



April 29 - May 1, 2020 | Victoria, BC





## Invitation from the President

We are very excited to return to Victoria this spring to host Symposium. What better place than our provincial capital – a bastion of recreation, parks, art, and culture – and of course provincial leadership – to come together and celebrate the enormous impact of our sector, and chart our collective course forward.

This year's theme, "For Everyone. From Everywhere: Recreation + Parks" was chosen by our conference planning committee colleagues from across the province to encapsulate the purpose of our careers. It also provides an inspired framework to address the top challenges in our communities, showcasing cutting-edge innovations from both international and home-grown strategies and solutions.

The power of our community leadership in collaboration, diversity, and inclusivity is messaged throughout this year's sessions. We will begin and end with the cornerstones of For Everyone (developing engaging leadership with Christine McLeod), and From Everywhere (diversity and inclusion with Alden Habacon).

New this year are even more rapid-fire sessions (Concise Concepts & Idea a Minute) to maximize opportunities to spark inspiration and learn about the latest in program, technology, and facility design. In addition, we added an entire stream devoted to parks issues. To keep you moving, be sure to join the second annual bicycle Tour de BCRPA, the culture tour, or the 9-hole Disc Golf game. Then, put your dancing shoes on for this year's Banquet & Dance – a twist on a Mad-Hatter theme that is sure to be a hoot!

I look forward to meeting with you there.

Trisha Davison, **BCRPA** President

Director of Parks & Recreation, City of Trail

## Special Thanks to the Program and Events Advisory Committee

Cindy Eward, City of Richmond

Christine Creer, District of Squamish

Colleen Hoglund, SEAPARC, Capital **Regional District** 

Darren Peterson, City of Vancouver

Geoff Welham, Westshore Parks & Recreation

Hannah Nawroth, Panaorama Recreation, Capital Regional District

Heidi DeWildt, City of Prince Rupert

Jennifer Folkersen, North Vancouver Recreation & Culture Commission

Jessie Demers, District of Saanich

Lisa Lehive, Westshore Parks & Recreation

Lynn Wilson, Regional Parks, Capital Regional District

Mark Hentze, HDR

Michael Marousek, City of Vancouver

Nicole Kittmer, Regional District of

Central Okanagan

Pam Zwicker, District of Tofino

Ryan Weber, City of New Westminster

Shelley Brown, City of Victoria

Susan Bullock, Comox Valley Regional

District

Tara Roberts, City of Surrey

Tiana Solares, City of Coquitlam



## Special Thanks to our Sponsors

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**Bronze Sponsors:** 







**Break Sponsors:** 

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## **5 REASONS TO ATTEND**

## INVOLVED + INSPIRED

Be part of the conversation. Hear from over 50 speakers that will speak to the importance of what you do and how it benefits the community. Learn new and groundbreaking trends in recreation and parks and be inspired to return to your community with a fresh perspective.

#### **NFW PROGRAMMING + PRACTICES** 2.

We have a record amount of education sessions tailored just for you! Hear success stories and lessons learned from your colleagues across the sector. Fill your professional toolkit with new resources, best practices and innovative ideas that you need to do your best work.

#### **DIVERSITY + INCLUSION 3**.

Dive into sessions and workshops exploring topics like reconciliation, decolonization, equity, dignity, and accessibility. Get inspired and motivated about how you turn theory into practice to support diversity and inclusion in your community.

#### **NFTWORK + RESULTS** 4.

Meet and mingle with your provincial peers from across the sector. Networking at Symposium is one of the most invaluable experiences noted by delegates. Find solutions to similar issues, develop partnerships and grow your network.

#### **5**. **EXPLORE + LEARN ON THE GO!**

Build on your professional development and unlock your potential. There is no better place to do it than nestled near the inner-harbour of beautiful Victoria, British Columbia! Take advantage of what the Active Sessions, and Pre-event Symposium have to offer while making lasting connections for the future!

#### WHAT'S NEW THIS YEAR

- A custom events app to streamline your education experience and maximize networking opportunities
- More rapid-fire sessions to spark new ideas and inspiration in less time
- 5 discussions groups with a **Spotlight** on Community Priorities
- 6 specialized session streams: Parks and Open Spaces (NEW for 2020); Active Health; Inclusion and Access; Recreation Capacity; Supportive Environments; and Recreation and Parks Management
- 3 fun Recreation + Parks Active **Sessions** on day 1 to choose from
- A rebranded tradeshow at the Marketplace Expo, with innovative companies to serve your community
- Plus, 2 bonus sessions on Thursday a workshop with CPRA, and a reception hosted by Langara!
- **And only ONE Early Bird Opportunity** (Ends March 26, so don't miss it!)

#### **IMPORTANT DATES**

March 26 ▶

**Last day for Early Bird savings** 

March 30 ▶

Discounted hotel rates end

March 30 ▶

Last day for refunds

April 24 ▶

Online registration closes

April 29 ▶

HIGH FIVE® Course and Welcome Reception, sponsored by HDR

April 29 to May 1 ▶

**Symposium** 

April 30 ►

**Annual General Meeting** 





Movement and activity Plenary sessions **Education Session** 

TIME►	TUESDAY, Apr 28	TIME►	WEDNESDAY, Apr 29	TIME►	THURSDAY, Apr 30	TIME►	FRIDAY, May 1
		7:30-8:30am	Registration & Light Refreshments	7:30-8:30am	Registration & Breakfast	7:30-8:30am	Registration & Breakfast
8:30am- 4:30pm	HIGH FIVE® Strengthening Children's Mental Health Course	8:30-10:10am	Opening Remarks and Keynote	8:30-9:25am	Snapshot Presentations	8:30-9:30am	SESSIONS E
6:00-	Welcome Reception, sponsored by HDR (at Sticky Wicket)	10:10-10:15am	Move It! Break	9:25-9:30am	Move It! Break	9:30-9:45am	Transition Break
9:00pm		10:15-10:30am	Nutrition Break	9:30-9:45am	Nutrition Break	9:45–11am	Panel Discussions
		10:30-11:45am	Spotlight on Community Priorities	9:45-10:45am	SESSIONS C	11:00-11:15am	Nutrition Break
		11:45am-1:15pm	Marketplace Expo, Lunch & Networking	10:45-11am	Transition Break	11:15-11:20am	Move It! Break
		1:15-2:15pm	SESSIONS A	11am-12pm	SESSIONS D	11:20am-12:30pm	Closing Keynote
		2:15-2:30pm	Marketplace Expo	12:00-1:45pm	Awards & AGM Luncheon	12:30-12:45pm	Closing Comments & Prizes
		2:30-3:30pm	SESSIONS B	1:45-2pm	Transition Break		
		3:30-5:30pm	Marketplace Expo Happy Hour	2:00-2:30pm	ldea-a-Minute		
		5:30-7:00pm	Recreation + Parks Active Sessions	2:30-3:30pm	Concise Concepts		
		7 pm	Dinner on your own	3:30-4:15pm	Optional: Innovative Solutions: Increased Participation and Retention of Women and Girls in Recreational Sport — registration required		
				5:30–6:30pm	Optional: Langara College Celebrates 50 Years of Recreation — registration required (Free drink ticket for first 20 registrants.)		
				6:00–6:30pm	Reception & Networking		
				6:30pm– Midnight	Banquet & Dance, sponsored by MAIS Software Inc.		



## **REGISTRATION** General Information & Fees

It pays to register early! Save the date because we are offering only one early bird opportunity to save \$\$\$.



## Early Bird RATE DEADLINE March 26, 2020

Register online today at www.bcrpa.bc.ca/conferences/symposium!

Registration check-in at The Victoria Conference Centre starts at 7:30 am on Wednesday, April 29, 2020.

#### Take advantage of the discounts offered to members!

Learn more about membership at www.bcrpa.bc.ca/membership/member-types-and-benefits/

## TUESDAY, APR. 28 **WORKSHOP FEE**

The HIGH FIVE® Workshop on April 28 is an optional add-on to Symposium.

