

BCRPA's  
**Fitness News Bulletin**



60 years of championing the power of recreation and parks

May 29, 2018



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**BCFit'18 Conference Program Sneak Peek - Start Planning Your Selections Now!**

## Get Informed! Get Inspired! Get Connected!

To give you a head start on your BCFit'18 registration we are releasing the **program guide** in advance of registration.

Look through the guide to pre-select the sessions and workshops you want to attend.

- Select from 24 concurrent sessions on Saturday Sept. 15,
- Take advantage of pre and post-conference workshops featuring renowned Trainers and Industry Leaders including **Brian Justin, Amanda Vogel and Krista Popowych,**
- Learn more about the TRX RIP Trainer, Kettlebell, functional training, incorporating mindfulness into your classes and the latest in social media trends and uses,
- Earn all of your CECs for your next renewal in one weekend!



Watch your inbox for the opening of BCFit®18 registration – happening soon.

Register early for the best savings... and the chance to win early registration prizes!



## Volunteer at BCFit®'18 on September 15!

Volunteer at BCFit'18 for a one-of-a-kind weekend experience.

This is a great way to connect with other Fitness Leaders, to earn Continuing Education Credits and to support your fitness community.

Volunteer shifts vary from two to eight hours on Conference Day (September 15) with duties ranging from helping with registration, session monitoring and more. Interested? [Complete and submit the Volunteer sign up form.](#)



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## Nominate YOUR Outstanding Fitness Leaders by June 15

Be sure to nominate your exceptional peers (or maybe even yourself!) for a **BCRPA Fitness Leadership award**. The June 15 deadline is approaching quickly so be sure to [fill out the nomination form today!](#)

Award recipients receive a number of benefits, including free registration to BCFit'18!

For those who live outside of the Lower Mainland, the BCRPA will reimburse out-of-town award recipients for travel costs and accommodation to ensure you can be a part of the special day.

Award categories include:

- Fitness Leader of the Year
- Manager/Program Director of the Year
- Educator of the Year



[Nomination deadline is 4:00pm Friday June 15, 2018.](#)

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## ICE Workshops Coming to Nelson June 9 and 10

Are you a **Kootenays-based Fitness Leader** dreaming of becoming a BCRPA Supervisor or Trainer of Fitness Leaders?

The Instructor Competency Evaluation (ICE) workshop is a requirement for this designation. [Email us](#) to register for the workshops, happening June 9 (Group) and June 10 (Weight Training).



Additional PD Opportunities: The ICE workshops will be happening the same weekend, in the same location, as the Older Adult course. Older Adult Fitness Leaders are in high demand - join in for a full weekend of learning, earn CECs and give yourself a competitive edge for employment.

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## New BCRPA Policy: Parental Leave

Effective June 1, 2018, the BCRPA is implementing a parental leave policy for Fitness Leaders. If you are going on parental leave, you may be eligible to put your fitness registration on hold for up to one year.

[Email us](#) for more information. Please note that retroactive parental leave applications will not be accepted.

## Write for FitLife BC - earn CECs!



Do you have knowledge or expertise to share?

We are now accepting articles for the Spring/Summer issue of *FitLife BC* – written by the fitness community, for the fitness community!

Write for *FitLife BC* and earn **two renewal CECs** per published article.

[Email our communications department](#) for more information.

## Social Media: Stay Connected! Stay Informed!

Be sure to connect with us on social media - we're on Facebook, Twitter, and Instagram. We want to know what you're up to - use the hashtag #bcrpa to keep us (and your peers!) in the loop on how you are promoting active and healthy lifestyles in your communities.

Facebook - [BCRPA Fitness](#)

Twitter - [@BCRPA](#)

Instagram - [@BCRPA](#)

### QUICK LINKS

**BCRPA pre-approved  
courses and workshops**

**Membership Benefits**



# FitLifeBC

**The Registry** OF FITNESS PROFESSIONALS



LadySport and FitFirst host an instructor [discount program](#) for all eligible BCRPA instructors.

Check out [our list](#) of over 25 more companies across BC offering discounts from 10 - 50% for registered BCRPA fitness leaders.

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### Job Postings

[See ALL job postings](#)

### FEATURED POSTINGS

- [Program Fitness Staff & Duty Manager - Vancouver Island/Coast](#)
- [Aquafit Instructor - Lower Mainland](#)