

# BCRPA's Fitness News Bulletin



60 years of championing the power of recreation and parks

July 13, 2018



**Conference Day: Sept 15 - Delbrook Community Recreation Centre, North Vancouver**  
**Pre- and Post-Conference Workshops: Sept 14 & 16 - various locations**

## In this issue...

- Register for BCFit'18 and stay on top of the latest trends
- Win a Platinum Membership to Steve Nash Fitness
- We want to hear from you at the Fitness Café
- Congratulations to our BCFit'18 Early Bird Registration Prize Winner
- Changes in the Physical Activity Department
- Presenting 101: Webinar July 18 | 3 CECs
- Volunteer for BCFit'18. Apply now!
- Thank you to our BCFit'18 Sponsors

## Register for BCFit'18 and stay on top of the latest trends!

This year's BCFit conference offers 24 exciting sessions to choose from, featuring a variety of topics guaranteed to keep you at the cutting edge of your field. Dive even deeper with an additional seven pre- and post- conference workshops - available to everyone whether you register for BCFit or not.

**Check out this personal invitation from Andre Potvin, President of InfoFit Educators, and a presenter at this year's conference. Learn why you should register today!**



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## Win a Platinum Membership to Steve Nash Fitness!

Register now for BCFit'18 and you will be entered in a prize draw to win a three-month Platinum Membership from Steve Nash Fitness Clubs (valued at \$450).

Already registered? Good news - everyone who has registered for BCFit'18 is automatically entered into every prize draw leading up to conference day.

**Register to win!**

**REGISTER NOW**

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## We want to hear from you at the Fitness Café!

Even if you're not attending BCFit this year, you can be a part of the conversation!

The Fitness Café will be returning this year, gathering Fitness Leaders into small groups during BCFit'18 to discuss current issues facing the industry. Take a moment to complete this Fitness Café survey in advance of the conference, and let us know what issues matter most to you.

[Complete the survey](#) by July 27, 2018 and earn 1 BCRPA CEC towards your next renewal!

**COMPLETE THE SURVEY**

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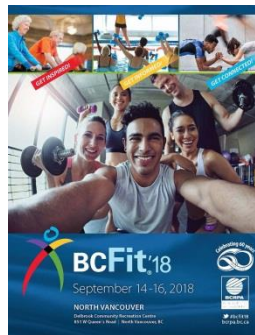
**Congratulations to our BCFit'18 Early Bird Registration Prize Winner!**

Congratulations to Elaine Butters, winner of BCFit'18's Early Bird Registration-Draw Prize. Elaine took home this entertainment gift basket valued at over \$350, provided by BCFit sponsor and supplier of BCRPA fitness leader insurance, HUB International.



**BCFit'18 takes place September 14 - 16, 2018 at the Delbrook Community Recreation Centre in North Vancouver.**

**Check out the Program Guide:**



**The last early bird pricing is in effect until August 30!  
This is your last chance to save on registration.**

**REGISTER NOW**

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**Changes in the Physical Activity Department**

Over the past two years, you will each have felt the positive influence of our Manager of Physical Activity, Cathy Paterson. Cathy joined us for BCFit 2016 and will bookend her leadership with BCFit 2018. It is with great regret that I announce Cathy is leaving her role as manager; the good news is that she is returning to her consulting company and will continue with us as on special projects.



Cathy has proven herself as a change agent, leading our department through important shifts in our culture of fitness leader service delivery. From raising the enthusiasm for BCFit, to modernizing The Registry® of Fitness Professionals and scrutinizing our certification system, Cathy has shone her leadership light on all we do in our fitness program.

Please join me in expressing gratitude to Cathy [by sending her your best wishes.](#)

Warmly,

A handwritten signature in black ink that reads "Rebecca". The signature is fluid and cursive.

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**Plus, join us for an extra Pro-D opportunity:  
Presenting 101: Webinar on July 18 | 3CECs**

**Online Workshop Hosted by Brenda Adams, M. Ed. B.Sc.  
6 pm to 9 pm PDT, Wednesday, July 18 | 3 CECs  
Registration Rate: \$39**

A promotional graphic with a blue background. It features a laptop and a hand typing on a keyboard. The text is white and bold. At the bottom, there is a dark blue banner with white text.

**LEARN ONLINE:  
Presenting 101 Webinar**

- Hosted by Brenda Adams • 3 CECs
- July 18, 6 - 9 pm PDT • Fee: \$39

**Earn CECs Online. Register Now.**

Do you dream of presenting a workshop or at a conference someday? Give yourself a head start by learning tips and tricks of the presenting trade with Life Coach and Fitness Expert Brenda Adams.

Earn 3 CECs, connect with fellow Fitness Leaders and learn what it means to be a top-notch presenter through this online interactive webinar **Wednesday July 18, 6pm to 9 pm.**

[Learn more about this interactive webinar, and register today.](#)

## Volunteer for BCFit'18. Apply now!

Want to be a part of the BCFit'18 buzz and earn CECs while doing it?

Volunteer for BCFit'18 to connect with other fitness professionals and enthusiasts and learn the behind-the-scenes workings of this exciting conference.

[Fill out this survey](#) and we'll send you an application form!



## Thank you to our BCFit'18 Sponsors!

### Platinum Sponsors



### Bronze Sponsors



### Equipment Sponsor

### First Aid Sponsor





## Social Media: Stay Connected! Stay Informed!

Be sure to connect with us on social media - we're on Facebook, Twitter, and Instagram. We want to know what you're up to - use the hashtag #bcrpa to keep us (and your peers!) in the loop on how you are promoting active and healthy lifestyles in your communities.

Facebook - [BCRPA Fitness](#)

Twitter - [@BCRPA](#)

Instagram - [@BCRPA](#)

### QUICK LINKS

**BCRPA pre-approved  
courses and workshops**

**FitLifeBC**

**The Registry** OF FITNESS PROFESSIONALS



### Membership Benefits

**LadySport**

LadySport and FitFirst host an instructor [discount program](#) for all eligible BCRPA instructors.

Check out [our list](#) of over 25 more companies across BC offering discounts from 10 - 50% for registered BCRPA fitness leaders.

### Job Postings

- [See ALL job postings](#)

### FEATURED POSTINGS

- [Head Lifeguard/Instructor - Kootenay](#)
- [Manager, Physical Activity Programs, BCRPA - Lower Mainland](#)
- [Recreation Instructors - General](#)

[Fitness - Lower Mainland](#)

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[Canada](#)