

BCRPA-approved Courses

Important Notice:

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Location	Start	Contact	Phone	Website
Aquatic Fitness				
Delta **code #448744	4-Apr-20	Monica Thomson	604-952-3000	www.deltareg.ca
Delta **code #448745	13-Jun-20	Monica Thomson	604-952-3000	www.deltareg.ca
Delta	7-Nov-20	Monica Thomson	604-952-3000	www.deltareg.ca
Langley	5-Jun-20	Leah Esplen	604-882-0408	leah@mommymoves.com
Surrey	2-May-20	Leah Esplen	604-501-5100	leah@mommymoves.com
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Fitness Theory				
Cloverdale/Langley	17-Apr-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	12-Jun-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	10-Jul-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	7-Aug-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	18-Sep-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	16-Oct-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	6-Nov-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/Langley	4-Dec-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	http://kinesiologists.ca/

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Delta ** code 447151	18-Apr-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Surrey	2-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	20-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	1-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	18-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	11-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	24-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	10-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	23-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
Victoria	8-May-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	18-Sep-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Aaron Tews	604.372.3233	www.kinesiologists.ca
Distance Education	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Distance Education	Ongoing	David Gillis	604.822.1682	dgillis@rec.ubc.ca
Distance Education	Ongoing	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/

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Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Group Fitness				
Cloverdale/Langley	17-Apr-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	17-Oct-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Vancouver	17-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	20-Jun-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	24-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education	Ongoing	Body Blueprint	778.433.8884	http://bodyblueprint.com/group-fitness/
Older Adult				
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Surrey (Cloverdale)	7-Jun	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Vancouver	31-May-20	Melanie Galloway	604-638-7285	https://www.jccgv.com/fitness-and-wellness/instructor-training/#1522107559752-d2be3abc-ff00
Vancouver	18-Oct	Melanie Galloway	604-638-7285	https://www.jccgv.com/fitness-and-wellness/instructor-training/ https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/
Distance Education	Ongoing	Aaron Tews	604.372.3233	www.bodyblueprint.com
Distance Education	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Dr. Bill Luke	604.785.7621	www.DrLukeFitnessandHealth.ca

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Location	Start	Contact	Phone	Website
Distance Education	Ongoing	Melanie Galloway	604.732.9295	www.growingstrong.ca
Osteofit				
Vancouver	19-Apr-20	Melanie Galloway	604-638-7285	https://hdc-pols.spectrumng.net/JCCGV/Members/PR/ProgramDetails.aspx?searchtype=code&prgcode=8272
Personal Training				
Cloverdale/Langley	18-Apr-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	28-Aug-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	7-Nov-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
New Westminster	28-Mar-20	Douglas College	604-527-5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Surrey	18-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	28-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	7-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	23-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	27-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	4-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca

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Vancouver	7-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	20-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	7-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	19-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	2-Apr-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	25-Jun-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	19-Nov-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Pilates				
Delta	24-Apr-20	Lela Dawson	604-318-3326	www.LelaDPilates.com
Distance Education	Ongoing	Emmie Li	604.862.0999	http://bit.ly/2kJmQfz
Weight Training				
Cloverdale/Langley	19-Jun-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	14-Aug-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Cloverdale/Langley	2-Oct-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Delta **code 433157	2-May-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
New Westminster	9-Apr-20	Douglas College	604-527-5492	https://www.douglascollege.ca/
New Westminster	17-Oct-20	Douglas College	604-527-5492	https://www.douglascollege.ca/

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New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Surrey	28-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	23-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	4-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Surrey	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	29-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	2-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	8-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	20-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	23-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	21-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Victoria	29-May-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	16-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Yoga Fitness				
New Westminster	29-May-20	FitFlow Yoga	778-882-9642	www.fitflowyoga.ca
Langley	15-Jul-20	Grove Yoga School	604-882-9094	www.groveyogaschool.ca