Lunch is included.

WORKSHOP	CATEGORY	DATES	RATE
HIGH FIVE® Strengthening	Member	<b>EARLY BIRD RATES</b> (ending March 26, 2020)	\$50
Children's Mental Health	Non Member		\$60
8:30 am – 4:30 pm (lunch included)	Member	REGULAR RATES	\$65
(raner meradea)	Non Member	(starting March 27, 2020)	\$75

## WED, APR 29 - FRI, MAY 1 SYMPOSIUM FEES

**Full Symposium registration** includes two breakfasts, two lunches, Wednesday Marketplace Expo Happy Hour, and Thursday evening Reception, Banquet & Dance. Additional fees (for cost recovery) apply for Recreation + Parks Active Sessions on Wednesday, April 29.

Daily registration includes only breakfast and lunch on the day (as applicable); Additional fees (for cost recovery) apply for Recreation + Parks Active Sessions on Wednesday, April 29, and the Banquet & Dance on Thursday, April 30.

CATEGORY	DATES	RATE
Member – Full Registration		\$650
Non Member – Full Registration	EARLY BIRD RATES	\$800
Member – 1 Day Registration	(ending March 26, 2020)	\$360
Non Member – 1 Day Registration		\$460
Member – Full Registration		\$750
Non Member – Full Registration	REGULAR RATES	\$900
Member – 1 Day Registration	(starting March 27, 2020)	\$410
Non Member – 1 Day Registration		\$510
Student Member – Full Registration	CTUDENT DATES	\$350
Student Member – 1 Day Registration	STUDENT RATES	\$200



## **REGISTRATION** Information & Fees continued

# WEDNESDAY, APR. 29 OPTIONAL RECREATION + PARKS ACTIVE SESSIONS

Note: If you would like to join us for one of these fun active sessions, additional fees apply. All fees are for cost-recovery.

Recreation + Parks Active Sessions are 90 minutes. Learn more about each activity on page 11.

Recreation + Parks Active Sessions ► Wednesday, April 29, 5:30 – 7pm			
Tour de BCRPA, sponsored by Carscadden, Stokes, McDonald	Bike tour only – no rental (bring your own bike & helmet)	\$35	
Architects Inc. (complimentary t-shirt included)	Bike tour with bike and helmet rental	\$50	
Walking Tour (Guided Tour) – Fron A Different Look at Victoria's Histo	\$20		
Disc Golf at Banfield Park – <i>In partnership with Innova Disc Golf and Acerunners Disc Golf</i> (round-trip shuttle service and complimentary disc included) \$15			

#### **GUEST MEAL TICKETS**

Meal tickets are available for your accompanying guests.

**Daily registration includes** only breakfast and lunch on the day (as applicable); guest tickets for all other meals and evening activities must be purchased separately.

GUEST MEAL TICKETS	RATE
Wednesday, April 29 Lunch	\$60
Thursday, April 30 Breakfast	\$45
Thursday, April 30 Luncheon (Awards and AGM)	\$60
Thursday, April 30 Banquet & Dance	\$100
Friday, May 1 Breakfast	\$45



www.perfectmind.com





## Keynote Speakers

**OPENING** KEYNOTE

## Christine McLeod What Is It Time For? The Magic and Logic of Leadership

Wed, April 29 2020 | 9:05 - 10:05 am

At any given time we have to balance "sensing" and "doing", "intuition and doing", and "feeling and acting". The magic of leadership happens when we are able to intuitively sense the answer to the question: What is it time for - which part of me needs to show up in this moment? The logic of leadership is how we use the tools and experience we have collected to make the magic happen. Whether you manage a small or large team or work independently, you will walk away with more confidence and inspiration to create more engaging experiences for your colleagues and customers alike. You will improve your ability to quickly ask yourself, "What is it time for?" You will learn a few go-to tools to pull out at a moment's notice from your leadership toolkit. You will recognize and avoid the barriers that can get in the way of both the magic and the logic.

CHRISTINE MCLEOD is a leadership advisor, facilitator and trainer. She works with leaders in organizations of all sizes who want to take their skills to the next level. She has lived in Whistler and Squamish for over twenty years. When she is not leading through work contracts, she is

leading through volunteer roles in her daughters' schools, the Squamish BMX club and an organization close to her heart, 100 Kids Who Care Squamish Chapter. Her vision is a world where each of us "Everyday Leaders" makes a contribution to a better workplace, community and world through our actions and personal leadership. (Instagram: @Everydayleaders) (Website: everydayleaders.ca)



## Alden Habacon We're Diverse, Now What?

Fri, May 1, 2020 | 11:30 am – 12:30 pm

Recreation and parks, active living, and community connectedness are at the heart of BC's physical and psychological well-being. While communities aspire to fully realize the health and fitness of all British Columbians, stories abound of the struggles and challenges to improving physical literacy and promoting active lifestyles across increasingly aging and diverse populations. Recreation and parks professionals are faced with being more intentional, more skilled and more adaptive to fostering inclusivity across a more complex range of differences. Alden will help you acknowledge and understand the natural turbulence created by cultural differences, and navigate your journey towards inclusive practices within your community.

ALDEN HABACON is one of Canada's leading diversity and inclusion strategists and facilitators. He is well known in this field and highly regarded for his fifteen years of impact, and his innovative work around inclusive leadership, unconscious bias and intercultural training. He works with

leadership in a wide range of professions and sectors throughout Canada, including the legal community, social services, the public sector, municipalities, first responders, and private corporations. Over the last few years he has delivered professional development to faculty and staff in almost every university in the province and currently works with many universities across Canada, Hong Kong and the United States. Since 2008, he has also held multiple roles at the University of British Columbia, leading the University's commitment to intercultural understanding, and providing intercultural skill training to students. He is the recipient of multiple honours, including the 2010 Power of Peace Award of the YMCA of Greater Vancouver, the 2011 Leadership Honouree in the area of Arts and Media, of the North American Association of Asian Professionals (NAAAP) of Vancouver, the 2012 Maharlika Award in Leadership, and the Queen Elizabeth II Diamond Jubilee Medal Award for his work in multiculturalism and intercultural understanding. Alden has lived in Manila, Winnipeg, Edmonton, Regina and Burnaby (in that order), and currently resides in Vancouver with his wife and two sons. (Website: aldenhabacon.com)



## Special Features

### TUESDAY, APRIL 28

8:30 am - 4:30 pm

## HIGH FIVE® Strengthening Children's Mental Health (Optional)

HIGH FIVE® Strenthening Children's Mental Health (SCMH) is an early identification awareness and response program that will educate recreation staff and supervisors on how to promote mental wellness in programs, build resiliency in children, recognize when children may be struggling with mental health challenges, and how to support children and their families should they need assistance. The certification course is intended for municipal staff and supervisors offering children's programs to be better informed about providing early intervention for children's mental health. Lunch is included.

6:00 - 9:00 pm

## Welcome Reception, sponsored by **FOR**

Join us at the Welcome Reception, sponsored by HDR for some networking and merriment. Meet up early with friends and colleagues, enjoy some light refreshments and pick up your registration package at the Sticky Wicket (919 Douglas St, Victoria).

## WED, APR. 29 - FRI, MAY 1

various times

#### Move It! Breaks

We're incorporating 5 minute Move It! Breaks wherever we can, so be ready to move and play when the moment calls for it! Activities will be inclusive of all abilities.







## **WEDNESDAY, APRIL 29**

10:30 - 11:45 am

#### Spotlight on Community Priorities

These concurrent education sessions will shine the spotlight on recreation and parks priorities in your communities. We will start off with community success stories, then break off into interactive discussion and brainstorming groups. Bring your ideas, innovative solutions and approaches – you just might help your peers solve their recreation and parks issues (and they might solve yours)!

