

British Columbia Recreation & Parks Association

#301-470 Granville Street, Vancouver, BC V6C 1V5

Phone: 604-629-0965 Fax: 604-629-2651 Email: bcrpa@bcrpa.bc.ca Website: www.bcrpa.bc.ca



Fitness Leadership Registration Grandparent Application

PLEASE TYPE OR PRINT CLEARLY

First Name: _____ Last Name: _____

Address: _____ City: _____

Postal Code: _____ Phone Number: _____

E-mail: _____

Modules may be grandparented by qualified and experienced applicants who have not completed a specialty module course but have practical experience in teaching in that area.

(If approved, this will satisfy step 3 of the New Fitness Leader registration process:

<https://www.bcrpa.bc.ca/fitness-program/registration-renewals/>)

Applicants must complete the following steps:

- create a profile account on The Fitness Registry® (if you don't already have one)
www.thefitnessregistry.com
- Pass the BCRPA Fitness Theory Exam (\$80 fee, plus \$30 ProctorU service fee)
Passing Grade 80%
- Submit Current CPR and first aid
- Register as Fitness Theory Leader (\$99 insurance fee)
- Submit resume documenting at least 100 hours of on-floor instruction within the past 2 years in each specialty module the applicant wants to be registered in (ie. Group Fitness candidates must demonstrate experience teaching a variety of class types)
- Submit a current letter of reference from a manager/supervisor on official company letterhead verifying the 100 hours of on-floor instruction and outlining the applicant's level of competence

Your application will be reviewed and if approved, an email confirming your approval to grandparent will be sent to you. After receiving the approval email, you will need to complete the [ICE](#) in your chosen module(s). Please **do not** begin your ICE until you have been approved.

Please indicate which module(s) you are requesting to grand parent into:

- | | |
|--|--|
| <input type="checkbox"/> Group Fitness | <input type="checkbox"/> Yoga Fitness |
| <input type="checkbox"/> Aquatic Fitness | <input type="checkbox"/> Pilates Fitness |
| <input type="checkbox"/> Weight Training | |

Please allow 4-6 weeks for processing.