



## Weight/Personal Training Instructor Competency Evaluation (ICE) Workshop

Thank you for your interest in the **Weight Training/Personal Training ICE Workshop**. This workshop is a mandatory prerequisite for Supervisor/Trainer of Fitness Leaders (SFL/TFL) applicants and is worth 3 BCRPA Continuing Education Credits. To register in this workshop you must be BCRPA-registered in Weight Training (for the Weight Training component) and Personal Training (for the Personal Training component). The workshop will be lecture-style with no workout component. Please dress comfortably and bring note-taking materials.

Please fill the section below to register for this workshop and email to [gdunnill@bcrpa.bc.ca](mailto:gdunnill@bcrpa.bc.ca). If you have any questions about registration, please contact Ginny Dunnill at or 604.629.0965, ext. 245.

- Date:** Friday, April 5, 2019
- Time:** 6:00pm – 9:00pm
- Location:** 987 McBriar Avenue  
Victoria, BC
- Instructor:** Christina Truscott, Trainer of Fitness Leaders (TFL)
- Registration Deadline:** **Friday, March 29, 2019**

This workshop is registration-dependent with a minimum of **four registrants** required. BCRPA will confirm if the workshop will be running after the registration deadline.

Name: \_\_\_\_\_ Leader ID# \_\_\_\_\_

Telephone Number: w) \_\_\_\_\_ h) \_\_\_\_\_

Billing Address: \_\_\_\_\_  
(Street) (City/Province) (Postal Code)

Payment: \$70.00 per person (plus GST - \$3.50)  Money Order  Pay by Visa/MC

**Total Due: \$73.50**

Visa/MC #: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

CVV # (3-digit number on back of card): \_\_\_\_\_

**Please send money orders within seven days to:**

BCRPA – attention: Ginny Dunnill  
#301 – 470 Granville Street  
Vancouver, BC V6C 1V5  
Phone: 604-629-0965  
Fax: 604-629-2651