

BCRPA approved Fitness Theory Courses

Important Notice:

• Please be advised that all courses are offered and/or facilitated by independent presenters/providers. While the BCRPA Fitness Program approves that the proposed content of the course is applicable to fitness leaders, the BCRPA Fitness Program is not affiliated with their operation and delivery and assumes no further responsibility or liability to registrants/participants taking these courses. All inquiries, registrations and any other issues are to be referred directly to the course providers.

Courses are organized alphabetically by Location then by **Start Date**.

Location	Start Date	Contact	Telephone #	Website Address
Burnaby	10-Mar-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Burnaby	28-Apr-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Burnaby	16-Jul-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Burnaby	11-Aug-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Burnaby	29-Sep-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Cloverdale/ Langley	20-Apr-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale /Langley	8-Jun-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale/ Langley	17-Aug-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale/ Langley	12-Oct-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale/ Langley	23-Nov-18	Aaron Tews	604.372.3233	www.kinesiologists.ca
Cloverdale/ Langley	Private Instruction	Aaron Tews	604.372.3233	www.kinesiologists.ca
Delta	23-Feb-18	Monica Thomson	604.952.3000	www.delta.ca/deltareg
Delta	8-Jun-18	Monica Thomson	604.952.3000	www.delta.ca/deltareg
Langley	13-Feb-18	Leah Esplen	778.552.4232	http://mommymoves.com/
Langley	25-Apr-18	Leah Esplen	778.552.4232	http://mommymoves.com/

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Location	Start Date	Contact	Telephone #	Website Address
New Westminister	Ongoing	sportsinstitute@douglascollege.ca	604.527.5492	http://www.douglascollege.ca/programs-courses/continuing-education/sports-institute/a-to-z-become-a-personal-trainer
New Westminister	Ongoing	Hilltop Academy	604.553.0505	www.hilltopacademy.ca
North Vancouver	Private Instruction	On The Edge Fitness Educators	604.785.8776	www.phys-x.ca
Richmond **note - course #2311092	13-Apr-18	Monica Thomson	604.276.4300	www.richmond.ca/register
Vancouver	6-Feb-18	Inshape Training	604.879.5500	www.inshapetraining.net
Vancouver	24-Feb-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	6-Mar-18	Inshape Training	604.879.5500	www.inshapetraining.net
Vancouver	10-Apr-18	Inshape Training	604.879.5500	www.inshapetraining.net
Vancouver	14-Apr-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	16-Apr-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	2-Jun-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	16-Jun-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	21-Jul-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	10-Sep-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	15-Sep-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	22-Oct-18	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver	Private Instruction	INFOFIT Educators	604.683.0785	www.infofit.ca
Vancouver Island	Private Instruction	Melissa Wilson	250.588.2668	www.fullbalancefitness.com
Victoria	6-Apr-18	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	22-Jun-18	Body Blueprint	778.433.8884	www.bodyblueprint.com
Victoria	14-Sep-18	Body Blueprint	778.433.8884	www.bodyblueprint.com
Distance Education		Aaron Tews	604.372.3233	www.kinesiologists.ca

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Distance Education		Body Blueprint Fitness	778.433.8884	www.bodyblueprint.com
Distance Education		David Gillis	604.822.1682	dgillis@rec.ubc.ca
Distance Education		INFOFIT Educators	604.683.0785	www.infofit.ca
Distance Education		Sandra Starrett	604.785.8776	www.phys-x.ca
Distance Education		Canadian Fitness Education Services	1.877.494.5355	www.canadianfitness.net
Distance Education		Function Health Club	604.608.2522	http://functionhealthclub.com/personal-training-courses/