

## BCRPA approved Fitness Theory Courses

### **Important Notice:**

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are organized alphabetically by Location then by **Start Date**.

Location	Start Date	Contact	Telephone #	Website Address
Burnaby	29-Sep-18	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Cloverdale/ Langley	17-Aug-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	12-Oct-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	23-Nov-18	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
New Westminster	Ongoing	<a href="mailto:sportsinstitute@douglascollege.ca">sportsinstitute@douglascollege.ca</a>	604.527.5492	<a href="http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer">http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer</a>
New Westminster	Ongoing	Hilltop Academy	604.553.0505	<a href="http://www.hilltopacademy.ca">www.hilltopacademy.ca</a>
North Vancouver	08-Sep-18	Sandra Starrett or Larissa Van As	604.685.8776 (Sandra) 778.996.6759 (Larissa)	<a href="http://www.phys-x.ca">www.phys-x.ca</a> <a href="http://www.naturallylarissa.com">www.naturallylarissa.com</a>
North Vancouver	03-Nov-18	Sandra Starrett or Larissa Van As	604.685.8776 (Sandra) 778.996.6759 (Larissa)	<a href="http://www.phys-x.ca">www.phys-x.ca</a> <a href="http://www.naturallylarissa.com">www.naturallylarissa.com</a>

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Location	Start Date	Contact	Telephone #	Website Address
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	<a href="mailto:s-star@shaw.ca">s-star@shaw.ca</a>
Vancouver	21-Aug-18	UBC Aquatics	604.822.2033	<a href="http://www.aquatics.ubc.ca">www.aquatics.ubc.ca</a>
Vancouver	4-Sep-18	Inshape Training	604.879.5500	<a href="http://www.inshapetraining.net">www.inshapetraining.net</a>
Vancouver	10-Sep-18	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	15-Sep-18	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	09-Oct-18	Inshape Training	604.879.5500	<a href="http://www.inshapetraining.net">www.inshapetraining.net</a>
Vancouver	22-Oct-18	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver	06-Nov-18	Inshape Training	604.879.5500	<a href="http://www.inshapetraining.net">www.inshapetraining.net</a>
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	<a href="http://www.fullbalancefitness.com">www.fullbalancefitness.com</a>
Victoria	7-Sep-18	Body Blueprint	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Distance Education		Aaron Tews	604.372.3233	<a href="http://www.kinesiologists.ca">www.kinesiologists.ca</a>
Distance Education		Body Blueprint Fitness	778.433.8884	<a href="http://www.bodyblueprint.com">www.bodyblueprint.com</a>
Distance Education		David Gillis	604.822.1682	<a href="mailto:dgillis@rec.ubc.ca">dgillis@rec.ubc.ca</a>
Distance Education		INFOFIT Educators	604.683.0785	<a href="http://www.infofit.ca">www.infofit.ca</a>
Distance Education		Sandra Starrett	604.785.8776	<a href="http://www.phys-x.ca">www.phys-x.ca</a>
Distance Education		Canadian Fitness Education Services	1.877.494.5355	<a href="http://www.canadianfitness.net">www.canadianfitness.net</a>
Distance Education		Function Health Club	604.608.2522	<a href="http://functionhealthclub.com/personal-training-courses/">http://functionhealthclub.com/personal-training-courses/</a>