- Staffing Challenges and Successes Facilitator: Christine Mcleod Topics: Address issues related to staff recruiting, hiring, retention, and succession planning
- ▶ **Aging Recreation Infrastructure** Facilitator: Mark Hentze Topics: Topics include asset management, replacement planning, facility revitalization, and infrastructure projects
- Parks and Open Spaces Facilitator: Chris Rutherford Topics: Parks topics such as user groups, increasing demands for space, and environmental concerns
- **Balancing Small Community Demands** Facilitator: Jordan Petrovics Topics: Small communities face particular challenges such as economic pressures, staffing challenges, and conflicting funding priorities
- ▶ **Programming Shifting Focus to Arts and Culture** Facilitator: Jessie Demers Topics: Share success stories to strengthen recreational arts and culture programs, including innovations and pilot programs

11:45 am - 1:15 pm

### Marketplace Expo, Lunch & Networking

Grab your lunch and head to the Marketplace Expo to explore the newest products and services in the sector. Connect with your business contacts, meet new vendors and suppliers, and start new conversations.

3:30 - 5:30 pm

#### Marketplace Expo Happy Hour

Visit the Marketplace Expo and connect with vendors and suppliers from across the recreation and parks sector. Play games, win prizes, and enjoy some light refreshments, and appies. Take advantage of this opportunity to start new deals and strengthen partnerships with vendors, delegates and guests! All delegates are welcome.



#### ... WEDNESDAY, APRIL 29

5:30 - 7 pm

#### Recreation + Parks Active Sessions

We have many active recreation options for you! Cycling, a walking culture tour and Disc Golf are being planned. Get energized and inspired by Victoria's beautiful outdoors (rain or shine). Keep the networking going afterwards by wrapping up the activities at the historic Spinnakers Gastro Brewpub & GuestHouse – the oldest pub in Victoria!

## ► Tour de BCRPA, sponsored by Carscadden

Join the second annual Tour de BCRPA, sponsored by Carscadden, Stokes, McDonald Architects Inc. Guides from The Pedaler will lead you on a spectacular customized tour of the harbour front, with scenic vistas, and remarkable cycling trails. All levels are welcome! The tour will end at the nearby Spinnakers Gastro Brewpub & GuestHouses for an evening of networking.

#### Rum Runners to Craft Brewers: A Different look at Victoria's History and **Culture Tour**

Enjoy a guided tour about the rum runners' era of Victoria woven into a compelling narrative about Old Town and Chinatown. Hear stories about harbour development and land culture. Participants will be given the choice to end the tour at Spinnakers to meet up with the bike tour group, or continue back to the hotel.

#### **Disc Golf at Banfield Park**

Join us for nine holes of disc golf, hosted by Innova Disc Golf and AceRunners Disc Golf (no experience required!). Banfield Park is just minutes from downtown Victoria, right at the waterfront. This "golf of the future" is a highly accessible sport that is easy to learn and is bringing people of all ages together across the province. Very low capital, and low maintenance costs also make disc golf an ideal addition to local outdoor recreational programming. Today there are 74 official disc golf courses in the province, 21 of which have been built in just the last three

years. Play a game with us and discover why Disc Golf is one of the fastest growing sports in North America and Europe. Participants are guaranteed to have a great time and will receive an official golf disc of their very own. Round-trip shuttle service will be provided. Register early, space is limited.



Above: The Disc Golf course at Banfield Park



### THURSDAY, APRIL 30

8:30 - 9:25 am

#### Snapshots

Rapid-fire 6 minute presentations with 3 minutes to ask questions.

- Barrier-free Recreation Tanelle Bolt
- Kitimat Mud Games Marcia Rice
- Do You Walk and Bike the Talk? **Top 10 Reasons to Bring Cycling Into Your Workplace** – Lana Taves
- ► Innovative Solutions: Increased Participation and **Retention for Women and Girls in Recreational Sport** – CPRA
- ► Fitness Program & Innovative Change BCRPA

12:00 - 1:45 pm

#### Awards and AGM Luncheon

Celebrate the sector's most innovative projects from around the province. Then enjoy hearing from both BCRPA's President, and CEO on the exciting year that was 2019, and the plans ahead for 2020!

2:00 - 2:30 pm

#### Idea-a-Minute

Hear from cutting-edge corporate speakers in an interactive format about the latest innovative design and technologies employed in the recreation and parks sector.

Speakers – HCMA, HDR, MAIS Software Inc., PerfectMind, and VDA Architecture Limited

2:30 - 3:30 pm

#### Concise Concepts

Quick, condensed, TED Talk-style presentations.

- ► Community, Culture, and Recreation Grant Funding Laird McLachlin
- ► Neighbours Engaging In Activities Together: A Successful Partnership - Laura VanDyk and Julie Wallace
- ► All Ages and Abilities: Infrastructure Improvements to Encourage Active **Transportation and Urban Well-Being** – Sarah Webb
- ► Taking the Fear Out of Asset Management in Parks Wally Wells
- ► The Power of Circle Learn the Principles of Circle Dialogue Ame-Lia Tamburrini



#### ...THURSDAY, APRIL 30

3:30 - 4:15 pm

## Innovative Solutions: Increased Participation and Retention of Women and Girls in Recreational Sport



- Christa Costas-Bradstreet

CPRA is implementing a number of initiatives, informed by best practices and evidence, that aim to increase the participation and retention of women and girls in recreational sport in Canada. This session will discuss the critical gaps and challenges that must be addressed, and explore evidence-based solutions that can be adopted across Canada to achieve this goal.

5:30 - 6:30 pm

## Langara College Celebrates 50 Years of Recreation

RECREATION STUDIES

In celebration of 50 years at Langara College, the Recreation Studies Langara. Department will be hosting a reception to bring together the Recreation Studies Community. Come and mingle with fellow graduates, faculty and industry partners. The first 20 registrants will receive one (1) free drink ticket, plus every alumni in attendance will receive a small gift. Come and raise a glass to the past, present, and future of the Recreation Studies Department! Are you interested in advancing your career in recreation? Come and talk to staff and faculty about the Recreation Leadership Diploma and the Bachelor of Recreation Management Degree.

6:00 - 6:30 pm

## Reception & Networking

Mingle with other delegates, show off your "Mad Hatter Tea Party" themed costumes, and get a head-start on the merriment and conversations.

6:00 pm - Midnight

## Banquet & Dance, sponsored by MalS

Have fun playing, eating, drinking, and dancing together with new and old friends at the "Mad Hatter Tea Party" themed Banquet & Dance, sponsored by MAIS Software Inc. We'll have a blast putting a twist on a crazed tea party. Featuring Victoria's own DJ Chris Poynter (https://www.chrispoynter.ca/)

## FRIDAY, MAY 1

9:45 - 11 am

#### Panel Discussions

Two concurrent discussion panels will explore topics that can help you build the success of your organization, and the health of your community.

