

BCRPA Pre-approved Distance Education Workshops

Important Notice:

- Please be advised that all workshops are offered and/or facilitated by **independent** presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the workshop is applicable to fitness leaders, ***the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these workshops*** . All inquiries, registrations and any other issues are to be referred directly to the workshop providers.

Courses are organized alphabetically by **Organization** then by **CEC Value**, then alphabetically by **Workshop Title**.

BCRPA	Exercises for Injuries	Kinesiologists.ca
Aaron Tews	Family Passages / Sue Dumais	Melanie Galloway
Accelerated Online Learning	Fit 4 Two	On The Edge Fitness Educators
Alive Academy	Fitness Education Online	The Personal Training Collective
American Academy of Health and Fitness	Fix My Back Pain	Personal Training on the Net
Body Blueprint Fitness	GMP Fitness	Physical Expressions
C.H.E.K. Institute	Go Train Industry Pty Ltd.	Rick Kaselj
Catherine D'Aoust or GAIA adventures	Harmony Fit	Success Fitness
Debbie Cheong (Osteofit)	INFOFIT Educators	Tammy Petersen
Douglas College	inhometrainer Ltd	The Cory Holly Institute
DSW Fitness	Jaimee Stokes	Twist Conditioning Inc.
Emmie Li	Jaine Priest	WaterART Fitness
Everyday Athletes Inc.	Kim Bond	PL3Y Inc.

ORGANIZATION	WORKSHOP TITLE	TELEPHONE #	CREDIT VALUE	WEBSITE
Aaron Tews	The NeXT Level - Protein - How Much is too Much	778-574-1190	2.5	www.kinesiologists.ca
Aaron Tews	The NeXT Level: Functional Anatomy of the Hip	778-574-1190	3	www.kinesiologists.ca

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Aaron Tews	The NeXT Level - Functional Anatomy of the Shoulder	778-574-1190	4	www.kinesiologists.ca
Aaron Tews	The NeXT Level - Neck Core Stabilization	778-574-1190	3	www.kinesiologists.ca
Aaron Tews	The NeXT Level - Kinesiology of Resistance Training	778-574-1190	4	www.kinesiologists.ca
Aaron Tews	The NeXT Level - Part 1: Sugars & Sweeteners	778-574-1190	4	www.kinesiologists.ca
Aaron Tews	The NeXT Level - Resistance Training Program Design	778-574-1190	6	www.kinesiologists.ca
Accelerated Online Learning	Ultimate Guide to Human Gross Anatomy	888-738-8147	10	www.sesonlinece.com/bcrpa
Accelerated Online Learning	Ultimate Guide to Screening and Rehabilitation of Lower Extremity Injuries	888-738-8147	11	www.sesonlinece.com/bcrpa
Alive Academy	Natural Health Fundamentals - Unit 1	604-295-9124	20	www.aliveacademy.com
Alive Academy	Nutritional Sciences - Unit 3	604-295-9124	20	www.aliveacademy.com
Alive Academy	Sports & Fitness Nutrition - Unit 2	604-295-9124	20	www.aliveacademy.com
Alive Academy	Vegetarian Nutrition - Unit 4	604-295-9124	20	www.aliveacademy.com
Alive Academy	Sports & Fitness Nutrition Certificate Program (CSNC)	604-295-9124	45	www.aliveacademy.com

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Alive Academy	Advanced Nutrition Diploma Program (CSNC/CHN)	604-295-9124	60	www.aliveacademy.com
American Academy of Health and Fitness	Cancer and the Older Adult: The Personal Trainer's Resource	1-800-957-7348	10	www.AAHF.info
American Academy of Health and Fitness	Nutrition for Special Dietary Needs	1-800-957-7348	10	www.AAHF.info
American Academy of Health and Fitness	Nutrition for Special Dietary Needs	1-800-957-7348	10	www.AAHF.info
American Academy of Health and Fitness	Advanced Fitness Assessment and Exercise Prescription	1-800-957-7348	20	http://www.aahf.info/
American Academy of Health and Fitness	Back Stability: Integrating Science and Therapy	1-800-957-7348	20	www.AAHF.info
American Academy of Health and Fitness	JrFit: The Personal Trainer's Resource for Youth Fitness	1-800-957-7348	20	www.AAHF.info
American Academy of Health and Fitness	SrFit Second Edition: The Personal Trainer's Resource for Senior Fitness	1-800-957-7348	20	www.AAHF.info
American Academy of Health and Fitness	The Fitness Professional's Guide to Coaching Lifestyle Wellness™	1-800-957-7348	20	www.AAHF.info
BCRPA	BCRPA- E Learning	604-629-0965	vary	http://elearn.bcrpa.bc.ca/
Bellyfit	Bellyfit Instructor Certification	250-590-7637	8	www.bellyfit.com
Body Blueprint	101 Best Cable Exercises	778-433-8884	4	www.bodyblueprint.com

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Body Blueprint	Active Kids; Training the Child and Teen, and Family Fitness	778-433-8884	6	www.bodyblueprint.com
Body Blueprint	Advanced Personal Training	778-433-8884	16	www.bodyblueprint.com
Body Blueprint	Anatomy: The Next Level	778-433-8884	32	www.bodyblueprint.com
Body Blueprint	Aquatic Personal Training	778-433-8884	6	www.bodyblueprint.com
Body Blueprint	Awesome Abs; Advanced Core Stability	778-433-8884	4	www.bodyblueprint.com
Body Blueprint	Balance and Chair Exercises	778-433-8884	8	www.bodyblueprint.com
Body Blueprint	Better Butts: Anatomy and Exercises for the Muscles of the Leg and Thigh	778-433-8884	6	www.bodyblueprint.com
Body Blueprint	Bootcamp and Outdoor Fitness	778-433-8884	5	www.bodyblueprint.com
Body Blueprint	BOSU; Both Sides Up	778-433-8884	4	www.bodyblueprint.com
Body Blueprint	Chronic Inflammation Part 1	778-433-8884	1	www.bodyblueprint.com
Body Blueprint	Chronic Inflammation Part 2	778-433-8884	2	www.bodyblueprint.com
Body Blueprint	Conflict Resolution and Dealing with Difficult Behaviours	778-433-8884	4	www.bodyblueprint.com
Body Blueprint	Effective Communication	778-433-8884	4	www.bodyblueprint.com
Body Blueprint	Exercise Ball VODcast	778-433-8884	1	www.bodyblueprint.com

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	Exercises and Alternatives for Functional Movement VODcast		1	
Body Blueprint		778-433-8884		www.bodyblueprint.com
Body Blueprint	Fabulous Fat Burning	778-433-8884	2	www.bodyblueprint.com
	Functional Training for Optimum Movement VODcast		2.5	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Functional Training and Identifying Movement Patterns		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Goal Setting and Motivation		2	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	HIIT: High Intensity Interval Training		6	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Hip and Pelvis Anatomy Workshop		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Improving Squat Technique VODcast		1	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Knee Anatomy Course (new)		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Leadership Skills		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Magic of Muscles; Strength and Flexibility		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Mechanics of Stretching		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Multi-Joint/ Compound Exercises for Functional Movement		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Nutrition for Fitness		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Older Adult Fitness		20	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	On the Ball		2	
Body Blueprint		778-433-8884		www.bodyblueprint.com
	Perfect Posture		4	
Body Blueprint		778-433-8884		www.bodyblueprint.com

