

BCRPA approved Courses

Important Notice:

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are in order of alphabetical specialty, location, and lastly date

Type of Course	Location	Start	Contact	Telephone#	Website Address
Aquatic Fitness					
Aquatic Fitness	Delta **code #448744	4-Apr-20	Monica Thomson	604-952-3000	www.deltareg.ca
Aquatic Fitness	Delta **code #448745	13-Jun-20	Monica Thomson	604-952-3000	www.deltareg.ca
Aquatic Fitness	Delta	7-Nov-20	Monica Thomson	604-952-3000	www.deltareg.ca
Aquatic Fitness	Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Aquatic Fitness	Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Fitness Theory					
Fitness Theory	Cloverdale/ Langley	24-Jan-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	21-Feb-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	13-Mar-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/

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Fitness Theory	Cloverdale/ Langley	17-Apr-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	22-May-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	12-Jun-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	10-Jul-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	7-Aug-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	18-Sep-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	16-Oct-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	6-Nov-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	4-Dec-20	Aaron Tews	604-372-3233	http://kinesiologists.ca/
Fitness Theory	Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	http://kinesiologists.ca/
Fitness Theory	Delta ** code 442670	1-Feb-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Fitness Theory	Delta ** code 447151	18-Apr-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Fitness Theory	New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer

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Fitness Theory	North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Fitness Theory	Surrey	25-Jan-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Surrey	14-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Surrey	2-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Surrey	20-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Surrey	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Surrey	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	25-Jan-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	10-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	29-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	1-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	18-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	11-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	6-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	24-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	10-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	23-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
Fitness Theory	Victoria	24-Jan-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Fitness Theory	Victoria	8-May-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Fitness Theory	Victoria	18-Sep-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Fitness Theory	Distance Education	Ongoing	Aaron Tews	604.372.3233	www.kinesiologists.ca
Fitness Theory	Distance Education	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com

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Fitness Theory	Distance Education	Ongoing	Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Fitness Theory	Distance Education	Ongoing	David Gillis	604.822.1682	dgillis@rec.ubc.ca
Fitness Theory	Distance Education	Ongoing	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Fitness Theory	Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Fitness Theory	Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Fitness Theory	New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Group Fitness					
Group Fitness	Cloverdale/ Langley	22-Feb-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Group Fitness	Cloverdale/ Langley	9-May-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Group Fitness	Cloverdale/ Langley	17-Oct-20	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Group Fitness	Vancouver	22-Feb-20	BCPTI	778.858.4583	www.bcpti.ca
Group Fitness	Victoria	21-Mar-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Group Fitness	Victoria	20-Jun-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Group Fitness	Victoria	24-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Group Fitness	Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca

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Group Fitness	Distance Education	Ongoing	Body Blueprint	778.433.8884	http://bodyblueprint.com/group-fitness/
Older Adult					
Older Adult	Delta ** code 442675	7-Mar-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Older Adult	Delta	23-May-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Older Adult	New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Older Adult	Vancouver	31-May-20	Melanie Galloway	604-638-7285	https://www.iccgv.com/fitness-and-wellness/instructor-training/#1522107559752-d2be3abc-ff00
Older Adult	Vancouver	18-Oct	Melanie Galloway	604-638-7285	https://www.iccgv.com/fitness-and-wellness/instructor-training/
Older Adult	Distance Education	Ongoing	Aaron Tews	604.372.3233	https://kinesiologists.ca/wp/bcrpa-certification/bcrpa-distance-education/
Older Adult	Distance Education	Ongoing	Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Older Adult	Distance Education	Ongoing	Dr. Bill Luke	604.785.7621	www.DrLukeFitnessandHealth.ca
Older Adult	Distance Education	Ongoing	Melanie Galloway	604.732.9295	www.growingstrong.ca
Osteofit					