Discussion panels include:

- ► ŚW\_, ŒNENITEL "helping people work together"
  - Erich Kelch, Cheryl Bryce, and Beangka Elliot
- Recruitment and Retention: The Meaning of "Career Fit"
  - Davin Greenwell, Cissy Pau, and Jeff Holland



## Symposium Daily Matrix

► TUESDAY, APR	28		
8:30 am–4:30 pm	OPTIONAL HIGH FIVE® Strengthening Children's Mental Health Course		
6:00–9:00 pm	Welcome Reception, sponsored by HDR (at Sticky Wicket, 919 Douglas Street)		
(all delegates, sponsors, and exhibitors welcome)  • WEDNESDAY, APRIL 29			
7:30–8:30 am	Registration		
7:30–8:30 am	Beverages and Light Refreshments (coffee, tea, smoothies)		
8:30–10:10 am	Welcome, Opening Remarks, and  OPENING KEYNOTE ➤ What Is It Time For? The Magic and Logic of Leadership		
10:10–10:15 am	Move It! Break		
10:15–10:30 am	Nutrition Break		
10:30–11:45 pm	SPOTLIGHT ON COMMUNITY PRIORITIES SL1 Staffing Challenges and Successes SL2 Aging Recreation Infrastructure SL3 Parks and Open Spaces SL4 Balancing Small Community Demands SL5 Programming – Shifting Focus to Arts and Culture		
11:45–1:15 pm	Marketplace Expo, Lunch, and Networking		
1:15–2:15 pm	SESSIONS A  A1 Productive Conflict: Leaning Into Conversations That Matter  A3 Nature Preschool Program – From Planning to Implementation  A4 Building Equity into Community Engagement Processes  A5 Providing Dignity: Informed Outreach in Our Parks		
2:15-2:30 pm	Marketplace Expo		
2:30–3:30 pm	<ul> <li>SESSIONS B</li> <li>B1 Active People, Active Places: BC Physical Activity Strategy – Where We've Been and Where We're Going</li> <li>B2 Changing the Rules: New Approaches to Recreation Design</li> <li>B3 Regional Trails: Planning and Managing for Different Uses and Interests</li> <li>B4 The Art of Mentoring</li> <li>B5 Teaching Coping Skills in Child and Youth Programs</li> </ul>		
3:30–5:30 pm	Marketplace Expo Happy Hour (all delegates welcome)		
5:30–7 pm	RECREATION + PARKS ACTIVE SESSIONS  RP1 Tour de BCRPA, sponsored by Carscadden, Stokes, McDonal Architects Inc  RP2 Rum Runners to Craft Brewers: A Different look at Victoria's History and Culture Tour  RP3 Disc Golf at Banfield Park		
7 pm	Dinner on your own		



## Symposium Daily Matrix continued

► THURSDAY, APRIL 3O			
7:30–8:30 am	Registration		
7:30–8:30 am	Breakfast		
8:30–9:25 am	Snapshots		
9:25–9:30 am	Move It! Break		
9:30–9:45 am	Nutrition Break		
9:45–10:45 pm	SESSIONS C C1 Recreation Leadership to Strengthen Children's Mental Health C2 Gray Matters C3 Community Arts Practice in Urban Nature C4 Understanding the Environmental Impacts of Splash Parks C5 The Role of Recreation Facilities in Disaster Response and Recovery		
10:45–11 am	Transition Break		
11–12 pm	<ul> <li>SESSIONS D</li> <li>D1 The Road to Inactivity is Paved with Good Intentions:         <ul> <li>Turning Physical Activity Intentions Into Action</li> </ul> </li> <li>D2 Programing with a Purpose: Lessons Learned</li> <li>D3 Location Matters: Health and Economic Impacts of Where We Live</li> <li>D4 Policy and Strategy Development for Recreation, Parks and Culture – a Toolkit</li> <li>D5 Paint by Numbers – Transforming Data into Opportunities</li> </ul>		
12–1:45 pm	Awards and AGM Luncheon		
1:45–2 pm	Transition Break		
2–2:30 pm Idea-a-Minute			
2:30-3:30 pm	Concise Concepts		
3:30–4:15 pm	OPTIONAL Innovative Solutions: Increased Participation and Retention of Women and Girls in Recreational Sport – registration required, no drop-ins		
5:30–6:30 pm	OPTIONAL Langara College Celebrates 50 Years of Recreation (drink tickets for the first 20 people and light appetizers provided) – registration required		
6–6:30 pm	Reception & Networking		
6:30-midnight	Banquet & Dance, sponsored by MAIS Software Inc – Mad Hatter Tea Party theme		



## Symposium Daily Matrix continued

► FRIDAY, MAY 1		
7:30 –8:30 am	Registration	
7:30–8:30 am	Breakfast	
8:30–9:30 am	E1 Every Day Arts: Community Arts and Wellbeing E2 Addressing Conflict: Expanding an Employee's Conflict Resolution Toolbox E3 Decolonizing Landscapes in an Urban City E4 Risk Management Strategies for Natural Water Recreation Sites E5 Healthy Child Development Through Nature, Adventure and Risky Play E6 Climate Ready BC: Developing a Climate Adaptation and Preparedness Strategy for the Province	
9:30–9:45 am	Transition Break	
9:45–11 am	DISCUSSION PANELS  DP1 ŚW_,⊄ENE <u>N</u> ITEL – 'helping people work together'  DP2 Recruitment and Retention: The Meaning of "Career Fit"	
11:00–11:15 am	Nutrition Break	
11:15–11:20 am	Move It! Break	
11:20–12:30 pm	Closing Keynote: We're Diverse, Now What?	
12:30–12:45 pm	Closing Comments and Prizes	





## **Educational Sessions**

### WEDNESDAY, APR 29

10:30 - 11:45 am



#### Spotlight on Community Priorities

These concurrent sessions will shine the spotlight on recreation and parks priorities in your communities. We will start off with community success stories, then break off into interactive discussions and brainstorming. Bring your ideas, innovative solutions and approaches – you just might help your peers solve their recreation and parks issues (and they might solve yours)!

- **SL1 Staffing Challenges and Successes** Facilitator: Christine Mcleod Topics: Anything related to staff recruiting, hiring, retention, and succession planning
- **SL2** Aging Recreation Infrastructure Facilitator: Mark Hentze
  Topics: Anything related to asset management, replacement planning, facility revitalization, and infrastructure projects
- **SL3 Parks and Open Spaces** Facilitator: Chris Rutherford Topics: Anything related to user groups, increasing demands for space, and environmental concerns
- **SL4 Balancing Small Community Demands** Facilitator: Jordan Petrovics Topics: Anything related to challenges faced by small communities, including economic pressures, staffing challenges, and conflicting funding priorities
- **SL5 Programming Shifting Focus to Arts and Culture** Facilitator: Jessie Demers Topics: Anything related to strengthening recreational arts and culture programs



















## Educational Sessions > SESSIONS A

## WEDNESDAY, APR 29

1:15 - 2:15 pm



## A1: Productive Conflict: Leaning Into Conversations That Matter

#### - Christine McLeod

Imagine a workplace where we could harness the opportunities embedded in conflict; where we could lean into the discomfort of tricky conversations confident we would come out the other side with engaged parties who were more committed to solutions. In this interactive session, Christine will interweave discussions about workplace stress, drama and disengagement. Learn a bit more about your own conflict resolution style and how to lean into difficult conversations by using conflict resolution styles best matched for the situation at hand. The knowledge you gain will help in all aspects of your life – and give you a boost in confidence when dealing with conflict.



## A3: Nature Preschool Program - From Planning to Implementation

#### - Ted Hagmeier and Jarrett Krentzel

Learn everything you need to plan, implement and troubleshoot a nature-based, preschoolage recreation program: history, philosophy, and benefits, what to look for in a location, hiring staff, registration and enrollment, program, and safety supplies



#### **A4:** Building Equity into Community Engagement Processes

### - Claire Sauvage-Mar and Patrick Ward

There is a growing expectation among community members that they will be invited to provide more meaningful input into the decisions that affect them—and an expectation that the input they provide will meaningfully impact the final decision. This session is for all who seek to better integrate an equity lens into their public engagement efforts.



## A5: Providing Dignity: Informed Outreach in our Parks

#### - Jess Thornbury and Kristen Kvakic

British Columbia is in the midst of a housing crisis. In the absence of safe, affordable housing, there has been an increase in people sheltering in our parks and surrounding areas prompting the need for increased outreach and engagement. There is a critical need for outreach and support services that recognize the dignity of those who we seek to engage in our shelter and housing programs. This workshop will provide participants with a basic understanding of some of the root causes of homelessness and the challenges of being homeless, as well as some ideas about what "good" engagement and outreach looks like in practice. Participants will leave the workshop with increased knowledge and some tools for engagement that honours the dignity of the individuals who experience homelessness and shelter in our parks.