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Body Blueprint	Personal Trainer's: Building your Business (used to be PTs Roadmap to Success)	778-433-8884	6	www.bodyblueprint.com
Body Blueprint	Physique Competition Prep	778-433-8884	5	www.bodyblueprint.com
Body Blueprint	Posture and Assessment VODcast	778-433-8884	1	www.bodyblueprint.com
Body Blueprint	Powerlifting 101: Powerlifting to Win!	778-433-8884	6	www.bodyblueprint.com
Body Blueprint	Safety in the Weight Room	778-433-8884	2	www.bodyblueprint.com
Body Blueprint	Self Esteem and Body Image	778-433-8884	2	www.bodyblueprint.com
Body Blueprint	Shoulder Anatomy, Ailments, Injuries and Exercises	778-433-8884	4	www.bodyblueprint.com
Body Blueprint	Spinal Anatomy, Ailments, Injuries and Exercises	778-433-8884	5	www.bodyblueprint.com
Body Blueprint	Squat Shop	778-433-8884	5	www.bodyblueprint.com
Body Blueprint	Stress Management and Relaxation	778-433-8884	3	www.bodyblueprint.com
Body Blueprint	Supervisors Course	778-433-8884	10	www.bodyblueprint.com
Body Blueprint	Third Age Instructor	778-433-8884	18	www.bodyblueprint.com
Body Blueprint	Total Body Tubing	778-433-8884	2	www.bodyblueprint.com
Body Blueprint	Training the Elite Athlete	778-433-8884	16	www.bodyblueprint.com
Body Blueprint	Training The Runner	778-433-8884	2	www.bodyblueprint.com
Body Blueprint	Travel Teaching	778-433-8884	2.5	www.bodyblueprint.com
Body Blueprint	Wholistic Fitness	778-433-8884	4	www.bodyblueprint.com

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Body Blueprint	Wobble Board and Improving Balance Workshop	778-433-8884	2	www.bodyblueprint.com
Body Blueprint	Workout without Weights	778-433-8884	4	www.bodyblueprint.com
C.H.E.K Institute	Scientific Shoulder Training Home Study	760-477-2620	16	www.chekinstitute.com
C.H.E.K. Institute	Choosing a Lumbar Lifting Posture	760-477-2620	2	www.chekinstitute.com
C.H.E.K. Institute	Squatology	760-477-2620	4	www.chekinstitute.com
C.H.E.K. Institute	Advanced Swiss Ball Training for Rehabilitation	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	Assessing Core Function	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	Core Conditioning Exercises	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	Functional Anatomy of the Back	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	Functional Anatomy of the Core	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	High Performance Core Conditioning	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	Primal Pattern Movements	760-477-2620	5	www.chekinstitute.com
C.H.E.K. Institute	Program Design	760-477-2620	8	www.chekinstitute.com
C.H.E.K. Institute	Swiss Ball Training	760-477-2620	10	www.chekinstitute.com
C.H.E.K. Institute	Understanding Force Couple Relationships	760-477-2620	10	www.chekinstitute.com
C.H.E.K. Institute	Dynamic Medicine Ball Training	760-477-2620	13	www.chekinstitute.com

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C.H.E.K. Institute	Advanced Program Design	760-477-2620	15	www.chekinstitute.com
C.H.E.K. Institute	Female Training - Equal But Not the Same	760-477-2620	15	www.chekinstitute.com
C.H.E.K. Institute	Scientific Back Training	760-477-2620	20	www.chekinstitute.com
C.H.E.K. Institute	Scientific Core Conditioning	760-477-2620	24	www.chekinstitute.com
Catherine D'Aoust or GAIA adventures	Body Ball Basic Workshop	604-329-1257	2	www.gaiaadventures.com
Debbie Cheong (Osteofit)	Osteofit - Arthritis Cautions & Modifications in Exercise for Older Adults	604-940-0349	1.5	www.osteofit.org
Debbie Cheong (Osteofit)	Osteofit - Exploring Progressive Overload in Exercise for Older Adults	604-940-0349	2.5	www.osteofit.org
Douglas College	Online Aerobic and Anarobic Fitness - Session 3	604-527-5472	7	www.douglas.bc.ca/ce/sport
Douglas College	Online Body Composition and Flexibility - Session 1	604-527-5472	7	www.douglas.bc.ca/ce/sport
Douglas College	Online Resolving Conflict in a Sports Organization	604-527-5472	7	www.douglas.bc.ca/ce/sport
Douglas College	Online Strength, Endurance and Power - Session 2	604-527-5472	7	www.douglas.bc.ca/ce/sport
Douglas College	Online Part 1 - Pre and Post Natal Theory	604-527-5472	8	www.douglas.bc.ca/ce/sport

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Douglas College	Online Nutrition Knowledge Course	604-527-5472	21	www.douglas.bc.ca/ce/sport
Douglas College	Online Techniques in Fitness Assessment	604-527-5472	21	www.douglas.bc.ca/ce/sport
DSW Fitness	Advanced Reps, Sets and Loads for Hypertrophy and Strength	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Body Composition: Assessments that Work	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Body Image and Self-Esteem: In Search of Feeling Good about Your Body	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Building Physician Partnerships- ten tips for success	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Building Physician Partnerships:Ten Tips for Success?	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Core Conditioning Exercises	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Diabetes and Strength Training	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Exercise for Individuals with Developmental Disabilities	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Get Published!	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Growing Your Business in a Challenging Economy	1-800-465-7301	1	www.humankinetics.com/bcrpa

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DSW Fitness	Metabolism: Facts, Myths, Mysteries and Fallacies	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Mom and Baby Exercise	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	One Size Doesn't Fit All	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Strength Training For Postmenopausal Woman	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Strength Training for Youth	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	The Role of Strength Training in Weight Loss	1-800-465-7301	1	www.humankinetics.com/bcrpa
DSW Fitness	Weight Training Program Design Made Simple	1-800-465-7301	1	www.humankinetics.com
DSW Fitness	Exercise Rx for Psychological Health	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	Fat Metabolism and Gender Differences	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	Power Training Older Adults	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	The Physiology of Obesity	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	Tools to Grow and Retain Your Client Base	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	Training and Nutrition for Optimal Muscle Development	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	Weight Management for Women	1-800-465-7301	2	www.humankinetics.com/bcrpa
DSW Fitness	Body Building Anatomy	1-800-465-7301	3	www.humankinetics.com/bcrpa

