

## BCRPA approved Older Adult Fitness Courses

### **Important Notice:**

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are organized alphabetically by Location then chronologically by **Start Date**.

Location	Start Date	Contact	Telephone#	Website Address
Coquitlam	29-Sep-18	Nicole Beckstead	604.927.4386	<a href="http://www.coquitlam.ca">www.coquitlam.ca</a>
Delta *course #413559	03-Nov-18	City of Delta	604.952.3000	<a href="http://www.delta.ca/deltareg">www.delta.ca/deltareg</a>
Vancouver	14-Oct-18	Melanie Galloway	604.638.7285	<a href="https://www.jccgv.com/content/jcc-fitness-instructor-training#WTM">https://www.jccgv.com/content/jcc-fitness-instructor-training#WTM</a>
Vernon	20-Oct-18	Kerry Carlson	250-558-3514	<a href="http://www.activeinitiatives.com">www.activeinitiatives.com</a>
Distance Education		Body Blueprint Fitness	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Distance Education		Dr. Bill Luke	604.785.7621	<a href="http://www.drlukefitnessandhealth.ca">www.drlukefitnessandhealth.ca</a>
Distance Education		Melanie Galloway	604.732.9295	<a href="http://www.growingstrong.ca">www.growingstrong.ca</a>