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Osteofit	Vancouver	19-Apr-20	Melanie Galloway	604-638-7285	https://hdc-pols.spectrumng.net/JCCGV/Members/PR/ProgramDetails.aspx?searchtype=code&prgcode=8272
Personal Training					
Personal Training	Cloverdale/Langley	18-Apr-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Personal Training	Cloverdale/Langley	28-Aug-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Personal Training	Cloverdale/Langley	7-Nov-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Personal Training	Delta **code 442674	13-Mar-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Personal Training	New Westminster	27-Feb-20	Douglas College	604-527-5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer

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Personal Training	New Westminster	28-Mar-20	Douglas College	604-527-5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Personal Training	New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Personal Training	New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
Personal Training	North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Personal Training	Surrey	29-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Surrey	18-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Surrey	18-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Surrey	12-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	8-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	24-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	4-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca

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Personal Training	Vancouver	6-Mar-20	Inshape Training	604-879-5500	www.inshapetraining.net
Personal Training	Vancouver	28-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	7-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	23-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	27-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	6-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	4-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	7-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	20-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	6-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	7-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Vancouver	19-Nov-20	INFOFIT Educators	604.683.0785	www.infofit.ca

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Personal Training	Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Personal Training	Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Personal Training	Victoria	2-Apr-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Personal Training	Victoria	25-Jun-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Personal Training	Victoria	19-Nov-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Personal Training	Distance Education	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Personal Training	Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Personal Training	Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca
Pilates					
Fitness					
Pilates Fitness	Delta	1-May-20	Lela Dawson	604-318-3326	www.LelaDPilates.com
Pilates Fitness	Distance Education	Ongoing	Emmie Li	604.862.0999	http://bit.ly/2kJmQfz
Weight Training					
Weight Training	Cloverdale/Langley	7-Feb-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-a-certification/2020-bcrpa-classroom-course-schedule/

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Weight Training	Cloverdale/Langley	27-Mar-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Weight Training	Cloverdale/Langley	19-Jun-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Weight Training	Cloverdale/Langley	14-Aug-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Weight Training	Cloverdale/Langley	2-Oct-20	Aaron Tews	604-372-3233	https://kinesiologists.ca/wp/bcrpa-certification/2020-bcrpa-classroom-course-schedule/
Weight Training	Delta **code 442672	22-Feb-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Weight Training	Delta **code 433157	2-May-20	Monica Thomson	604-952-3000	www.delta.ca/deltareg
Weight Training	New Westminster	4-Mar-20	Douglas College	604-527-5492	https://www.douglascollege.ca/
Weight Training	New Westminster	Ongoing	info@hilltopacademy.ca	604.553.0505	http://www.hilltopacademy.ca
Weight Training	New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer

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Weight Training	North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Weight Training	Surrey	8-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Surrey	28-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Surrey	23-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Surrey	4-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Surrey	22-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Surrey	17-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	25-Jan-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	27-Jan-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	5-Feb-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	10-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	14-Mar-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	29-Apr-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	2-May-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	8-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca

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Weight Training	Vancouver	20-Jun-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	23-Jul-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	8-Aug-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	26-Sep-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	21-Oct-20	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Vancouver	Private Instruction	Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/
Weight Training	Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Weight Training	Victoria	13-Mar-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Weight Training	Victoria	29-May-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Weight Training	Victoria	16-Oct-20	Body Blueprint	778.433.8884	www.bodyblueprint.com
Weight Training	Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Weight Training	Distance Education	Ongoing	Aaron Tews	778.574.1190	http://kinesiologists.ca/
Weight Training	Distance Education	Ongoing	Body Blueprint	778.433.8884	www.bodyblueprint.com
Weight Training	Distance Education	Ongoing	INFOFIT Educators	604.683.0785	www.infofit.ca

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Weight Training	Distance Education	Ongoing	Sandra Starrett	604.785.8776	www.phys-x.ca
Yoga Fitness					
Yoga Fitness	Nanaimo	1-Feb-20	Red Door Yoga	250-390-9367	www.reddooryoga.ca
Yoga Fitness	Vancouver	24-Jan-20	FitFlow Yoga	778-882-9642	https://fitflowyoga.ca/