## Educational Sessions > SESSIONS B

### WEDNESDAY, APR 29

2:30 - 3:30 pm



## **B1:** Active People, Active Places: BC Physical Activity Strategy

- Where We've Been and Where We're Going
- Meghan Day

The BC Physical Activity Strategy (2015) guides coordinated efforts to improve physical activity levels. The Action Plan 1.0 made significant progress towards the vision of active people and active places. Meghan will provide a summary of the outcomes from this first Action Plan, and an overview of Action Plan 2.0 that will guide collective efforts over the next three (3) years.



## **B2:** Changing the Rules: New Approaches to Recreation Design

#### - Paul Fast and Steve Kellock

The definition of recreation is evolving, and yet the facilities that support these activities have remained very static and focused on competitive and higher performance sports. This presentation provides an overview of indoor and outdoor recreation spaces that embrace a more informal and social approach to sport. This approach has been demonstrated to promote recruitment into physical activity, embraces accessibility and lowers barriers to participation in both age and gender. Using examples from recent study tours to Denmark and Sweden, this presentation will discuss the application of these ideas in the North American context.



## **B3:** Regional Trails: Planning and Managing for Different Uses and Interests

#### - Carolun Stewart

The Capital Regional District's regional trails provides both recreation and active transportation opportunities; they are used by pedestrians, cyclists, equestrians; they are generally less than 2% grade allowing use by people of all ages and abilities. Together, the varying needs of the user groups raise challenges for planning and management of the trails. This session will provide context about the trail system and the regional trails management plan and focus on management challenges being addressed due to different users and different interests.



#### **B4:** The Art of Mentoring

#### - Dene Rossouw

Learn how to foster professional development in your learning partner using practical tools and skills of empowerment. The Art of Mentoring calls forth new possibilities through a mutual commitment based on respect and trust, and leads to more meaningful engagement and momentum at work.



## **B5:** Teaching Coping Skills in Child and Youth Programs

#### - Brendan McCardle

Coping skills are learned, and so they need to be taught! Introducing coping skills to your child and youth programs is not as daunting of a task as you may think. Through games, free play, creative play, and sports... it can even be fun!















## Educational Sessions > SESSIONS C

## THURSDAY, APR 30

9:45 - 10:45 am



#### C1: Recreation Leadership to Strengthen Children's Mental Health

#### - Janet Rerecich and Stephanie Eby

HIGH FIVE® has launched a new course to help leaders and supervisors understand children's mental health, strategies to support positive mental health in your programs and respond to conditions when you become aware. We will give you a taste of the course and share examples of its impact from organizations that have trained their staff.



#### C2: Gray Matters

#### - Jill Lawlor

Aging has changed. Older adults are healthy, strong, discerning and looking for programming that is engaging, active and can improve their quality of life. Traditional programming needs to include current trends to keep older adults engaged, active and socially connected with each other. Older adults have so much to offer to one another and the best programs have learned how to harness this asset. Learn how to work with the older adult community to identify local trends and lead the change in the field of recreation for 55+.



#### C3: Community Arts Practice in Urban Nature

#### - Carolyn Knight

Carolyn shares her multi-disciplinary arts in health public practice, with examples drawn from her community projects: Linking urban learners and nature leaders, lending hybrid models of arts-in-culture creating collaborations of Arts in Science in urban parks, and in cooperation with educators, clinicians, and planning and engineering departments. Convening arts-action for community health equity centers her work.



## C4: Understanding the Environmental Impacts of Splash Parks

#### - David Jerke and Taio Waldhaus

Water conservation for parks and recreation facilities is quickly becoming a key issue in the province. For many years, all the water from splash parks and water parks drained directly into municipal sewers and stormwater systems. Municipalities will be required to re-think this approach as regulations on water usage and water restrictions become more frequent. In 2018, VDZ+A Consulting and AME Group were retained by the Vancouver Parks and Recreation Board to explore options to conserve water in these facilities and provide their feedback. This session will review their findings and the possible impact on municipalities all across BC.



## **C5:** The Role of Recreation Facilities in Disaster Response and Recovery

#### - Megan Latimer

The 2017 and 2018 flood and wildfire seasons were the worst on record for BC. Thousands of people were evacuated from their homes and sought refuge and assistance in municipal recreation centers. This session will explore the evolving role of municipal recreation centers in a community's response and recovery from a disaster.

















## Educational Sessions > SESSIONS D

#### THURSDAY, APR 30

11 am - 12 pm



## **D1:** The Road to Inactivity is Paved with Good Intentions: Turning Physical Activity Intentions Into Action

#### - Kathleen Martin Ginis

This session will introduce key principles in the design of physical activity behaviour change interventions. Using state-of-the-art techniques drawn from health behaviour change theory and science, participants will learn the basics of designing interventions that address physical activity barriers and help people initiate and maintain more active lifestyles.



#### D2: Programing With a Purpose: Lessons Learned

#### - Kate Lee

The ABC Fitness program, run in partnership between the Vancouver Park Board and Vancouver Coastal Health, takes an inclusive, choice-based approach to welcome individuals of all genders, shapes, sizes and abilities to pursue a healthier lifestyle. It is known for supporting inclusion and celebrating diversity and offers authentic, innovative group experiences in fitness, sport and art, with the goal of creating positive opportunities for all to feel successful. This informative session will introduce the rationale behind the program, the lessons learned on the road to success, and the multi-faceted approach it has taken to become a supportive, inclusive and safe environment for all to reach their healthier-lifestyle goals.



## **D3:** Location Matters: Health and Economic Impacts of Where We Live

#### - Larry Frank

High rates of chronic disease and obesity are increasingly gaining attention from government officials seeking structural solutions to foster a healthier more active population. This presentation will document how built and natural environments can provide significant population level reductions in chronic disease and can help to offset health care costs.



## **D4:** Policy and Strategy Development for Recreation, Parks and Culture - A Toolkit

#### - Tiana Solares and Carmen Gonzalez

Strong strategies and policies set the stage for parks, recreation and culture departments to achieve meaningful and impactful programming in their communities. In this session, Tiana will provide you with a practical toolkit to help you navigate the complexities of policy and strategy development in a PRC context.



## **D5:** Paint by Numbers - Transforming Data into Opportunities

#### - Janet Rerecich and Emily Johnson

Ever want to know what impact our sector has? We will begin by sharing statistics from BCRPA's Spaces and Faces survey. We will then explore how access and differences in opportunity for recreation can influence how we plan for, create, and monitor our impact on healthy active communities.

















## Educational Sessions > SESSIONS E

#### FRIDAY, MAY 1

8:30 - 9:30 am



#### E1: Every Day Arts - Community Arts and Wellbeing

#### - Brenda Weatherston

Participating in the arts has many benefits for the health and wellness of individuals and communities. Engaging in and integrating arts at a community-based level through municipal recreation programs provides inclusive opportunities that connect and enrich the lives of community members. Brenda shares some highlights and learnings and invites delegates to share their own best practice through some hands-on arts-based community building. This collaborative approach will demonstrate how meaningful relationships can drive change, and how team work and partnerships mutually benefit organizations and populations.



## **E2:** Addressing Conflict: Expanding an Employee's Conflict Resolution Toolbox – Jim Dixon, Michael Marousek, and Peter Fox

Whether we want it or not, conflict happens. This session describes how systematically expanding employees' toolbox while focusing on improving decision-making and communication skills can improve everyone's welfare, safety, and security. From Non-Violent Crisis Intervention workshops to code of conduct policy, better S.A.F.E than sorry!



## E3: Decolonizing Landscapes in an Urban City

#### - Cheryl Bryce

Lekwungen women are the backbone of the Kwetlal food system (Garry Oak ecosystems) by managing it for centuries and maintaining their connections to their homelands with traditional laws and practices. Cheryl Bryce will present her lifetime of experience of Kwetlal food systems within her community and traditional homelands. She will share some of her family stories and discuss her challenges and approaches to decolonizing landscapes in an urban city.



