

BCRPA approved Fitness Theory Courses

Important Notice:

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are organized alphabetically by Location then by **Start Date**.

Location	Start Date	Contact	Telephone #	Website Address
Cloverdale/ Langley	12-Oct-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale/ Langley	23-Nov-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	www.kinesiologists.ca
New Westminster	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
New Westminster	Ongoing	Hilltop Academy	604.553.0505	www.hilltopacademy.ca
North Vancouver	03-Nov-18	Sandra Starrett or Larissa Van As	604.685.8776 (Sandra) 778.996.6759 (Larissa)	www.phys-x.ca www.naturallylarissa.com
North Vancouver	20-Jan-19	Sandra Starrett	604.785.8776	www.phys-x.ca
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	s-star@shaw.ca
Powell River	12-Oct-18	Powell River Recreation Complex	604.485.2891	www.powellriverprc.ca
Vancouver	22-Oct-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	06-Nov-18	Inshape Training	604.879.5500	www.inshapetraining.net

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Vancouver	03-Jan-19	UBC Aquatics	604.822.4501	www.aquatics.ubc.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
Victoria	18-Jan-19	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	12-Apr-19	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education		Aaron Tews	604.372.3233	www.kinesiologists.ca
Distance Education		Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Distance Education		David Gillis	604.822.1682	dgillis@rec.ubc.ca
Distance Education		INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education		Sandra Starrett	604.785.8776	www.phys-x.ca
Distance Education		Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Distance Education		Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/