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DSW Fitness	Brain-Based Personal Training	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Core Conditioning	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Create Your Online Presence	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Explosive Power	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Extreme Interval Training	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Joint Integrity	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Off the Wall	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Off The Wall-The Ultimate Training Guide for Climbing	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Speed, Agility and Quickness	1-800-465-7301	3	www.humankinetics.com/bcrpa
DSW Fitness	Cycling Anatomy	1-800-465-7301	3.5	www.humankinetics.com/bcrpa
DSW Fitness	Running Anatomy	1-800-465-7301	3.5	www.humankinetics.com/bcrpa
DSW Fitness	Becoming a Coach: Maps and Realities - Live Webinar	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Bodybuilding Anatomy	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Bodyweight Strength Training Anatomy	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Boot Camp Complete	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Cardio Coach: Equipment-Based Group Fitness	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Cognitive Rehab and Memory Enhancement	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Developing Training Plans for Cyclists and Triathletes	1-800-465-7301	4	www.humankinetics.com/bcrpa

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DSW Fitness	Dynamic Warm-up	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Foam Roller Fitness	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Functional Training: Myofascial Slings	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Hill Training for Indoor Cycling	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Knee Stabilization	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition Periodization	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Plyometric Anatomy	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Running Anatomy 2E	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Shoulder Girdle Stabilization	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Stretching Anatomy	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	The Overweight Client	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Training and Coaching the Competitive Cyclist	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Triathlon Anatomy	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	W.I.S.E Weight and Wellness webinar series	1-800-465-7301	4	www.humankinetics.com/bcrpa
DSW Fitness	Basic Training for Running	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Effective Exercises for Scoliosis	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Essentials of Obstacle Race Training	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Evidence-Based Approach to Ankle Sprains	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Exercise and Diabetes	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Exercise and Fibromyalgia, 2nd ed.	1-800-465-7301	5	www.humankinetics.com/bcrpa

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DSW Fitness	Exercise and Heart Disease	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Exercise and Multiple Sclerosis	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Exercise and Respiratory Disease	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Flexibility for Performance	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Fueling Young Athletes	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Fusion Workouts	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Indoor Cycling Basics	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Plyometrics Training	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	POLES for Balance, Mobility and Walking	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Postural Assessment	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Postural Correction	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Pregnancy Fitness	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Running Injuries: Strategies for Prevention and Intervention	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Speed Training for Young Athletes	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Training the Athlete Over 50	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Water Exercise	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	Yoga for Athletes	1-800-465-7301	5	www.humankinetics.com/bcrpa
DSW Fitness	A Journey into Yin Yoga	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Basic Training for Cycling	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Breast Cancer Recovery Exercise Program	1-800-465-7301	6	www.humankinetics.com/bcrpa

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DSW Fitness	Effective Rotator Cuff Exercises	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Enhancing Children's Cognition with Physical Activity Games	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Essential Aqua Pilates	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Exercise and Arthritis	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Exercise and Parkinson's Disease	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Exercise for Breast Cancer Survivors	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Functional Foods part 1	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	High Intensity Training For Women	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Marathon Training	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Practical Guide to Exercise Physiology	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Prenatal and Postpartum Exercise Design	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Stretch to Win	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Stretch to Win	1-800-465-7301	6	www.humankinetics.com/bcrpa
DSW Fitness	Be a Successful In-Home/Mobile Trainer	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Complete Guide to TRX	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Complete Guide to TRX® Suspension Training	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Developing Speed	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Eat.Lift.Thrive.	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Non-diet Weight Management	1-800-465-7301	7	www.humankinetics.com/bcrpa

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DSW Fitness	Pilates Mat Tech: Level 1	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Power Yoga	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Strength Training Older Adults	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Technology, Food, Nutrition	1-800-465-7301	7	www.humankinetics.com/bcrpa
DSW Fitness	Sport Therapy for the Shoulder	1-800-465-7301	7.5	www.humankinetics.com/bcrpa
DSW Fitness	Caffeine for Sports Performance	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Complete Guide to Foam Rolling	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Conditioning Young Athletes	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Developing Endurance	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Exercise for Knee and Hip Replacement	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Functional Training	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition Quackery	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Nutritional Health for Men	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Pilates Anatomy	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Program Design: Choosing Reps, Sets, Loads, Tempo and Rest Periods	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Strength Ball Training	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Strength Training Past 50	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	The Athlete's Guide to Sports Supplements	1-800-465-7301	8	www.humankinetics.com/bcrpa

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DSW Fitness	The BEST Exercise Program for Osteoporosis Prevention	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Treating Eating Disorders	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Vegetarian Nutrition	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	Your Workout Perfected	1-800-465-7301	8	www.humankinetics.com/bcrpa
DSW Fitness	The New Power Eating	1-800-465-7301	8.5	www.humankinetics.com/bcrpa
DSW Fitness	Applying Music in Sport and Exercise	1-800-465-7301	9	www.humankinetics.com/bcrpa
DSW Fitness	Childhood and Adolescent Nutrition	1-800-465-7301	9	www.humankinetics.com/bcrpa
DSW Fitness	Language-Enriched Exercise for Clients with Alzheimer's Disease	1-800-465-7301	9	www.humankinetics.com/bcrpa
DSW Fitness	The Business of Personal Training	1-800-465-7301	9	www.humankinetics.com/bcrpa
DSW Fitness	Total Strength on the Ball	1-800-465-7301	9	www.humankinetics.com/bcrpa
DSW Fitness	Alternative and Integrative Nutrition	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Business of Personal Training	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Cardiovascular Nutrition and Fitness	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Developing Agility and Quickness	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Developing the Core	1-800-465-7301	10	www.humankinetics.com/bcrpa

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DSW Fitness	Diet, Exercise and Fitness	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Essentials of Fitness & Health	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Essentials of Fitness & Health Online CE Course - 2nd Edition	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Fitness Cycling	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Maternal and Infant Nutrition	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Maximum Interval Training	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition for Women part 1	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition for Women part 2	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition for Women Part 2: Diet & Diseases of Lifestyle	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition for Young Athletes	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Practical Nutrition	1-800-465-7301	10	www.humankinetics.com
DSW Fitness	Reshaping Your Body, Rethinking Your Mind	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Tai Chi for Arthritis	1-800-465-7301	10	www.humankinetics.com/bcrpa
DSW Fitness	Nutrition for Rehab and Healing	1-800-465-7301	11	www.humankinetics.com/bcrpa
DSW Fitness	Monitoring Training and Performance in Athletes	1-800-465-7301	12	www.humankinetics.com/bcrpa

