**Food & Beverage Choices**

**In Your Recreation Facility**

**1) What brings you to this facility? (Check all that apply)**

**🞎** Children programs

**🞎** Youth programs

**🞎** Senior programs

**🞎** Adult programs

**🞎** Ice arena

**🞎** Pool and swimming

**🞎** Gym and fitness

**🞎** Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2) How often do you usually come to this facility?**

**🞎** Almost never  **🞎** 1-2 days/**month**  **🞎** 1 day/**week**  **🞎**  2-4 days/**week**   **🞎**  5+ days/**week**

**3) Did you buy anything to eat or drink here today? 🞎**  Yes **🞎**  No

**4)**

|  |  |
| --- | --- |
| **a) How often do you buy something at the concession stand/café when you are here?**   * Almost always * Often * Sometimes * Rarely * Never (skip to 5) * Not applicable (skip to 5) | **b) What do you usually buy at the concession?**  🞎 Drink 🞎 Snack 🞎 Meal  **c) How much do you usually spend?**  🞎 $1-2 🞎 $3-5 🞎 $6-10 🞎 $11 +  **d) Who is it usually for?**  🞎 Me 🞎 My child 🞎 Another adult (family/friend) |

**5)**

|  |  |
| --- | --- |
| **a) How often do you buy something at the vending machines when you are here?**   * Almost always * Often * Sometimes * Rarely * Never (skip to 6) * Not applicable (skip to 6) | **b) What do you usually buy at the vending machine?**  🞎 Drink 🞎 Snack 🞎 Meal  **c) How much do you usually spend?**  🞎 $1-2 🞎 $3-5 🞎 $6-10 🞎 $11 +  **d) Who is it usually for?**  🞎 Me 🞎 My child 🞎 Another adult (family/friend) |

**6) What pricewould you buy healthier food options at compared to other foods? (Check One)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **0** | **$** | **$$** | **$$$** | **$$$$** |
| 🞎 I will not buy | 🞎 lower price | 🞎 comparable price | 🞎 slightly higher price | 🞎 Significantly higher price |

**7) How would having *more healthy food/beverage choices* in this facility influence your buying habits?**

* I would buy food*less often*
* I would buy the *same amount as I always have*
* I would buy food here *more*

**8) What are your biggest barriers to buying healthy foods/beverages at this facility?** (Check all that apply)

* Cost
* Lack of selection
* I don’t like the selection
* It is not clear which options are healthy
* The options don’t seem fresh
* There is no place I feel comfortable to sit and eat
* I already buy healthy options, there are no barriers
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**9) If available, which, of the following would you buy at this recreation facility?** (Check all the apply)

* + Whole wheat bun
* Fruit
* Veggies & dip
* Nuts/Trail mixes
* Vegetarian options
* Yogurt
* Plain Milk
* Flavored Milk
* Caffeine free drinks
* Diet drinks
* Caffeine free diet drinks

1. **What other foods or beverages would you like to see offered?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| **11) Have you seen this facility promoting or supporting *healthy eating*?**   * Yes * No (skip to 14) | **12) If “Yes” what have your seen? (Check all that apply)**   * printed materials (e.g. signs, posters, banners, handouts) * events, workshops or classes * healthy foods in recreation programs (e.g. healthy snacks) * healthy options sold in the *vending machines* * healthy option in the *concession stand* * stickers or health mark check beside healthy option foods * Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   **13) Have these promotions and activities influenced your purchases?**  🞎 Yes 🞎 No |

**14) On a scale of 1-5, rate the importance you give to healthy eating? (Circle)**

**1 2 3 4 5**

Not at all important Somewhat Important Extremely Important

**15) Please indicate your gender:**

🞎 Male 🞎 Female

**16) Please indicate your age category**

🞎 18-25 🞎 26-35 🞎 36-50 🞎 51-70 🞎 71 +

**17) What is your highest level of completed education?**

🞎 Less than grade 12 🞎 High school Diploma 🞎 Some Post Secondary 🞎 Completed Post Secondary

**18) Addition Comments:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank-you for your time and participation!