



Strengthening Children's Mental Health

TRAINER TRAINING IS NOW AVAILABLE

What is it?

This one-day training is **designed for the person responsible for training staff** in an organization or community setting. Using the latest evidence-based research, knowledge and resources, this experienced facilitator will be able to deliver Strengthening Children's Mental Health training, a new training developed with Canadian Mental Health Association, Ontario being offered by HIGH FIVE® (Training sold separately). It builds on an organization's commitment to continuous improvement in the area of healthy child development and training delivery. Topics include **key concepts related to children's mental health, strategies to help staff promote positive mental health, understanding the effects of stress and environment, and responding appropriately to mental health conditions in children.**

Who is it for?

Anyone with facilitation experience who wishes to deliver Strengthening Children's Mental Health training.

Why does it matter?

At the completion of this training, learners will be able to identify evidence-based content on children's mental health and use creative techniques and effective communication skills to deliver training content with confidence.

Training Details: Trainer Training Course!

- Day 1: September 30th Strengthening Children's Mental Health
- Day 2: October 1st Strengthening Children's Mental Health trainer course
- Location: Fraser Heights Recreation Centre, Surrey
- Time: 8:30 – 4:30 pm for both days
- Cost: Only \$25 for two days (lunch and refreshments included on BOTH days!)

Training Delivered by:



For further information about HIGH FIVE visit
www.HIGHFIVE.org