## **E4:** Risk Management Strategies for Natural Water Recreation Sites

#### - Cheryl Sibany and Sean Healy

Managing waterfront assets can provide significant positive benefits for a community but they demand a thoughtful balance between risk and reward. Land managers and owners of waterfronts must create sound practices, policies and procedures to minimize or eliminate unacceptable risks to the public and to their employees. Protect your community from the adverse financial impact and the damage to your community's reputation that can occur as a result of incidents and accidents.



## E5: Healthy Child Development through Nature, Adventure and Risky Play - Beverlie Dietze and Su Baker

There is a concern about the lack of access to nature and the negative impact this has on children's well-being. Changes are occurring in government policies, funding options, and the way playgrounds are being designed. This interactive presentation explores strategies for designing nature based play spaces that honour children's needs for play in nature.

















## Educational Sessions > SESSIONS E CONTINUED

### FRIDAY, MAY 1

8:30 - 9:30 am



## **E6:** Climate Ready BC: Developing a Climate Adaptation and Preparedness Strategy for the Province

- Climate Risk Management Team, Ministry of Environment & Climate Change Strategy

The Province is in the process of developing a Climate Preparedness and Adaptation Strategy for BC. The Strategy will be informed in part by the recently released Preliminary Strategic Climate Risk Assessment, and through engagement processes currently underway. Learn about the Risk Assessment results and initial policy ideas from the government.

## Educational Sessions > PANEL DISCUSSIONS

#### FRIDAY, MAY 1

9:45 - 11 am



## P1: ŚW\_CENENITEL - "helping people work together"

- Cheryl Bryce, Beangka Eilliot, and Erich Kelch

All of the areas where we now recreate and enjoy Nature were the homelands of Indigenous Peoples since time immemorial. Many activities took place in what are now thought of as Natural settings. With the advance of colonization on these lands, people were separated from Nature. Indigenous peoples were removed from their lands and those lands were either developed or turned into Parks where harvesting, gathering or other land management practices were restricted. Indigenous peoples are still here working hard to bring back their culture and settler governments want to figure out how we can work together on the land today. The panel will share some of these challenges and some learnings of what may be going well.



## P2: Recruitment and Retention: The Meaning of "Career Fit"

- Davin Greenwell, Jeff Holland, and Cissy Pau

One of the key challenges keeping employers up at night is how to find and keep employees. In this panel session you will learn about HR trends affecting workplaces today, how to tackle those challenges and how to increase your success at attracting and retaining great staff. Panelists will discuss where our future workforce supply comes from, current research on how individuals make career decisions, methods to influence job seekers, and digital tools and services available through WorkBC.ca. The City of Surrey will share their approach taken to recruit new employees and to help staff find meaningful careers to retain their services.















## Keynote Speakers

**OPENING** KEYNOTE

#### Christine McLeod

Wed, April 29 2020

CHRISTINE MCLEOD is a leadership advisor, facilitator and trainer. She works with leaders in organizations of all sizes who want to take their skills to the next level. She has lived in Whistler and Squamish for over twenty years and when she is not leading through work contracts, she is leading through volunteer roles in her daughters' schools, the Squamish BMX club and an organization close to her heart, 100 kids who care Squamish Chapter. Her vision is a world where each of us "Everyday Leaders" makes a contribution to a better workplace, community and world through our actions and personal leadership.

ALDEN HABACON is one of Canada's leading diversity and inclusion strategists



#### Alden Habacon

(Instagram @Everydayleaders) (Web everydayleaders.ca)

Fri, May 1, 2020

and facilitators. He is well known in this field and highly regarded for his fifteen years of impact, and his innovative work around inclusive leadership, unconscious bias and intercultural training. He works with leadership in a wide range of professions and sectors throughout Canada, including the legal community, social services, the public sector, municipalities, first responders, and private corporations. Over the last few years he has delivered professional development to faculty and staff in almost every university in the province and currently works with many universities across Canada, Hong Kong and the United States. Since 2008, he has also held multiple roles at the University of British Columbia, leading the University's commitment to intercultural understanding, and providing intercultural skill training to students. He is the recipient of multiple honours, including the 2010 Power of Peace Award of the YMCA of Greater Vancouver, the 2011 Leadership Honouree in the area of Arts and Media, of the North American Association of Asian Professionals (NAAAP) of Vancouver, the 2012 Maharlika Award in Leadership, and the Queen Elizabeth II Diamond Jubilee Medal Award for his work in multiculturalism and intercultural understanding. Alden has lived in Manila, Winnipeg, Edmonton, Regina and Burnaby (in that order), and currently resides in Vancouver with his wife and two sons. (Website: aldenhabacon.com)



## Session Speakers continued

AME-LIA TAMBURRINI is the founder and principal of Hum Consulting – a firm dedicated to supporting local and Indigenous governments and community-based organizations to transform the systems that govern how they engage with each other and their communities. She is a change-maker, facilitating brave conversations in circle dialogue, in order to bring about the change communities and organizations need to move forward. Through workshops, retreats, and guidance, Ame-Lia works with clients to examine their current internal and external engagement practices and transform them into processes that increase connection and enable action from a place of shared understanding.

BEANGKA ELLIOTT brings experience with native plant restoration projects, including the SNIDCEL resiliency project and Project Reclaim: WSÁNEĆ youth food justice. With family ties in WSÁNEĆ and Songhees nations, Beangka incorporates cultural knowledge to her work with native plants. She has been teaching cultural/ethnobotanical classes to a wide range of groups, from youth as young as five to adults in post secondary education. Beangka has a keen interest in using native plants as food and medicine, and practices this in daily

DR. BEVERLIE DIETZE is a nature play advocate, researcher and author who has studied outdoor play theories and behaviours for over 30 years. Her new book, *Outdoor & Nature* Play Early Childhood Education, provides new knowledge and practices on outdoor play principles. Beverlie's play space assessment tool helps communities build intriguing outdoor play spaces.

**BRENDA WEATHERSTON** is Community Arts Specialist for the District of Saanich. Working in arts and culture in community, educational and government contexts, she believes in and sees, first-hand, the benefits of engaging in arts, culture and creativity for the wellbeing of individuals and the community. She holds a BA and MA from University of Victoria and is grateful to live, work and share within the traditional territories of the Lekwungen and W'SANEC peoples.

BRENDAN MCCARDLE (He/Him/His), is working in Vancouver, British Columbia as a Senior Program Officer with Right To Play – a global organization that protects, educates and empowers children to rise above adversity using the transformative power of play. He graduated from Brock University with a Bachelor of Sport Management. Since 2014, he has continued to be immersed in child and youth sport and recreation environments through Right To Play's Promoting Life-Skills in Aboriginal Youth (PLAY) Program.

CARMEN GONZALEZ bio coming soon.

CAROLYN STEWART has worked in the park and protected areas planning and management field for 30 years, dealing with management of national parks, provincial protected areas, and regional parks and regional trails. Her focus is on collaboration, understanding multi-stakeholder interests, and developing the best plans to achieve agency mandates and public goals.

CAROLYN KNIGHT is a Community Artist in Collaboration in the Capital Regional District (CRD). She works with other artists and researchers to raise watershed awareness through place-making activities, hands-on experiences, and wayfinding signage. Her work can be found along many of CRD's creeks and in oak meadows, helping others connect to where they live. She gratefully lives, learns and works in Lkwungen homelands of Equimalt and Songhees Nations, and of the shared territories of WSSÁNEĆ peoples.

CHERYL BRYCE is a knowledge holder from the Songhees Nation, traditionally known as Lekwungen. The Lekwungen traditional territories include Victoria and Greater Victoria in BC Canada and San Juan Island, Washington United States.

CHERYL SIBANY is currently the Manager of Safety Services and Sport at the Lifesaving Society BC & Yukon Branch. Cheryl has spent many years as a volunteer with the Lifesaving Society in several Ontario communities and has received a number of awards in recognition of her work. Cheryl has wide-ranging aquatic qualifications including Chief Auditor, Pool Operator Instructor, National Trainer, National Lifequard and First Aid Instructor Trainer, and Swim and Lifesaving Instructor Trainer.



