

BCRPA's Fitness News Bulletin



60 years of championing the power of recreation and parks

April 20, 2018



BCFit[®]'18

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Upcoming Instructor Competency Evaluation (ICE) Workshops: Become a Trainer/Supervisor of Fitness Leaders!

Learn to evaluate new Fitness Leaders through the BCRPA's ICE workshops. The ICE workshop is a requirement to become an SFL or TFL and is worth **3 BCRPA renewal CECs**. See below for upcoming ICE workshop dates:

Lower Mainland – May 2018 – Group and Weight Training/Personal Training
Victoria – May 2018 – Group and Weight Training/Personal Training
Kootenays – June 2018 – Group and Weight Training

[Email us](#) to put your name on the sign-up list and have the application forms sent your way!

BCFit® 2018: September 14-16 in North Vancouver - You'll want to be there!



Be Inspired! Be Informed! Be Connected!

[#BCFit2018](#) [#BCRPAPFitness](#) [#BCRPA](#)

This year's BCFit®'18 conference promises to be an invigorating day filled with energy and learning, guaranteed to leave you feeling inspired, informed and connected as you lead your communities towards active and healthy lifestyles. You won't want to miss our stellar line up of industry experts including:

• **Brian Justin** • **Sharon Mann** • **Amanda Vogel**

Full conference line-up and registration are coming to you this May!

Volunteer for Symposium 2018
April 30-May 3- Westin Bayshore Hotel Vancouver



BCRPA 2018 Symposium | Vancouver | Apr 30-May 2

BCRPA's annual Symposium conference brings together the entire parks and recreation sector from across the province for a three day professional development and networking event. This year's theme is *Creating Inclusive Spaces and Places*.

We are **seeking volunteers** for this unique event and want YOU to be there! Interested? [Complete the online volunteer sign-up form](#) with your availability and earn **1 CEC** per **2-hour volunteer period**.

BCRPA Fitness Leadership Awards

It's time to nominate outstanding Fitness Leaders for the BCRPA Fitness Leadership Awards. These prestigious awards are presented to recognize BCRPA Fitness Leaders making outstanding contributions to helping their communities become healthier and more active. Do you know a stellar Fitness Leader deserving of this recognition? Nominate them today!

Categories include:

- Fitness Leader of the Year
- Program Director/Manager of the Year
- Educator of the Year

Benefits to award winners include recognition at and complimentary registration to BCFit®18, a beautiful award and certificate, waiving of their next BCRPA registration renewal fees and more. Find the nomination form [here](#) (and yes, self-nominations are accepted as well!). For



more information, and to view past award recipients, [visit our website](#).

BCRPA Job Opening: Customer Service Assistant - part-time

BCRPA is seeking a part-time Customer Service Assistant. Are you intensely organized and driven to provide customer service excellence? Learn about the opportunity [here](#).

Applications can be sent to jobs@bcrpa.bc.ca. Deadline is **Monday, April 23 at 4:00pm**.

Seeking Regional Fitness Liaison Representatives in the North Coast and Peace River Regions

Are you a registered fitness leader living in the BC North Coast or Peace River regions? Would you or someone you know like to represent your region's Fitness Leaders as a Regional Fitness Liaison? We'd like to hear from you! Contact [Cathy Paterson](#).

Hot off the Press: Latest Edition of *FitLife BC*



Expand your fitness knowledge, earn CECs and share your expertise! [The Winter 2018 issue of FitLife BC](#) is live on the BCRPA website – created by BCRPA Fitness Leaders, for BCRPA Fitness Leaders. Read about:

- Setting yourself apart from the crowd as a trainer/instructor
- Using social media to promote your business
- Prenatal Yoga
- ...and more!

Bonus: Earn **1 renewal CEC** by reading the designated article and completing the **CEC quiz** (found [here](#)). Complete the quiz before May 15, 2018 to earn your CEC!

Write for *FitLife BC*

Do you have knowledge and expertise to share with your BCRPA Fitness Leader community? Submit an article for our next issue and earn 2 CECs per published article. For more information, contact communications@bcrpa.bc.ca.

Follow us!

Be sure to follow BCRPA and the NFLA to stay connected and informed!

Facebook - [BCRPA Fitness](#)

Twitter - [@BCRPA](#)

Instagram - [@BCRPA](#)

National Fitness Leadership Alliance - [NFLA Canada](#)

QUICK LINKS

**BCRPA pre-approved
courses and workshops**



Membership Benefits



LadySport and FitFirst host an instructor discount program for all eligible BCRPA instructors.

Check out our list of over 25 more companies across BC offering discounts from 10 - 50% for registered BCRPA fitness leaders.

Job Postings

- [See ALL job postings](#)

FEATURED POSTINGS

- [Customer Service Assistant, Lower Mainland](#)
- [Personal Trainer/Group Fitness Instructor - Vancouver](#)

[Island/Coast](#)