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DSW Fitness	Science and Development of Muscle Hypertrophy	1-800-465-7301	12	www.humankinetics.com/bcrpa
DSW Fitness	Pilates for Rehabilitation	1-800-465-7301	13	www.humankinetics.com/bcrpa
DSW Fitness	Lifestyle Wellness Coaching 3E	1-800-465-7301	14	www.humankinetics.com/bcrpa
DSW Fitness	NSCA's Guide to Sport and Exercise Nutrition	1-800-465-7301	14	www.humankinetics.com/bcrpa
DSW Fitness	Scientific Back Training	1-800-465-7301	14	www.humankinetics.com/bcrpa
DSW Fitness	Complete Conditioning for Tennis	1-800-465-7301	15	www.humankinetics.com/bcrpa
DSW Fitness	Effective Strength Training	1-800-465-7301	15	www.humankinetics.com/bcrpa
DSW Fitness	Exercise for Frail Elders	1-800-465-7301	15	www.humankinetics.com/bcrpa
DSW Fitness	Functional Training: Breaking the Bonds of Traditionalism	1-800-465-7301	15	www.humankinetics.com/bcrpa
DSW Fitness	Golden Wave Functional Water Exercise for Older Adults	1-800-465-7301	16	www.humankinetics.com/bcrpa
DSW Fitness	Golf Conditioning Specialist - Level 1	1-800-465-7301	16	www.humankinetics.com/bcrpa
DSW Fitness	Motivating People to be Physically Active	1-800-465-7301	16	www.humankinetics.com/bcrpa
DSW Fitness	Scientific Shoulder Training	1-800-465-7301	16	www.humankinetics.com/bcrpa
DSW Fitness	Vegetarian Sports Nutrition	1-800-465-7301	16	www.humankinetics.com/bcrpa
DSW Fitness	Encyclopedia of Muscle and Strength	1-800-465-7301	17.5	www.humankinetics.com/bcrpa

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DSW Fitness	Conditioning to the Core	1-800-465-7301	18	www.humankinetics.com/bcrpa
DSW Fitness	FitStrike Kickboxing/MMA Fitness Instructor Foundations	1-800-465-7301	18	www.humankinetics.com/bcrpa
DSW Fitness	Essentials of Eccentric Training	1-800-465-7301	19	www.humankinetics.com/bcrpa
DSW Fitness	Aquatic Exercise for Rehabilitation and Training	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Dumbbell Training	1-800-465-7301	20	www.humankinetics.com
DSW Fitness	Enlighten Your Body	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Fitness Assessment and Exercise Prescription for All Ages™	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Holistic Fitness Specialty Certificate	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	JrFit™ Youth Fitness Specialty Certificate	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Low Back Disorders	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Low Back Injury Prevention and Rehab	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Martial Fitness Kickboxing	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Methods of Group Instructions	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Personal Training from A to Z	1-800-465-7301	20	www.humankinetics.com/bcrpa

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DSW Fitness	Physical Activity Instruction of Older Adults	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Positive Psychology	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Pro-active Postural Restructuring	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	Total Control	1-800-465-7301	20	www.humankinetics.com/bcrpa
DSW Fitness	The Essence of Body Weight Training	1-800-465-7301	21	www.humankinetics.com/bcrpa
DSW Fitness	Practical Yoga for Personal Trainers	1-800-465-7301	22	www.humankinetics.com/bcrpa
DSW Fitness	Winning Sports Nutrition	1-800-465-7301	22	www.humankinetics.com/bcrpa
DSW Fitness	Lifestyle Wellness Coaching	1-800-465-7301	23	www.humankinetics.com/bcrpa
DSW Fitness	The Essence of Dumbbell Training	1-800-465-7301	24	www.humankinetics.com/bcrpa
DSW Fitness	Kinetic Anatomy	1-800-465-7301	25	www.humankinetics.com/bcrpa
DSW Fitness	Triathlon Science	1-800-465-7301	25	www.humankinetics.com
DSW Fitness	High Performance Training for Sports	1-800-465-7301	25.5	www.humankinetics.com/bcrpa
DSW Fitness	Teaching Power Yoga for Sports	1-800-465-7301	7	www.humankinetics.com/bcrpa
Emmie Li	Pilates Essence - The Pelvis	604-862-0999	3	http://bit.ly/2imkHVA
Emmie Li	Top Teaching Techniques	604-862-0999	4	http://wp.me/P3SZ7C-aj
Everyday Athletes Inc.	As a Matter of Back: Text Neck	604-786-3089	2	www.everydayathletes.ca
Everyday Athletes Inc.	SWOT the Business of Bootcamp	604-786-3089	2	www.everydayathletes.ca
Exercises for Injuries	Fix My Back Pain	604-532-5248	3.5	www.ExercisesForInjuries.com

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Family Passages / Sue Dumais	Healing the Postpartum Body - Webinar	604-312-8203	1.5	www.familypassages.ca
Family Passages / Sue Dumais	Understanding Pelvic Floor Health - Webinar	604-312-8203	1.5	www.familypassages.ca
Family Passages / Sue Dumais	A Strong Core for Life	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Core Training for Pregnancy	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Exercise Your Right to be Financially Fit	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Pregnancy, Posture & Exercise	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Training for Delivery	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Weight Loss after Pregnancy	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Wired & Tired - Implementing a Stress Management Program for Your Clients	604-312-8203	2	www.familypassages.ca
Family Passages / Sue Dumais	Fitness Fertility Specialist Certification	604-312-8203	4	www.familypassages.ca
Family Passages / Sue Dumais	Pre & Post Natal Fitness Certification Part 2	604-312-8203	6	www.familypassages.ca
Family Passages / Sue Dumais	Pre & Post Natal Fitness Certification - Part 1 Theory	604-312-8203	8	www.familypassages.ca
Family Passages/Sue Dumais	Get Out of Your Own Way & Achieve Success	604-312-8203	12	www.familypassages.ca
Fit 4 Two	Pre and Postnatal Fitness Specialist Course	604-719-7981	16	www.fit4two.ca

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Fit 4 Two	Canadian Prenatal Fitness Guideline	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Diastasis Recti Update	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Cueing Pelvic Floor Successfully	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Pregnancy and Infant Loss- Being a Conscious Leader	604-719-7981	6	www.fit4two.ca
Fit 4 Two	It's Never Too Early to be an Active Role Model- Why an Active Pregnancy	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Prenatal Anatomy and Physiology	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Postnatal Anatomy and	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Prenatal Fitness Guidelines	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Postnatal Fitness guidelines	604-719-7981	2	www.fit4two.ca
Fit 4 Two	Prenatal Class and Program Planning	604-719-7981	8	www.fit4two.ca
Fit 4 Two	Postnatal Class and Program Planning	604-719-7981	16	www.fit4two.ca
Fit4Two	Pregnancy & Infant Loss. Be	604-719-7981	6	http://fit4two.ca/training/PPFS-workshop-online
Fit4Two	Diastasis Recti Update	604-719-7981	2	http://fit4two.ca
Fit4Two	Cue Pelvic Floor Successfully	604-719-7981	2	http://fit4two.ca
Fit4Two	Canadian Prenatal Fitness G	604-719-7981	2	http://fit4two.ca
Fitness Education Online	4 Steps to a Successful Boot	61412758031	11	https://www.fitnesseducationonline.com.au
Fitness Education Online	4 Steps to a Successful Boot	61412758031	11	https://www.fitnesseducationonline.com.au
Fix My Back Pain	Exercises for Injuries	604-532-5248	3.5	www.ExercisesForInjuries.com
Fix My Back Pain	Exercises for Injuries	604-532-5248	3.5	www.ExercisesForInjuries.com