## Session Speakers continued

CHRISTA COSTAS-BRADSTREET has expertise in the area of physical activity and health promotion built on thirty years of employed and volunteer experience and an academic foundation in health care (nursing), physical education and applied health science. Christa enjoyed an 18-year career with ParticipACTION and spent five years at Hamilton Public Health Services as a Physical Activity Specialist. She now primarily works with the Active Living Alliance for Canadians with a Disability (Director, Partnerships), Hockey Helps the Homeless (Project Coordinator) and is the Director of Partnerships and Policy for the Canadian Parks and Recreation Association (CPRA).

CISSY PAU is Principal Consultant at Clear HR Consulting Inc. Cissy's track record of over 20 years in HR management has earned her a reputation as a leading HR expert who is in demand by a varied client list across Greater Vancouver. As an advisor to small businesses, Cissy is known for her straightforward approach and her ability to talk clients through the most complex of HR matters. She is frequently called upon to share HR expertise by national media outlets. In 2017, Cissy was named one of Canada's Top 25 HR Professionals by Canadian HR Reporter.

**CLAIRE SAUVAGE-MAR** is Grants and Community Engagement Coordinator for BC Healthy Communities. Her international background includes work with non-profit organizations in Korea, Vietnam, and New York City. Claire brings expertise in community engagement, physical activity and lifelong health research. She loves learning from her colleagues and collaborators around the province.

**DAVIN GREENWELL** is the Manager of Client Engagement and Marketing for the Ministry of Advanced Education, Skills and Training. He is the Ministry Lead of the Find Your Fit tour, a hands-on career exploration program developed for youth, and is responsible for the marketing of WorkBC.ca.

DAVID JERKE is principal at VDZ+A Consulting and has over 20 years of experience in the landscape industry. He works locally and internationally with both government agencies and the public to educate them on how splash parks and aquatic facilities are evolving; and, what communities can do to create sustainable, fun, and cost-effective water play environments.

**DENE ROSSOUW** is the Principal at team Possibil. He has broad experience in helping leaders build their influence at work. He has facilitated hundreds of programs for various organizations in Africa and Canada. He is known for his ability to demystify complexity and explain processes using transferable concepts and dynamic models.

DOMINIQUE SIGG biography to come.

EMILY JOHNSON, BKin, MCRP has a Bachelor of Kinesiology and a Masters in Community and Regional Planning. Her past experience includes projects focusing on urban design, active transportation, physical activity, sustainability and social inclusion.

ERICH KELCH of European Ancestry, was born in Lekwungen Territory and lived there most of his life. He currently works at the Capital Regional District in First Nations Relations working to address the gap in governance created by a government agency working on First Nations territory. He is constantly looking for ways that we can work better together across communities, culturally, ecologically and economically.

JANET RERECICH is Director of Education & Initiatives at BC Recreation and Parks Association and a HIGH FIVE® trainer. She brings 20 years of front line experience in recreation, including roles as camp leader, coach, programmer, event coordinator, trainer and project manager. Her undergrad in Phys Ed and Masters in Adult Education rounds out her educational training and enhances her ability to deliver a quality educational experience that includes real life + theory. Janet is driven by the belief that well-trained staff are happier and more productive employees.

JEFF HOLLAND biography to come.



## Session Speakers continued

JESS THORNBURY is the Frontline Supervisor for Victoria Cool Aid Society's supportive housing building at 3020 Douglas, which houses adults with mental health and addictions who have experienced homelessness. Jess is a dedicated professional with over 15 years of experience delivering services to marginalized people in downtown Victoria.

JILL LAWLOR has a passion for living life and believes in doing everything possible to enhance everyone's quality of life no matter what their age! Jill is the Seniors' Services and Community Wellness Manager with the District of West Vancouver and the owner of Camp Latona (children's summer camp on Gambier Island). Jill believes in breaking down barriers for older adults to participate in activities modifying traditional recreation to meet the demands of today.

JIM DIXON is a member of the Recreation Management Team with Vancouver Park Board. Prior to joining the Park Board he has served as an executive administrator in the Sport sector, including Rugby Canada, BC Rugby and BC Adaptive Snowsports. He is passionate about training and education.

JULIE WALLACE has worked in the recreation and fitness field for over 30 years in both Vancouver and Victoria. After working as a Saanich Recreation Programmer for G.R. Pearkes Recreation Centre for 10 years, she transferred to Saanich Community Services where she currently oversees the Older Adults portfolio. Julie played a key role in the creation of the Saanich Parks and Recreation Older Adults Strategy adopted in 2017 and is now responsible for overseeing the implementation of the strategy.

DR. KATHLEEN MARTIN GINIS is a professor at the University of British Columbia and a distinguished University scholar. Her research program focuses on physical activity behaviour change, and psychosocial consequences of physical activity participation. She has published over 300 scientific papers and is co-author of The Psychology of Exercise, Integrating Theory and Practice (5th ed.).

KATE LEE is recognized as BC Recreation and Parks Association's 2014 Fitness Leader of the Year. Kate is a personal trainer, group fitness leader and ABC program coordinator. Persuasive and encouraging, she welcomes all shapes, sizes and abilities to an inclusive, recreation environment.

KRISTEN KVAKIC is a Registered Social Worker and Manager within the Residential Services department of the Victoria Cool Aid Society. Kristen has been working in the fields of community health, homelessness, and mental health and substance use for over a decade and has particular expertise in dignity-based engagement and practice.

LAIRD MCLACHLIN is the Community, Culture, and Recreation Program Lead for the Ministry of Municipal Affairs and Housing and has 10 years of experience working on funding programs including design and administration. When he is not at work, he can be found on his bike trying to keep up with his twin boys.

LANA TAVES biography to come.

DR. LARRY FRANK is Bombardier Chair Professor in Sustainable Transportation and Public Health at the University of British Columbia. Dr. Frank specializes in the interaction between land use, travel behavior, air quality, health, and energy use, and climate change impacts of urban form policies.

LAURA VANDYK has a degree in Recreation and Health Education from the University of Victoria. She worked at the Wesbrook Community Centre in Vancouver for two years before moving back to Victoria in 2018. Laura currently works as an Older Adult Programmer with Saanich Parks, Recreation and Community Services.

MARCIA RICE has been a Recreation Programmer since 1983, working for the City of Burnaby and Coquitlam. She now resides in Kitimat, where she has worked for the District of Kitimat since 2005. She has had many years of experience in developing and implementing programs but planning citywide special events, is truly her passion.

**MEGAN LATIMER** is the Emergency Program Coordinator for the District of Squamish. Prior to this, she spent 15 years managing humanitarian response operations across Africa, Asia, South America, and the Middle East. Megan holds a Master of Arts in Disaster and Emergency Management from Royal Roads University, and she is passionate about finding practical solutions to complex problems in emergency management.



## **PRESENTER** Biographies continued

## Session Speakers continued

MEGHAN DAY is Director, Nutrition and Physical Activity at the BC Ministry of Health (MoH). She is a Registered Dietitian with a Master of Arts in Kinesiology from the University of Victoria. Meghan has worked in the population and public health sector for 15 years, with 11 of those being within various leadership roles in the MoH. She is passionate about supporting crosssector collaboration to support more people in BC to be physically active.

MICHAEL MAROUSEK is the Sport & Wellness Supervisor with Vancouver Park Board, and oversees the operations of 15 fitness centres, 8 arenas, and 500+ outdoor sport facilities. With an MBA in Innovation Leadership and designation of a Non-Violent Crisis Intervention Instructor, Michael's mission is to make recreation S.A.F.E for everyone!

PATRICK WARD is Strategic/Social Planner at The Township of Langley. As a Strategic/Social Planner, Patrick leads the Township's social planning portfolio and assists with various community planning projects. This includes developing social policy and action plans, and collaborating on various projects that enhance community well-being. He holds a Bachelor of Environmental Studies in Planning and a Master's in Urban Studies.

