3000	www.deltareg.ca
Langley	5-Jun-20	Leah Esplen	604-882-0408	leah@mommymoves.com
Surrey	2-May-20	Leah Esplen	604-501-5100	leah@mommymoves.com
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
<b>Fitness Theory</b>				
Cloverdale/Langley	12-Jun-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	10-Jul-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	7-Aug-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	18-Sep-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	16-Oct-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	6-Nov-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	4-Dec-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	http://kinesiologists.ca/
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Surrey	2-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	20-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	18-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca

<b>Vancouver</b>	11-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	6-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	24-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	10-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	23-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver Island</b>	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
<b>Victoria</b>	8-May-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Victoria</b>	18-Sep-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Aaron Tews	604.372.3233	www.kinesiologists.ca
<b>Distance Education</b>	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
<b>Distance Education</b>	Ongoing	David Gillis	604.822.1682	dgillis@rec.ubc.ca
<b>Distance Education</b>	Ongoing	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Distance Education</b>	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
<b>New Westminster</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
<b>Group Fitness</b>				
<b>Cloverdale/Langley</b>	17-Oct-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
<b>Vancouver</b>	17-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	6-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Victoria</b>	20-Jun-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Victoria</b>	24-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	http://bodyblueprint.com/group-fitness/
<b>Distance Education</b>	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Older Adult</b>				
<b>New Westminister</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
<b>Surrey (Cloverdale)</b>	7-Jun	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/

<b>Vancouver</b>	31-May-20	Melanie Galloway	604-638-7285	<a href="https://www.jccgv.com/fitness-and-wellness/instructor-training/#1522107559752-d2be3abc-ff00">https://www.jccgv.com/fitness-and-wellness/instructor-training/#1522107559752-d2be3abc-ff00</a>
<b>Vancouver</b>	18-Oct	Melanie Galloway	604-638-7285	<a href="https://www.jccgv.com/fitness-and-wellness/instructor-training/">https://www.jccgv.com/fitness-and-wellness/instructor-training/</a>
<b>Distance Education</b>	Ongoing	Aaron Tews	604.372.3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/">https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/</a>
<b>Distance Education</b>	Ongoing	Body Blueprint Fitness	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
<b>Distance Education</b>	Ongoing	Dr. Bill Luke	604.785.7621	<a href="http://www.DrLukeFitnessandHealth.ca">www.DrLukeFitnessandHealth.ca</a>
<b>Distance Education</b>	Ongoing	Melanie Galloway	604.732.9295	<a href="http://www.growingstrong.ca">www.growingstrong.ca</a>
<b>Osteofit</b>				
<b>Distance Education</b>	ongoing	Cari Plotnikoff	604-809-6039	<a href="mailto:cari_plotnikoff@shaw.ca">cari_plotnikoff@shaw.ca</a>
<b>Personal Training</b>				
<b>Cloverdale/Langley</b>	18-Apr-20	Aaron Tews	604-372-3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/">https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/</a>
<b>Cloverdale/Langley</b>	28-Aug-20	Aaron Tews	604-372-3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/">https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/</a>
<b>Cloverdale/Langley</b>	7-Nov-20	Aaron Tews	604-372-3233	<a href="https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/">https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/</a>
<b>New Westminster</b>	Ongoing	<a href="mailto:info@hilltopacademy.ca">info@hilltopacademy.ca</a>	604.553.0505	<a href="http://www.hilltopacademy.ca">http://www.hilltopacademy.ca</a>
<b>New Westminster</b>	Ongoing	<a href="mailto:sportsinstitute@douglascollege.ca">sportsinstitute@douglascollege.ca</a>	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
<b>North Vancouver</b>	Private Instruction	On The Edge Fitness Educators	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
<b>Surrey</b>	18-Jul-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Surrey</b>	12-Sep-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	23-May-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	27-May-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	6-Jun-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	4-Jul-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	7-Jul-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	20-Aug-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	22-Aug-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	6-Oct-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
<b>Vancouver</b>	17-Oct-20	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>

<b>Vancouver</b>	7-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	19-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Victoria</b>	25-Jun-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Victoria</b>	19-Nov-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Pilates</b>				
<b>Distance Education</b>	Ongoing	Emmie Li	604.862.0999	http://bit.ly/2kJmQfz
<b>Weight Training</b>				
<b>Cloverdale/Langley</b>	19-Jun-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
<b>Cloverdale/Langley</b>	14-Aug-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
<b>Cloverdale/Langley</b>	2-Oct-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
<b>Delta **code 433157</b>	2-May-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
<b>New Westminster</b>	17-Oct-20	Douglas College	604-527-5492	https://www.douglascollege.ca/
<b>New Westminster</b>	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
<b>New Westminster</b>	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
<b>Surrey</b>	23-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Surrey</b>	4-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Surrey</b>	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Surrey</b>	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	2-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	8-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	20-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	23-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca

<b>Vancouver</b>	21-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Vancouver</b>	Private Instruction	Function Health Club	604.608.2522	<a href="http://functionhealthclub.com/personal-training-courses/">http://functionhealthclub.com/personal-training-courses/</a>
<b>Vancouver</b>	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Victoria</b>	29-May-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Victoria</b>	16-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Aaron Tews	778.574.1190	<a href="http://kinesiologists.ca/">http://kinesiologists.ca/</a>
<b>Distance Education</b>	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
<b>Distance Education</b>	Ongoing	Cari Plotnikoff	604-809-6039	cari_plotnikoff@shaw.ca
<b>Distance Education</b>	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
<b>Distance Education</b>	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
<b>Yoga Fitness</b>				
<b>Langley</b>	15-Jul-20	Grove Yoga School	604-882-9094	www.groveyogaschool.ca
<b>Online</b>	29-May-20	FitFlowYoga	778-882-9642	www.fitflowyoga.ca