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GMP Fitness	Eating Plans – Healthy Diet Tips	888-467-3488	3	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Sugar – What’s In Your Food	888-467-3488	3	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Vitamin D – Immune System Booster	888-467-3488	3	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Weight Loss – Healthy Calorie Intake	888-467-3488	3	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Additives – Hidden Food Ingredients	888-467-3488	4	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Coconut Oil – Amazing Ways To Use	888-467-3488	4	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Healthy Teas – Ginger, Green and Matcha	888-467-3488	4	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Carpal Tunnel Exercise Specialist	888-467-3488	5	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Flexibility Training Specialist	888-467-3488	5	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Golf Wellness Specialist	888-467-3488	5	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	ABC Fitness Training Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Avocados – Naturally Good Fat	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Avocados – Weight Loss Benefits	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Balance Progressions Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Core Training Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Golf Injury Prevention Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Healthy Herbs – Powerful Benefits	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Healthy Teas – Powerful Benefits	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Lower Body Ball Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Nutrients – Powerful Health Benefits	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	Soccer Fitness Foundation Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Soccer Injury Prevention and Performance Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Soccer Mental Skills and Technical Training Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Soccer Testing and Training Theory Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Spinal Health Connection Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Youth Soccer Injury Prevention and Wellness Specialist	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Youth Soccer Safety Training	888-467-3488	6	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Avocados – All You Need To Know	888-467-3488	7	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Diet 101 – Mediterranean and Carbs	888-467-3488	8	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	Tart Cherries – Antioxidant Super Fruit	888-467-3488	8	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Thrive Biz – Team Inspiration	888-467-3488	8	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Vital Signs – Blood Pressure and Pulse	888-467-3488	8	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Cholesterol, Atherosclerosis and Coronary Heart Disease	888-467-3488	9	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Cycling Injury Prevention Specialist	888-467-3488	9	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Inflammation – Protect Your Body	888-467-3488	9	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Turmeric – Super Healing Spice	888-467-3488	9	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Back Injury Prevention Specialist	888-467-3488	11	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Knee Injury Prevention Specialist	888-467-3488	11	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	Soccer Tactical Movement Specialist (Advanced)	888-467-3488	12	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Triathlon Injury Prevention Specialist	888-467-3488	12	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Youth Soccer Tactical Movement Specialist	888-467-3488	12	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Exercise Development Specialist	888-467-3488	15	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Golf Conditioning Specialist	888-467-3488	17	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Longevity Wellness Specialist	888-467-3488	17	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Soccer Fitness Specialist	888-467-3488	18	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Soccer Injury Prevention and Wellness Specialist	888-467-3488	18	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	Soccer Fitness Specialist (Advanced)	888-467-3488	22	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Youth Soccer Fitness Specialist	888-467-3488	22	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Athletic Assessment and Agility Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Athletic Plyometric and Power Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Athletic Speed and Agility Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Balance and Fall Prevention Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Balance Assessment and Injury Prevention Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Balance Therapy and Functional Training Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Core Fit Corrective Exercise Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	Flexibility Assessment Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Flexibility Injury Prevention Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Flexibility Therapy Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Posture Assessment Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Posture Corrective Exercise Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Posture Exercise Specialist	888-467-3488	25	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Blueprint Health and Wellness Success Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Enzyme Nutrition and Wellness Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses

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GMP Fitness	Fibromyalgia Health and Exercise Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Fibromyalgia Lifestyle and Wellness Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Homeopathy and Sports Wellness Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Muscular Performance Self-Therapy Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Triathlon Conditioning and Mental Training Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
GMP Fitness	Triathlon Injury Prevention and Race Tactics Specialist	888-467-3488	30	www.gmpfitness.com Use Discount Code GMPBC25 for 25% of all GMP Fitness Courses
Go Train Industry Pty Ltd.	Menofitness	61 3 544 33390	5.5	www.menofitness.net
Harmony Fit	Group Training Success	604-836-4686	3	http://www.harmonyfit.ca
Harmony Fit	Simple Pool Workouts	604-836-4786	3	http://www.harmonyfit.ca
Harmony Fit	Studio Cycle Series	604-836-4686	3	http://www.harmonyfit.ca
Harmony Fit	Anatomy of Cycling	604-836-4686	5	http://www.harmonyfit.ca
Harmony Fit	Anatomy of Cycling	604-836-4686	5	http://www.harmonyfit.ca
Harmony Fit	Youth Fit	604-836-4686	5	http://www.harmonyfit.ca
Harmony Fit	Agility and Quickness	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Agility and Quickness	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Conflict Management	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Developing Self Esteem	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Essential Core	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Functional Exercise	604 836 4686	8	http://www.harmonyfit.ca

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Harmony Fit	Nutrition You Can Use- Based on the Canada Food Guide	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Time Management	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Yoga Anatomy	604-836-4686	8	http://www.harmonyfit.ca
Harmony Fit	Essential Nutrition	604 836 4686	16	http://www.harmonyfit.ca
Harmony Fit	Kinetic Anatomy	604-836-4686	16	http://www.harmonyfit.ca
Harmony Fit	Essential Group Fitness	604-836-4686	16	http://www.harmonyfit.ca
Harmony Fit	Nutrition Composition	604 836 4686	20	http://www.harmonyfit.ca
Harmony Fit	Essential Group Fitness	604-836-4686	16	www.harmonyfit.ca
Human Kinetics	Muscular Fitness Assessmer	800-456-7301	2	www.Canada.HumanKinetics.com
Human Kinetics	Flexibliyt Assessment and Pi	800-456-7301	2	www.Canada.HumanKinetics.com
Human Kinetics	Cardiorespiratory Fitness As	800-456-7301	2	www.Canada.HumanKinetics.com
Human Kinetics	The Athlete's Guide to Diab	800-456-7301	9.5	www.Canada.HumanKinetics.com
Human Kinetics	Assessments for Sport and /	800-456-7301	12	www.Canada.HumanKinetics.com
Human Kinetics	Smarter Workouts: The Scie	800-456-7301	8	www.Canada.HumanKinetics.com
Human Kinetics	The Warm Up: Maximize Pe	800-456-7301	6	www.Canada.HumanKinetics.com
Human Kinetics	Developing Agility and Quicl	800-456-7301	8.5	www.Canada.HumanKinetics.com
Human Kinetics	The Happy Runner	800-456-7301	6	www.Canada.HumanKinetics.com
Human Kinetics	Your Strong, Sexy Pregnanc\	800-456-7301	7.25	www.Canada.HumanKinetics.com
Human Kinetics	Pilates for Conditioning and	800-456-7301	6	www.Canada.HumanKinetics.com
Human Kinetics	Sports Massage for Injury C	800-456-7301	6	www.Canada.HumanKinetics.com
Human Kinetics	Bodybuilding	800-456-7301	7	www.Canada.HumanKinetics.com
Human Kinetics	Methods of Group Exercise	800-456-7301	21.25	https://us.humankinetics.com/collections/continuing-education/products/methods-of-group-exercise-instruction-print-ce-course-4th-edition?variant=29051553644605