PAUL FAST is interested in creating architecture that connects people more deeply to their environments. As a Principal at HCMA, he is recognized for his innovative design solutions that help extract and define a strong regional identity in communities large and small across British Columbia. Paul believes that transformative change can happen at any scale, and has led projects ranging from children's playhouses and feasibility studies to some of the largest recreation centres in Western Canada.

PETER FOX biography to come.

SARAH WEBB Prior to joining the Engineering & Public Works Department at the City of Victoria, Sarah worked at the Capital Regional District, the University of Victoria, and the Canadian Urban Transit Association. She recently completed a graduate program at the University of Oxford and is attempting (late in life) to learn how to skateboard.

SEAN HEALY came to the recreation field through his background as a competitive swimmer and his early work as a lifeguard. After more than ten years of service with the Capital Regional District in a variety of aquatic recreation roles, Sean moved to the City of Burnaby for a long tenure where he enjoyed many challenges and opportunities of a growing municipality. Most recently, Sean served for 12 years as the Supervisor of Aquatic Services for the Vancouver Park Board. He continues to be a faithful supporter of the aquatics industry and allied local non-profit organizations like the Lifesaving Society, Red Cross, and the BC Recreation and Parks Association.

STEPHANIE EBY has a passion for recreation, leadership, and inspiring our youth. She has been involved in recreation from a young age as swim instructor and lifeguard. Her desire to share her knowledge continued to grow and she became an instructor for Red Cross, Lifesaving Society, NCCP, and HIGH FIVE®. She works full-time as Recreation Programmer for the Township of Langley, and for HIGH FIVE® as a Master Trainer.

STEVE KELLOCK works for the City of New Westminster as the Senior Manager, Recreation and is a director of the BC Recreation and Parks Association Board. He has over 20 years of recreation leadership experience, including a diverse portfolio that started in Aquatics. In his current role, Steve is the staff lead for the replacement of the Canada Games Pool and Centennial Community Centre. He has a MBA from Royal Roads University and a BSc from the University of Victoria.

SU BAKER has been involved in the outdoor recreation industry for 25 years. She has taught rock climbing to children of all ages and helped to develop the playground industry's first nature-based play equipment. Su has a Degree in Recreation and a Masters Degree in Business and has worked with some of the world's top playground manufacturers.

TAIO WALDHAUS has over 10 years of experience in the field of engineering. He is currently a Principal at AME Consulting Group, where he has worked as a Designer, Project Manager, Associate, and Principal on a diverse portfolio of projects in a number of sectors including recreation, institutional, pre and post-secondary education, retail/commercial, agricultural, and high-rise residential. However, his passion is in recreation facility and pool design. He has extensive experience in this field with contributions to over 40 projects in this sector.



## **PRESENTER** Biographies continued

## Session Speakers continued

TANELLE BOLT has gained knowledge of adaptive recreation through her involvement in a variety of adaptive sports over the past five and a half years: skiing, surfing, biking, hiking, paddling and golfing. This knowledge continues to grow with her work towards inclusion and access to outdoor recreation, through the work of her founded charity RAD Recreation Adapted Society and their efforts to increase adaptive equipment access. This network is combined with her interior design background and business education to provide expert insight and design consulting for accessibility both indoors and outdoors.

**TED HAGMEIER** has worked for recreation departments in the municipality of Oak Bay and City of Penticton. Currently, he is Recreation Director for the Town of Comox.

TIANA SOLARES is a passionate public service manager with over 15 years of experience. Tiana believes in building dynamic, inclusive communities through strong partnerships and a willingness to try new things. Growing her skills in relationship management, negotiations and strategy development during her time working with the newcomer service sector as Assistant Director of Settlement Operations with Immigration, Refugees and Citizenship Canada, Tiana is now living the dream and serving as Community Partnerships and Policy Manager with Parks, Recreation and Culture Services with the City of Coquitlam.

WALLY WELLS is a registered professional engineer with 52 years of experience. He has been Executive Director of Asset Management BC (AM BC), a Community of Practice, for the 11 years. AM BC is a not-for-profit community for the betterment of asset management process for the province's local governments. Wally is the sole employee and sits on the Federation of Canadian Municipalities Technical Committee for the \$60m national asset management program. Locally, he is a member of the City of Nanaimo Environment Committee and the Nanaimo & Area Land Trust Board of Directors.



## Accommodation Information

We have secured special group accommodation rates for our delegates. Book early to avoid disappointment

#### ► Fairmont Empress Hotel, Victoria

Book your stay at the Fairmont Empress Hotel, which is connected to the Victoria Conference Centre, just steps away from the venue!

Discounted rates are valid until March 30, 2020 and are subject to availability.

Group Rates apply for stays between April 26 and May 3, 2020. Standard room rates are \$199 per night.

Make your online reservation:

https://book.passkey.com/event/49738029/owner/27337/landing.

Learn more about the Fairmont Empress Hotel at www.fairmont.com/empress-victoria/

## Chateau Victoria Hotel & Suites and DoubleTree by Hilton™ Hotel & Suites, Victoria

Group rates have also been secured at the Chateau Victoria Hotel & Suites, and at the DoubleTree by Hilton™ Hotel & Suites, Victoria, just a few minutes walk from the Victoria Conference Centre.

Full details are available on the Accommodations & Travel webpage.

## Refunds & Cancellations

Cancellation requests received by March 30, 2020 will receive a refund of 70%. Cancellations made starting March 31, 2020 are non-refundable. Registrations are transferrable. All requests for cancellations must be submitted in writing to the BCRPA office at registration@bcrpa.bc.ca and received within the allotted cancellation times noted above.

## Westlet Discount

WestJet is offering 5% off Econo\* and 10% off Flex and Plus fares for travel within Canada and 2% off Econo\*, 5% off Flex and 10% off Plus base fares for guests travelling Trans-border into and out of Vancouver. To take advantage of this offer, you will need the discount code listed below.

Please visit www.westjet.com/conventions to make a booking online.

Discount is valid for travel between April 22, 2020 to May 7, 2020

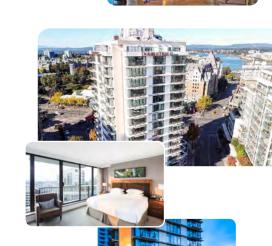
Coupon code: M68EO28

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\*Travel Agents – if booking in GDS please use Promo Code









## Event Photography

Photographs of Symposium may be produced and may include your recognizable image. By participating in the conference, you therefore consent to being photographed and you authorize the BCRPA to use any of these recordings for its activities and events, as well as for its print and electronic promotional material, including on the Internet via the BCRPA website or other social media websites. If you have any questions, please contact the BCRPA. Unauthorized recording (audio, video, still photography, etc.) of presentations at any BCRPA event by a presenter or the audience including sessions, plenaries, keynotes, etc., without the express written consent of the Chair of the event or designated BCRPA staff is strictly prohibited. Any authorized recording must be disclosed to the delegates in attendance in that session, prior to the commencement of the presentation and only record the presenter, not the audience. Further, any authorized recordings may not be used for commercial purposes or posted on any open public media source. Conduct that violates this policy may be subject to sanctions pursuant to BCRPA's disciplinary policies.

## Information for BCRPA Fitness CECs

Delegates may receive Fitness CECs for participating in Symposium. Registration check-in procedures must be followed in order to receive CECs. Full details are online.

- ► HIGH FIVE® SCMH course (Tuesday, April 28, 2020)
  - 7 CECs
- Wednesday, April 29, 2020 full day attendance
  - 4.75 CECs
- ► Thursday , April 30, 2020 full day attendance
  - 5 CECs
- Friday, May 1, 2020 full day attendance
  - 3.5 CECs



## For more information

Register now to be a part of BCRPA Symposium 2020

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For details, visit the Symposium 2020 web page:

www.bcrpa.bc.ca/conferences/symposium/