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				https://us.humankinetics.com/collections/continuing-education/products/walking-solution-with-ce-exam-the?variant=28601719062589
Human Kinetics	The Walking Solution	800-456-7301	8.25	
				https://us.humankinetics.com/collections/continuing-education/products/timing-resistance-training-with-ce-exam?variant=28579248603197
Human Kinetics	Timing Resistance Training	800-456-7301	8	
Human Kinetics	Advanced Marathoning	800-456-7301	7.5	www.Canada.HumanKinetics.com
Human Kinetics	Motivational Yoga	800-456-7301	13	www.Canada.HumanKinetics.com
Human Kinetics	Nancy Clark's Sport Nutrition	800-456-7301	10	www.Canada.HumanKinetics.com
Human Kinetics	Pilates Anatomy, Second Ed	800-456-7301	9.25	www.Canada.HumanKinetics.com
Human Kinetics	Dumbbell Training	800-456-7301	9	www.Canada.HumanKinetics.com
Human Kinetics	Sports Injuries Guidebook, S	800-456-7301	14.25	www.Canada.HumanKinetics.com
Human Kinetics	Strength Band Training	800-456-7301	5.25	www.Canada.HumanKinetics.com
Human Kinetics	Plant-Based Sports Nutrition	800-456-7301	8	www.Canada.HumanKinetics.com
INFOFIT Educators	Advanced Training Specialist (ATS) Certification	604-683-0785	15	www.infofit.ca
INFOFIT Educators	Understanding Common Movement Dysfunctions Home Study Course (Post Injury Rehab)	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Foundation of Periodization Training & Program Design Home Study Course	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Understanding Integrative Training Home Study Course	604-683-0785	3	www.infofit.ca

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INFOFIT Educators	Human Movement Assessment and Analysis Home Study Course	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Understanding Human Movement Home Study Course	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Pre- and Post- Workout	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Preventing Cancer Through Nutrition	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Pros & Cons of HIIT	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Raw Cacao	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Raw Food Diet	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Rest and Recovery	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Social Media Kickstart	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Solve Your Spring Allergies	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Strength Training for	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Stress, Adrenal & Thyroid	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Stubborn Fat and The HcG	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Stubborn Fat Loss	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Supplements for Optimal Athletic Performance	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Tabata - Training Smart of Maximal Results	604-683-0785	1	www.infofit.ca
INFOFIT Educators	The APO E Gene Diet	604-683-0785	1	www.infofit.ca
INFOFIT Educators	The Science of Living Well	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Top Ten Energy Boosters	604-683-0785	1	www.infofit.ca

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INFOFIT Educators	Treating Sports Injuries with Prolotherapy	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Understanding Dietary Supplements	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Why Do We Get Fatter As We Age?	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Your First Bodybuilding Competition: What You Should Know	604-683-0785	1	www.infofit.ca
INFOFIT Educators	Understanding Human Movement Home Study Course	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Foundation of Periodization Training & Program Design Home Study Course	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Human Movement Assessment & Analysis	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Understanding Common Movement Dysfunctions Home Study Course (Post Injury Rehab)	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Understanding Human Movement	604-683-0785	3	
INFOFIT Educators	Understanding Integrative Training Home Study Course	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Supervisors Workshop	604-683-0785	10	www.infofit.ca
INFOFIT Educators	The Science of Exercise	604-683-0785	11	www.infofit.ca

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INFOFIT Educators	Advanced Training Specialist (ATS) Certification	604-683-0785	15	https://www.infofit.ca/course/advanced-training-specialist/
INFOFIT Educators	SrFit- The Trainer's Resource for Senior Fitness	604-683-0785	20	www.infofit.ca
INFOFIT Educators	System 5 Financial Freedom For Personal Trainers	604-683-0785	20	www.infofit.ca
INFOFIT Educators	The Principles of Sports Nutrition	604-683-0785	24	www.infofit.ca
INFOFIT Educators	The Certified Sports Nutrition Advisor On-Line education Program	604-683-0785	200	www.infofit.ca
INFOFIT Educators	Advanced Training Specialist	604-683-0785	15	https://www.infofit.ca/course/advanced-training-specialist/
INFOFIT Educators	Understanding Common Movement	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Foundation of Periodization	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Understanding Integrative Training	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Human Movement Assessment	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Understanding Human Movement	604-683-0785	3	www.infofit.ca
INFOFIT Educators	Senior Fitness: Training the Senior	604-683-0785	1	https://www.infofit.ca/course/senior-fitness/
INFOFIT Educators	Learn How to Become A Certified Personal Trainer	604-683-0785	1	www.infofit.ca
inhometrainer Ltd	The IN Home Trainer's Instructor Workshop	905-872-4637	4	www.inhometrainer.ca/personal-trainer-courses.html
Jaimee Stokes	Abs 101	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Yoga-Inspired Stretching	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Do's & Don'ts with Dumbbells	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Exercise & Strokes	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Top 10 Tips to Becoming a Successful Personal Trainer	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Cardio Inspiration!	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Bands/Balls/Balance	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	How to HIIT Your Fitness Goals	604-377-2660	2	www.jaimeestokes.com

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Jaimee Stokes	Triple P: Perfecting Proper P	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Got Butt?	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Functional Fitness: Exercise	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Standing Above the Compet	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Personal Training Case Stud	604-377-2660	2	www.jaimeestokes.com
Jaimee Stokes	Avoiding Instructor Burnout	604-377-2660	1	www.jaimeestokes.com
Jaimee Stokes	Leading Successful Walking	604-377-2660	1	www.jaimeestokes.com
Jaimee Stokes	Where Do Your Passions Lie	604-377-2660	1	www.jaimeestokes.com
Jaimee Stokes	16 CEC Bundle Package!	604-377-2660	16	www.jaimeestokes.com
Jaine Priest	Cancer and Exercise Online Training	604-257-3056	5	N/A
Kim Bond	The Science of Fitness Assessing Article - Correspondence	604-582-7377	1	www.everydayathletes.ca
Kim Bond	Posture Perfect Article - Correspondence	604-582-7377	2	www.everydayathletes.ca
Kinesiologists.ca	The Next Level- Sugar & Sweetener Nutrition	604-736-9858	4	www.kinesiologists.ca
Kinesiologists.ca	The Next Level - Personal Training 2.0- Anthropometric Measurement Techniques Workshop	604-736-9858	8	www.kinesiologists.ca
Melanie Galloway	Fragile Frames	604.732.9295	3	www.growingstrong.ca
Melanie Galloway	Fragile Frames	604.732.9295	3	www.growingstrong.ca
On the Edge Fitness Educators	Flexibility Assessment	604-985-7410	3	www.edgefit.ca
On the Edge Fitness Educators	Getting the CORE of the Matter	604-985-7410	3	www.edgefit.ca
On the Edge Fitness Educators	How to sell without "selling"	604-985-7410	3	www.edgefit.ca

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On the Edge Fitness Educators	Posture Assessment	604-985-7410	3	www.edgefit.ca
On the Edge Fitness Educators	The "WOW" factor For Service Excellence	604-985-7410	3	www.edgefit.ca
On the Edge Fitness Educators	Supervisory Skills for Aspiring Leaders	604-985-7410	8	www.edgefit.ca
On the Edge Fitness Educators	Training and Conditioning Program Design	604-985-7410	8	www.edgefit.ca
On the Edge Fitness Educators	Fundamentals of Anatomy Part 1	604-985-7410	10	www.edgefit.ca
On the Edge Fitness Educators	Fundamentals of Anatomy Part 2	604-985-7410	10	www.edgefit.ca
On the Edge Fitness Educators	Special Populations	604-985-7410	10	www.edgefit.ca
On the Edge Fitness Educators	Special Populations	604-985-7410	10	www.edgefit.ca
Personal Training on the Net	Client Assessment, Biomechanics, & Metabolism	720-489-0294	2	www.ptonthenet.com
Personal Training on the Net	Client Relations & Business Management	720-489-0294	2	www.ptonthenet.com
Personal Training on the Net	Flexibility	720-489-0294	2	www.ptonthenet.com
Personal Training on the Net	Lower Extremity Injury Prevention	720-489-0294	2	www.ptonthenet.com
Personal Training on the Net	Practical Applications of Explosive Lifting & Advanced Strength Training	720-489-0294	2	www.ptonthenet.com
Personal Training on the Net	Program Design: Recovery	720-489-0294	2	www.ptonthenet.com

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Personal Training on the Net	The Muscular System	720-489-0294	2	www.ptonthenet.com
Physical Expressions	Intro to Aquatic Fitness Training	604.785.8776	2	www.phys-x.ca
Physical Expressions	Anatomy Review	604-785-8776	5	www.phys-x.ca
PL3Y Inc.	DANCEPL3Y Kids Instructor Training (Online)	604-704-1031	16	www.pl3yinc.com
Rick Kaselj	The Ultimate Training Guide for Cancer Survivors	604-532-5248	2	www.ExerciseForInjuries.com
Rick Kaselj	Fix My Shoulder Pain	604-532-5248	3	www.ExerciseForInjuries.com
Rick Kaselj	Muscle Imbalances Revealed - Lower Body System	604-532-5248	6	www.ExerciseForInjuries.com
Rick Kaselj	Muscle Imbalances Revealed-Upper Body Edition	604-532-5248	7	www.exercisesforinjuries.com
Rick Kaselj	Lower Back Spinal Fusion & Exercise Webinar	604-532-5248	1	www.ExerciseForInjuries.com
Rick Kaselj	Muscle Imbalances Revealed – Assessment & Exercise	604-532-5248	6	www.ExerciseForInjuries.com
Rick Kaselj	Corrective Exercises for Running Injury-free	604-532-5248	1	www.ExerciseForInjuries.com
Rick Kaselj	Exercises for Prevention, Rehabilitation & Overcoming Knee Injuries	604-532-5248	1	www.ExercisesForInjuries.com

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Rick Kaselj	The Most Effective Rotator Cuff Exercise Program	604-532-5248	1	www.ExerciseForInjuries.com
Rick Kaselj	Effective Rotator Cuff Exercises	604-532-5248	5	www.ExerciseForInjuries.com
Rick Kaselj	Truth About Exercise & Osteoporosis	604-532-5248	5	www.ExerciseForInjuries.com
Rick Kaselj	Fitness & Rehab Newsletter Distance Education Workshop - Module 1	604-532-5248	3	www.HealingThroughMovement.com
Rick Kaselj	Fitness & Rehab Newsletter Distance Education Workshop- Module 2	604-532-5248	3	www.HealingThroughMovement.com
Rick Kaselj	The Most Effective Exercises for Scoliosis	604-532-5248	6	www.HealingThroughMovement.com
Sandra Starett	Intro to Aquatic Fitness Trai	604.785.8776	2	www.phys-x.ca
Success Fitness	Foam Roller Workshop	250 886 2490	2	www.successfitness.ca
Success Fitness	Goals are Essential	250 886 2490	2	www.successfitness.ca
Success Fitness	Pre and Postnatal Online Workshop	250 886 2490	3	www.successfitness.ca
Success Fitness	Training the Obese or Overweight Client	250 886 2490	3	www.successfitness.ca
Success Fitness	Bodyweight Training using the TRX and BOSU	250 886 2490	4	www.successfitness.ca
Success Fitness	Personal Trainer Business Roadmap to Success	250 886 2490	4	www.successfitness.ca
Tammy Petersen	Exercise Management of Chronic Diseases and Disabilities for All Ages	800-957-7348	20	www.aahf.info

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The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Eight	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Five	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Four	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Nine	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module One	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Seven	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Six	1-866-433-1595	20	www.coryholly.com

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The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Ten	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Three	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program - Module Two	1-866-433-1595	20	www.coryholly.com
The Cory Holly Institute	Certified Sports Nutrition Advisor (CSNA) Education Program	1-866-433-1595	200	www.coryholly.com
The Personal Training Collective	10 Tips for Training Hard Gainers	778-822-6224	1	https://academy.theptcollective.com/
The Personal Training Collective	Balancing Work and Personal Time	778-822-6224	1	https://academy.theptcollective.com/
The Personal Training Collective	S.M.A.R.T. Goal Setting isn't so smart after all	778-822-6224	1	https://academy.theptcollective.com/
The Personal Training Collective	The Physiology of Inactivity	778-822-6224	1	https://academy.theptcollective.com/
The Personal Training Collective	The "Knee"d for Comprehensive Hip Conditioning	778-822-6224	1	https://academy.theptcollective.com/
The Personal Training Collective	The Physiology of Inactivity	778-822-6224	1	https://academy.theptcollective.com/
The Personal Training Collective	Top 3 Mistakes Trainers Make with Plyometrics	778-822-6224	1	https://academy.theptcollective.com/

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The Personal Training Collective	10 Exercise Prescription Strategies for Fitness Therapy.	778-822-6224	1.5	https://academy.theptcollective.com/
The Personal Training Collective	Calories: The Good, The Bad and The Ugly	778-822-6224	1.5	http://courses.brenda-adams.com
The Personal Training Collective	Life Coaching Skills to Inspire your Clients	778-822-6224	1.5	http://courses.brenda-adams.com
The Personal Training Collective	Life Coaching Skills to Inspire your Clients	778-822-6224	1.5	https://academy.theptcollective.com/
The Personal Training Collective	Movement Analysis Made Easy	778-822-6224	1.5	https://academy.theptcollective.com/
The Personal Training Collective	Resistance Training Exercise Selection: Considerations for Optimal Adaptation	778-822-6224	1.5	https://academy.theptcollective.com/
The Personal Training Collective	Sugar Metabolism	778-822-6224	1.5	https://academy.theptcollective.com/
The Personal Training Collective	Re-Ignite Your Passion for Teaching	778-822-6224	1.75	www.brenda-adams.com/fitness-workshops
The Personal Training Collective	Using Life Coaching Skills to Inspire Your Clients to Success	778-822-6224	2	www.brenda-adams.com
The PT Collective	Breathing: It's not just exhaling on exertion	1-888-544-2031	1.5	https://academy.theptcollective.com
The PT Collective	The Essentials of Foam Rolling	1-888-544-2031	2	http://academy.theptcollective.com
Twist Conditioning	Level 1: Twist Sport Performance Essentials: Agility, Quickness and Reactivity	604-904-6556	6	http://twistconditioning.idealife.com
Twist Conditioning	Sport Balance	604-904-6556	6	http://twistconditioning.idealife.com
Twist Conditioning	Sport Core	604-904-6556	6	http://twistconditioning.idealife.com

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Twist Conditioning	Sport Strength Chest and Back	604-904-6556	6	http://twistconditioning.ideafit.com
Twist Conditioning	Sport Strength Legs and Shoulders	604-904-6556	6	http://twistconditioning.ideafit.com
Twist Conditioning	SURGE: Dynamic Fluid Resistance Training	604-904-6556	8	http://twistconditioning.ideafit.com
Twist Conditioning	Level 1: Twist Sport Performance Essentials: Sport Balance	604-904-6556	10	http://twistconditioning.ideafit.com
Twist Conditioning	Sport Balance Advanced Concepts	604-904-6556	10	http://twistconditioning.ideafit.com
Twist Conditioning	Sport Movement Advanced Concepts	604-904-6556	10	http://twistconditioning.ideafit.com
Twist Conditioning	Sport Movement Essentials	604-904-6556	10	http://twistconditioning.ideafit.com
Twist Conditioning	Sport Strength Advanced Concepts	604-904-6556	10	http://twistconditioning.ideafit.com
Twist Conditioning	Sport Strength Essentials	604-904-6556	10	http://twistconditioning.ideafit.com
Twist Conditioning Inc	Agility, Quickness & Reactivity	1-888-214-4244	6	www.twistconditioning.com
Twist Conditioning Inc	Level 1: Twist Sport Performance Essentials: Sport Balance	1-888-214-4244	6	www.twistconditioning.com
Twist Conditioning Inc	Level 1: Twist Sport Performance Essentials: Sport Core	1-888-214-4244	6	www.twistconditioning.com
Twist Conditioning Inc	Level 1: Twist Sport Performance Essentials: Sport Strength Chest and Back	604-904-6556	6	www.twistconditioning.com

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Twist Conditioning Inc	Level 1: Twist Sport Performance Essentials: Sport Strength Legs and Shoulders	604-904-6556	6	www.twistconditioning.com
Twist Conditioning Inc	Level 2: Twist Sport Performance Progressive Techniques: Sport Balance	604-904-6556	10	www.twistconditioning.com
Twist Conditioning Inc	Level 2: Twist Sport Performance Progressive Techniques: Sport Movement	604-904-6556	10	www.twistconditioning.com
Twist Conditioning Inc	Level 2: Twist Sport Performance Progressive Techniques: Sport Strength	604-904-6556	10	www.twistconditioning.com
Twist Conditioning Inc	Level 3: Twist Sport Performance Advanced Concepts: Sport Balance	604-904-6556	10	www.twistconditioning.com
Twist Conditioning Inc	Level 3: Twist Sport Performance Advanced Concepts: Sport Movement	604-904-6556	10	www.twistconditioning.com
Twist Conditioning Inc	Level 3: Twist Sport Performance Advanced Concepts: Sport Strength	604-904-6556	10	www.twistconditioning.com
Urban Poling	Urban Poling Instructor Certification Workshop	604-990-7711	4.5	www.urbanpoling.com

BCRPA Pre-approved Distance Education Workshops

WaterART Fitness	Aqua Pre Post Natal Instructor Correspondance	416-621-0821	50	www.waterart.org
WaterART Fitness	Aquatic Kids Instructor Certification Correspondance	416-621-0821	50	www.waterart.org
WaterART Fitness	Aquatic Running Instructor Training	416-621-0821	50	http://www.waterart.org/product_info.php?cPath=1_2&products_id=8206
WaterART Fitness	Managing A Healthy Weight	416-621-0821	50	www.waterart.org
WaterART Fitness	Shape Up and Water Train	416-621-0821	50	www.waterart.org
WaterART Fitness	Water Walking Instructor Training	416-621-0821	50	http://www.waterart.org/product_info.php?cPath=1_2&products_id=7932
WaterART Fitness	WaterART Common Movement Disorders Instructor Correspondance	416-621-0821	50	www.waterart.org
WaterART Fitness	WaterART Parent and Tot/Toddler Training	416-621-0821	50	http://www.waterart.org/product_info.php?cPath=1_2&products_id=6038
WaterART Fitness	Aquatic Arthritis Insturctor Correspondance	416-621-0821	75	http://www.waterart.org/product_info.php?cPath=1_2&products_id=839
WaterART Fitness	Arthritis Instructor Training with Tutorials	416-621-0821	75	http://www.waterart.org/product_info.php?cPath=1_2&products_id=9148
WaterART Fitness	WaterArt Mind-Body Training	416-621-0821	75	http://www.waterart.org/product_info.php?cPath=1_2&products_id=842
WaterART Fitness	Instrutor Training with Tutorial	416-621-0821	100	http://www.waterart.org/product_info.php?cPath=1_2&products_id=8113
WaterART Fitness	Instrutor Training without Tutorial	416-621-0821	100	http://www.waterart.org/product_info.php?cPath=1_2&products_id=835

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WaterART Fitness	Senior's Instructor Training	416-621-0821	100	http://www.waterart.org/product_info.php?cPath=1_2&products_id=836
WaterART Fitness	Sports Conditioning Training	416-621-0821	100	http://www.waterart.org/product_info.php?cPath=1_2&products_id=6005
WaterART Fitness	Weight Management Consultant Training	416-621-0821	100	http://www.waterart.org/product_info.php?cPath=1_2&products_id=1363
WaterART Fitness	Aquatic Personal Training	416-621-0821	150	http://www.waterart.org/product_info.php?cPath=1_2&products_id=837
WaterART Fitness	Aquatic Personal Training with Tutorial	416-621-0821	150	http://www.waterart.org/product_info.php?cPath=1_2&products_id=8671
WaterART Fitness	Aquatic Rehabilitation Training	416-621-0821	150	http://www.waterart.org/product_info.php?cPath=1_2&products_id=843

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